

Original Research Article

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## Development and Sensory Evaluation of Wheat Flour Chapati Grown under Six Agro Management Practices

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### ABSTRACT

Agriculture is an important sector of the Indian economy. About half of the population relies on agriculture, as it is the principal source of income. From last 30 decades the use of pesticides for increasing the crop production is also increased. After green revolution increased demand of food and increased use of pesticides causes cancer in different state of the country. Combating cancer is a challenge for the new generation. In this paper emphasis gives on shift from pesticides to organic management of agriculture. The single variety of wheat (Raj 4120) of different treatment is used as a value added product namely wheat Chapati. Due to different treatments flour was not enriched with other flours as it change the original sensory values. Six types of treatments are 100% organic, 75 % organic + 25% innovative practices, 50% organic and 50% inorganic, 75% organic + 25% pesticides, 100% inorganic and state recommendations. All these six flours marked as T1, T2, T3, T4, T5 and T6. The Chapati was standardized through sensory evaluation by trained members of the panel on 9-point hedonic rating scale. Sensory evaluation showed that Chapati prepared from T1 was highly accepted as it has scored high in all scores followed by T2 and T3 management of wheat flour.

#### Keywords

Agriculture,  
Pesticides, Organic,  
Conventional,  
Sensory  
characteristics and  
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#### Article Info

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### Introduction

India accounts for only about 2.4 per cent of the world's geographical area and 4 per cent of its water resources, but has to support about 17 per cent of the world's human population and 15 per cent of the livestock. Agriculture is an important sector of the Indian economy, accounting for 14 per cent of the nation's GDP, about 11 per cent of its

exports, about half of the population still relies on agriculture as its principal source of income and it is a source of raw material for a large number of industries. Accelerating the growth of agriculture production is therefore necessary to meet the rising demand for food, and also to increase incomes of those dependent on agriculture to ensure inclusiveness (GOI, 2013).

India currently holds the ninth position among 178 countries that actively practice organic agriculture. At present, the country is home to more than 835,000 organic producers, 699 processors, 669 exporters and 1.49 million ha area under organic cultivation (Bordoloi, 2018). However, with only a meager 0.4% of the total agricultural land area designated for organic cultivation, the industry presents extensive scope for expansion (WOASET, 2018).

After green revolution increased demand of food and increased use of pesticides causes cancer in different states of the country. Combating cancer is a challenge for the new generation. In this paper emphasis gives on shift from pesticides to organic management of agriculture.

Hence, from all food grains wheat is the staple cereal crop selected for the Development and Sensory Evaluation of Wheat Chapati grown under six agro Management as the consumption of wheat flour is more in all parts of the country as compared to other grain.

## **Materials and Methods**

### **Locale of the study**

The study was conducted in the Department of Foods and Nutrition, CCAS, MPUAT, Udaipur.

### **Selection and procurement of sample**

One staple cereal food crops of Rajasthan namely wheat (*Triticum Aestivum*) variety - Raj 4120 grown under six agro management practices was purposively selected for the study purpose from the Rajasthan College of agriculture, under the Network Project on Organic Farming, MPUAT, Udaipur.

### **These six crop management are as under**

CM 1: (T1) 100% Organic

CM 2: (T2) 75% Organic + 25 % innovative practices like Matka Khad and Panchgavya.

CM 3: (T3) 50% Organic +50 % Inorganic (Fertilizer and Chemical Management)

CM 4: (T4) 75% Organic + 25 % Inorganic (Fertilizer and Chemical Management)

CM 5: (T5) 100 % Inorganic Nutrient Sources

CM 6: (T6) State Recommendation (10 t FYM/ha once in 2 years + Fertilizers + pesticides as given in the crop production guide of state).

To avoid varietal difference single lot of wheat was collected and analyzed in triplicate for the sensory evaluation.

### **Development of recipes**

Wheat chapati was developed from all six agro management.

### **Standardization of recipe**

Each time chapati was prepared by incorporating only salt in all six agro flours as organically grown wheat may change its original sensory attributes.

### **Development of score card and Sensory evaluation**

The prepared chapati were subjected to sensory evaluation with respect to color, texture, flavor, taste, appearance and overall acceptability by a semi trained panel of ten judges using 9- point hedonic rating scale (Williams, 1989).

### **Results and Discussion**

The results obtained on the basis of sensory attributes in all six agro management practices.

### Development of chapati

The developed flour of wheat was taken to prepare chapati from all six agro management wheat. Only salt was added to flours and it was not enriched with any other flour as this may change its original sensory attributes.

