

Original Research Article

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## Effect of Vitamin E and Selenium Supplementation on Serum Metabolites Concentration during Peri-Parturient Stress Period in Crossbred Cows

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### ABSTRACT

#### Keywords

Peri-parturient period, Vitamin E, Selenium, serum metabolites, Negative energy balance

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Metabolic and physiological changes occurring during the peri-parturient period causes extensive metabolic stress in cows, concurrent with immunosuppression during this period. In the current study, we investigated, the possible relationship between vitamin E, selenium, high energy diet supplementation and its effects on serum metabolites. The present study was conducted on a total of 30 animals, 15 were in each group (Control and Treatment). The treatment group was supplemented with 80 IU Vitamin E /kg Dry matter intake (DMI) and 0.3 mg Selenium/kg DMI, from 4 weeks before calving to 8 weeks after calving, including the day of parturition. We observed significantly ( $p<0.05$ ) higher cholesterol concentrations in the treatment group rather than the control group. The level of urea remained high in the control group than treatment; however, no changes in the Total protein, albumin and ALT. The alterations in the serum metabolite's concentrations are due to the positive effects of vitamin e and selenium, which have antioxidant roles.

### Introduction

The transition period in pregnant cows is between late parturition and early lactation, commonly defined as a period between 3 weeks before calving to 3 weeks after calving (Drackley, 1999). During the periparturient period, animals express voluntary decrease in feed intake that is linked with physical, behavioural, hormonal and metabolic changes around transition period (Allen *et al.*, 2005).

Prioritisation of nutrients towards mammary gland further aggravates the demand for nutrients, and as a result, cow enters in negative energy balance (NEB) (Bell, 1995).

With the onset of milk production, the extra metabolic activity of the mammary gland increases the overall energy requisites by roughly fourfold and or about 85 per cent of the total body glucose is utilised for the mammary gland to maintain a large amount of

milk production (Bickerstaffe *et al.*, 1974). Within three weeks of the start of lactation, milk yields and constituents rise significantly and surpass feed consumption (Bertoni *et al.*, 2009).

Dairy cows respond to NEB by mobilising adipose energy depots and converting skeletal muscles into significant sites for the use of fat-derived fuels, such as non-esterified fatty acids (NEFA) and ketone, enabling glucose to be transferred to fetal metabolism and lactose synthesis (Herdt, 2000).

An impaired balance between lipogenesis and lipolysis in adipose tissue during periods of decreased food and energy supply leads to lipid mobilisation as an adaptive response of mammals for survival. NEFA mainly accumulates as triglycerides (TGs) in liver cells as a consequence of reduced lipoprotein synthesis (VLDL) in hepatocytes (González *et al.*, 2011).

Increased metabolic demands at the time of parturition encourage the production of reactive oxygen species (Sordillo, 2005). Cholesterol is the crucial molecule for the genesis of steroid hormones (Guedon *et al.*, 1999). Various authors have cited that its concentration decreases with increased oxidative stress during parturition (González *et al.*, 2011; Djoković *et al.*, 2013)

The enzymes aspartate aminotransferase (AST) and alanine aminotransferase (ALT) form the basis for amino acid and carbohydrate metabolism. Elevated transaminase concentrations in blood plasma can result from increased hepatocyte membrane permeability or its degradation.

Vitamin E is an effective antioxidant that has been proven to play a significant role in the immune response and wellbeing of dairy cows (Weiss and Spears, 2006). Further,

Selenium functions as an essential component of a family of glutathione peroxidase enzymes within the antioxidant system. Thus, the objective of the experiment was to study the effects of Vitamin E, Selenium and high energy diet supplementation during the peri-parturient period, on serum metabolites concentration.

## **Materials and Methods**

The study was conducted at the LPM farm ICAR-IVRI, with the approval of the institutional animal ethics committee. A total of 30 crossbred vrindavani cattle having parity between 2<sup>nd</sup> to 4<sup>th</sup> were used, with milk production at least above 10 litres/day.

Animals were maintained under standard managemental conditions. Further, animals of treatment group supplemented Vitamin E (DL- $\alpha$ -tocopherol acetate CDH, India) @ 80 IU /kg dry matter intake (DMI) and Selenium (In the inorganic form Sodium selenite, CDH, India) @ 0.3 mg /kg DMI from 4 weeks before calving to 8 weeks after calving, in addition to the supplementation, 20 percent extra concentrate was also provided to the treatment group cows. However, no supplementation and extra concentrate were offered to the control group cows.

