

Original Research Article

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## Comparative *in-vitro* Antibacterial Efficacy of the Different Common Herbs and Antibiotics against *E.coli* and *S.aureus* Isolated from Bovine Mastitis

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### ABSTRACT

Mastitis is the inflammation of the mammary gland and udder tissue, and is a major endemic disease of dairy cattle. It is also the most costly disease to the dairy industry. Bovine mastitis caused by *Escherichia coli* (*E.coli*) and *Staphylococcus aureus* can range from being a subclinical infection of the mammary gland to a severe systemic disease. Antimicrobial resistance is generally not a limiting factor for treatment, but it should be monitored to detect changes in resistance profiles. This increases the importance of substitute among antimicrobial agents that kill or inhibit the growth of microorganisms. Some herbs like neem, turmeric, garlic and tulsi have some bioactive molecules that show antibacterial activity. These agents protect the host from cellular oxidation reactions. In the present study, *in vitro* antimicrobial sensitivity of ethanolic extracts of neem, turmeric, garlic and tulsi leaves have been compared with the different antibiotics (ciprofloxacin, ofloxacin and amoxicillin) against *E.coli* and *S. aureus* isolated from the milk samples of bovine suffering with mastitis. The zone of inhibition of different herbal discs and antibiotics against *E.coli* and *S.aureus* were seen after incubation of overnight and measured in millimeter. The maximum zone of inhibition among extracts of herbs and antibiotic were found in neem for *E.coli* followed by turmeric, ofloxacin and ciprofloxacin. The extracts of tulsi, garlic and antibiotic amoxicillin were found resistant against *E.coli*. While in case of *S.aureus* the maximum zone was found in ciprofloxacin followed by tulsi, ofloxacin, garlic, neem and amoxicillin. The extract of turmeric was not showing any sensitivity against *S.aureus*.

#### Keywords

Herbs, Antibacterial effect, Mastitis, *E.coli*, *S.aureus*

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### Introduction

Mastitis is the inflammation of the mammary gland and udder tissue, and is a major endemic disease of dairy cattle. It is also the most costly disease to the dairy industry. Bovine mastitis caused by *Escherichia coli*

(*E.coli*) can range from being a subclinical infection of the mammary gland to a severe systemic disease. Cow-dependent factors such as lactation stage and age affect the severity of coliform mastitis. Evidence for the efficacy of antimicrobial treatment for *E. coli* mastitis is very limited. Another bacteria

*Staphylococcus aureus* is also one of the most common types of chronic mastitis. Though some cows may flare up with clinical mastitis (especially after calving) the infection is usually subclinical, causing elevated somatic cell counts (SCC) but no detectable changes in milk or the udder. (Tenhagen *et al.*, 2007)

Antimicrobial resistance is generally not a limiting factor for treatment, but it should be monitored to detect changes in resistance profiles. Injudicious and rampant use of different antibiotics now increases the resistance in microbes. (Suojala *et al.*, 2013).

This increases the importance of substitute among antimicrobial agents that kill or inhibit the growth of microorganisms. Some herbs like neem, turmeric, garlic and tulsi have some bioactive molecules that show antibacterial activity. These agents protect the host from cellular oxidation reactions.

Tulsi (*Ocimum tenuiflorum* synonym *Ocimum sanctum*) commonly known as holy basil or tulasi is an aromatic perennial plant in the family Lamiaceae. It is a shrub having oleanolic acid, ursolic acid, rosamarinic acid, eugenol, carvacrol, linalool,  $\beta$  elemene, germacrene as chemical constituents that have antimicrobial activity (Warrier, 1995).

Turmeric is a flowering plant, *Curcuma longa* of the ginger family, Zingiberaceae, the roots of which are used in cooking. Curcumin is a bright yellow chemical produced by *Curcuma longa* plants. Curcumin has been used historically in Ayurvedic medicine. (Priyadarsini, 2014)

Neem (*Azadirachta indica*) commonly known as nintree or Indian lilac is a tree in the mahogany family Meliaceae. It is one of two species in the genus *Azadirachta*, and is native to the Indian subcontinent. Neem is a fast growing evergreen tree having 20-40 cm

long leaves. It has acetic acid, hydroxy pivalic, phytol, 4- cyclooctenol, 1, 3 diphenyl-2-azafluorene, acetate, germnicol (Alzohairy, 2016). Garlic (*Allium sativum*) is a species in the family Alliaceae. Active principle allicin is an organosulfur compound obtained from garlic and showing antibacterial and antifungal efficacy. (Marchese 2016)

In the present study, in vitro antimicrobial activity of the ethanolic extracts of neem, turmeric, garlic and tulsi leaves have been compared with the different antibiotics against *E.coli* and *S. aureus* isolated from the milk samples of bovine suffering with mastitis.