### Standardisation

Developed six agro management chapattis were used as a value added products for judging their acceptability. Ten semi trained panel members were selected for sensory evaluation.

Table 1 shows that cooked weight of all six chapattis for one serving were found highest in T5 (100% Inorganic) followed by T2 (75 % Organic+25% Innovative practices) and T6 (state recommendation). Table also showed that T1 (100 %organic) required maximum amount of water for dough kneading process. This may be due to more gluten content but after cooking its cooked weight found lowest than other agro management grown wheat flour.

It is evident from the table 2 that the scores given by panel for different sensory attributes in three trials were slightly different. Recipes

developed were highly accepted by members of the panel. The scores given to T1 (100% Organic wheat flour) was highest from all six agro management and liked more by panelists followed by T2 (75% organic+25% innovative practices) and T3 (50% organic - 50% inorganic fertilizers). High scores may be due to no use of pesticides and fertilizers in T1 and T2. The obtained chapatti of all six agro management wheat flour was compared to their sensory attributes. In colour, appearance and doneness 100 % organic CM (T1) shows significant difference ( $P > 0.05$ ) between all other crop management (CM) except T2 and T3 while texture shows significant difference ( $P > 0.05$ ) between all other CM. In flavor there were no significant difference were found between 100% organic CM and 100 % inorganic CM. Developed chapatti of 100 % organic (T1) flour was showed significant difference between all CM except 75 % organic+ 25 % innovative practices (T2) in taste and overall value .Xin Zhao *et.al.* (2007) reported that fruits and vegetables grown organically were found better n taste than conventionally grown produce. In the study they state that 72 % consumers considered organic produce as these were healthier while 28 % favored for the better taste than conventionally grown vegetables.

**Table.1** Water requirement, weight of dough and cooked weight of chapatis

Treatments	Flour Taken	Water needed (ml)	Weight of dough (g)/serving	Cooked Weight (g)/ serving
T1	30 gm	30	52.4	45.4
T2		25	53.3 (III)	47.5 (II)
T3		25	52.3	46.3
T4		25	52.0	46.1
T5		24	53.9 (I)	47.9 (I)
T6		23	53.5 (II)	46.9 (III)

**Table.2** Acceptability of recipe using sensory evaluation

Treatment	Colour	Taste	Flavour	Texture	Appearance	doneness	Overall
1	8.10	8.20	7.83	8.13	8.03	8.20	8.30
2	8.03	7.83	7.60	7.90	7.93	8.04	8.07
3	7.80	7.47	7.40	7.37	7.73	7.87	7.57
4	7.57	7.43	7.33	7.35	7.30	7.60	7.45
5	7.47	7.07	7.47	7.30	7.17	7.60	7.40
6	7.52	7.30	7.13	7.40	7.37	7.63	7.50
SEm±	0.13	0.20	0.13	0.21	0.14	0.14	0.21
CD at 5 %	0.40	0.61	0.39	0.62	0.43	0.41	0.62
CV (%)=	3.42	5.34	3.47	5.43	3.73	3.46	5.31

n=10

**Glimpses of developed recipes**

**Weighing of Flour**



**Formation of dough**



**Developed Chapatis**





### Sensory evaluation



Least scores were found in T5 (100% inorganic). Nearly similar scores were obtained by T4 and T6. Least scores may be due to use of pesticides and fertilizers. Similar study was also found by Dholakia jalpa and Shukul Maneesha (2015). Study was conducted in Vadodara district, Gujarat. They were selected same vegetables and fruits in organic and non organic food. They compared the foods in terms of flavour, taste, aroma and texture and found that organic food was better in all sensory attributes than non organic foods.

It is concluded, from all cereal grains wheat is the staple cereal of all Indians as it is cheaper and nutritious along with enough amount of protein, carbohydrates and energy. Green revolution, increased population and hunger makes increased demand for food which makes farmers to produce more crops using higher quantity of fertilizers and pesticides.

But increased use of fertilizers and pesticides spreads various kind of diseases especially cancers and allergies in all parts of the country. Single variety of wheat (*Triticum aestivum*) RAJ 4120 grown in same soil and climate condition in six agro management have different sensory qualities but from all these management 100% organic crop management was found best in all sensory attributes as this particular management is free from fertilizers and pesticides. Life style of today's generation needs to shift from pesticides to organic management of agriculture and use of more and more organically grown crops as these are fits best in its sensory qualities as compared to inorganically grown crops.

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