Blood serum was collected using BD Vacutainer ® tubes, from 4 weeks before calving to 8 weeks after calving, at the weekly interval, including the day of parturition. The samples were stored in -20 refrigerator until further use. The kits used in the study for the measurement of cholesterol, total protein, albumin, urea and ALT were procured from the Coral clinical systems (Tulip Diagnostics Pvt. Ltd.). The experimental data were analysed using SPSS 22.0 software. The test used to determine statistical significance ( $P < 0.05$ ) was repeated measures two way ANOVA.

## Results and Discussion

The Mean and SE of serum metabolite's during the transition period are presented in table 1. Excessive lipomolization during the periparturient period from the body reserves to meet the increased energy demands lead to a rise in lipogenesis and ketogenesis, reduced glucose formation in hepatocytes and alterations in the morphology of hepatocytes, causes decreasing triglycerides, total protein, albumin, urea, and glucose concentrations in serum (Djoković *et al.*, 2011; Gonzalez *et al.*, 2011).

In the current study, we observed a declining trend in the level of serum protein and albumin, from 4 weeks before parturition to 1<sup>st</sup> week after calving, and after that, it has steadily increased. A minimum value of albumin and protein and was observed on the day of parturition in both the groups, however, no significant difference was observed between the groups, which are in agreement with findings of Chandra *et al.*, (2018), who supplemented vitamin E and Zinc to the periparturient cows. The concentrations of blood cholesterol constitute both hepatic and intestinal secretion, while the latter may also be changed by feed consumption and dietary profile (Duske *et al.*, 2009). In the current experiment, cholesterol level was also found to decline as parturition approaches and then after gradually rises to maintain plateau in the research.

Significant higher ( $p<0.05$ ) level of cholesterol was observed at 1<sup>st</sup> week and 4<sup>th</sup> to 8<sup>th</sup> week after parturition in the treatment group. Increased demand for production of steroid hormones to maintain pregnancy (progesterone) and to prepare mammary glands for upcoming lactation (estrogen, progesterone) may be considered to be the primary cause of decreasing total serum cholesterol concentrations in dairy animals

during the last pregnancy phase (Pysera and Opalka, 2000). Our values for cholesterol are within the range, as reported by Trevisi *et al.*, (2012).

Increased concentration in the treatment group is in agreement with Bhimte *et al.*, (2018), who supplemented Vit. E, Se, Cu and Zn. However, it is in contradiction with the findings of Bass and Thompson (1999). The decrease in serum cholesterol level in the control group is further associated with the increased oxidative stress (Esposito *et al.*, 2014).

The serum enzyme ALT level was found to be gradually increased up to week 6<sup>th</sup>. Though there was an increasing trend after parturition in both the groups, we observed no significant ( $p<0.05$ ) change at any time point between the groups. Authors say that the serum ALT level remains high in the ketotic cows (Du *et al.*, 2017). Our study postulates that there were no effects of supplementation on ALT values.

The concentration of serum urea level also showed a declining trend from 4<sup>th</sup> week before parturition to calving, after that it showed a sharp rise in its concentration up to 4<sup>th</sup> week in both the experiments. However, significantly lower values ( $p<0.05$ ) in the treatment group was observed at 3<sup>rd</sup> to 5<sup>th</sup> week. In late pregnancy demand for foetal development is limited by either protein or energy supply and the availability of glucose for oxidation is supplemented by increased use of amino acids at the cost of protein biosynthesis, thus stimulating the synthesis of urea (Bell, 1995). The lesser concentration of serum urea in the supplemented groups our study may be due to the positive effects of Vitamin E, Selenium, and high energy diet, which mitigate the stress and decreases glomerular filtration rate (Chandra *et al.*, 2018).

**Table.1** Mean  $\pm$  SE of Blood-biochemical profiles of transition Vrindavani crossbred cattle

Weeks		Total Protein (gm/dl)	Albumin (g/dl)	Cholesterol (mg/dl)	SGPT U/ml	Urea (mg/dl)
-4	Treatment	5.54 $\pm$ 0.74	3.71 $\pm$ 0.25	114.40 $\pm$ 2.79	18.37 $\pm$ 1.16	13.3 $\pm$ 0.11
	Control	5.41 $\pm$ 0.74	3.73 $\pm$ 0.37	111.76 $\pm$ 6.04	17.18 $\pm$ 1.16	13.21 $\pm$ 0.09
-3	Treatment	4.74 $\pm$ 2.72	3.66 $\pm$ 0.55	107.52 $\pm$ 4.33	19.63 $\pm$ 1.29	12.04 $\pm$ 0.18
	Control	5.04 $\pm$ 1.97	3.72 $\pm$ 0.34	103.02 $\pm$ 5.52	19.36 $\pm$ 1.43	12.12 $\pm$ 0.19
-2	Treatment	5.18 $\pm$ 0.66	3.50 $\pm$ 0.45	95.65 $\pm$ 4.78	18.96 $\pm$ 1.51	11.04 $\pm$ 0.17
	Control	5.12 $\pm$ 0.99	3.75 $\pm$ 0.46	93.95 $\pm$ 5.28	18.02 $\pm$ 1.54	10.52 $\pm$ 0.09
-1	Treatment	4.79 $\pm$ 0.70	3.60 $\pm$ 0.43	78.44 $\pm$ 7.43	19.37 $\pm$ 1.00	8.96 $\pm$ 0.15
	Control	4.50 $\pm$ 0.58	3.42 $\pm$ 0.22	77.42 $\pm$ 11.51	16.44 $\pm$ 1.00	9.16 $\pm$ 0.13
0	Treatment	4.97 $\pm$ 0.62	3.31 $\pm$ 0.49	67.62 $\pm$ 5.53	18.51 $\pm$ 1.63	13.17 $\pm$ 0.07
	Control	4.72 $\pm$ 0.51	3.12 $\pm$ 0.49	71.10 $\pm$ 9.69	18.30 $\pm$ 1.35	13.32 $\pm$ 0.08
1	Treatment	5.21 $\pm$ 0.40	3.42 $\pm$ 0.57	77.09 $\pm$ 9.57*	20.77 $\pm$ 1.51	15.86 $\pm$ 0.19
	Control	4.94 $\pm$ 0.45	3.39 $\pm$ 0.48	89.31 $\pm$ 5.78	18.65 $\pm$ 1.89	16.09 $\pm$ 0.14
2	Treatment	4.97 $\pm$ 0.97	3.78 $\pm$ 0.35	106.84 $\pm$ 7.75	18.10 $\pm$ 1.66	16.7 $\pm$ 0.16
	Control	4.96 $\pm$ 0.45	3.54 $\pm$ 0.34	106.73 $\pm$ 8.83	20.21 $\pm$ 1.74	16.96 $\pm$ 0.16
3	Treatment	5.65 $\pm$ 1.50	3.75 $\pm$ 0.40	123.92 $\pm$ 13.31	20.27 $\pm$ 1.62	16.9 $\pm$ 0.15*
	Control	5.31 $\pm$ 0.61	3.70 $\pm$ 0.36	124.48 $\pm$ 8.41	19.69 $\pm$ 1.42	17.43 $\pm$ 0.15
4	Treatment	5.44 $\pm$ 1.30	3.86 $\pm$ 0.36	154.94 $\pm$ 10.65*	21.13 $\pm$ 1.64	17.26 $\pm$ 0.26*
	Control	5.77 $\pm$ 0.37	3.92 $\pm$ 0.42	140.93 $\pm$ 8.17	18.67 $\pm$ 1.52	17.97 $\pm$ 0.13
5	Treatment	5.37 $\pm$ 0.93	3.87 $\pm$ 0.32	164.31 $\pm$ 7.27*	19.90 $\pm$ 1.57	16.9 $\pm$ 0.15*
	Control	5.77 $\pm$ 1.34	4.02 $\pm$ 0.43	157.80 $\pm$ 6.50	19.58 $\pm$ 1.67	17.34 $\pm$ 0.1
6	Treatment	5.87 $\pm$ 1.06	3.86 $\pm$ 0.36	172.65 $\pm$ 5.15*	19.64 $\pm$ 0.91	16.61 $\pm$ 0.23
	Control	5.75 $\pm$ 1.34	3.69 $\pm$ 0.44	164.80 $\pm$ 3.01	16.88 $\pm$ 0.81	16.95 $\pm$ 0.2
7	Treatment	5.84 $\pm$ 0.69	3.93 $\pm$ 0.38	177.14 $\pm$ 4.04*	18.55 $\pm$ 1.47	16.73 $\pm$ 0.2
	Control	6.48 $\pm$ 0.75	3.67 $\pm$ 0.61	172.81 $\pm$ 3.75	21.53 $\pm$ 1.56	17.13 $\pm$ 0.07
8	Treatment	5.51 $\pm$ 0.55	3.83 $\pm$ 0.23	189.37 $\pm$ 6.73*	17.86 $\pm$ 1.54	17.37 $\pm$ 0.1
	Control	6.38 $\pm$ 1.13	4.17 $\pm$ 0.63	182.17 $\pm$ 6.21	15.75 $\pm$ 1.62	17.22 $\pm$ 0.12

Columns having asterisk symbols differ significantly (\* P<0.05) between groups at each sampling week

In general, nutritional strategy to supplement antioxidants (Vitamin E, Selenium) and high energy diet reduces the concentration of urea, increases cholesterol level and have no effects on concentrations of ALT, total protein and albumin in the serum of periparturient cows.

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