### Methodology

The present research work was carried out in the laboratory of the department of Veterinary Microbiology, College of Veterinary Science and Animal Husbandry, Mhow, Indore (M.P.).



**Fig.1** Tulsi leaves

### Preparation of different herbal extracts

The leaves of the Tulsi (Fig 1) and Neem plants (Fig 3) were washed to clean the dirt and dried in shadow and then grinded to form powder and kept in air tight bottle. The garlic bulb (Fig 2) was peeled, washed, dried and grinded to make powder kept in the airtight bottle. Dried rhizome of turmeric (Fig 4) was

grinded to make powder and kept in airtight bottle. These powders were filled up in the filter paper thimble and then thimbles were fixed in the soxlet extraction assembly.

Extraction was carried out with ethanol at 80°C temperature. The extract was recovered and extra ethanol was evaporated (Fig 5). These extracts were used to prepare the disc for the in-vitro antibacterial sensitivity test.



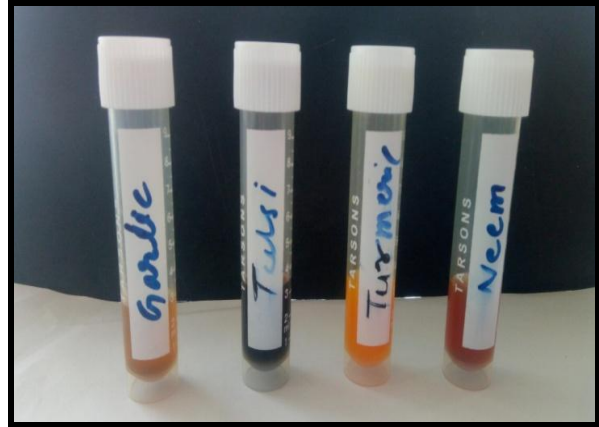
**Fig.2** Garlic bulbs



**Fig.3** Neem leaves



**Fig.4** Turmeric bud



**Fig.5** Different ethanolic extracts of Garlic, Tulsi, Turmeric and Neem

### Antibiotic discs

The readymade ciprofloxacin, ofloxacin and gentamycin antibiotic discs (Himedia, Fig 6) were used in the study to compare antibacterial efficacy with different herbal disc.



**Fig.6** Different antibiotics used in *in-vitro* antibacterial sensitivity test

### Preparation of disc from herbal extracts

The sterile discs (Himedia, Fig 7) were used in present study. The disc were soaked in the extracts for overnight and dried in incubator at 50°C for overnight. Dried disc were used in the in-vitro antibacterial sensitivity test





Fig.7 Sterile discs used in preparation of herbal disc

### Preparation of media

In the present study BHI (Brain Heart Infusion) broth (M210-500G, Himedia), Nutrient agar, EMB agar (Himedia), Baired parker agar (Himedia) and MHA (Mueller Hinton Agar) media (M173-500G, Himedia) were used. The media was prepared by mixing the powder in distle water as per the specification given by the manufacturer. After proper mixing it was sterilized by autoclaving at pressure of 15lbs temperature 121°C for 15 minuts. Then poured in petriplates for further use in the study.

### Test organisms

The *E. coli* and *S. aureus* were isolated from the different milk samples positive for the CMT (California Mastitis test). The samples were found positive for the CMT inoculated in the BHI broth for overnight.

The nutrient agar plates were inoculated from the BHI and incubated at 37°C for 24 hrs., then the single colony from the nutrient agar plates were taken and streaked on the selected media EMB (Eosine methylene Blue) agar and baired parker agar and then incubated at 37°C for overnight. The *E. coli* organisms

showing metallic sheen on EMB agar while the *S. aureus* showing black colonies with halo pattern on Baired parker agar were transferred on nutrient agar slant and stored for the *in-vitro* sensitivity test.

### Disc diffusion method

For the invitro sensitivity testing the isolated *E.coli* and *S. aureus* from nutrient agar slants were inoculated in BHI broth and incubated at 37°C for 4-5 hrs. Then with a sterile swab prepare a lawn of *E.coli* and *S.aureus* culture on the different MHA plates. All the prepared herbal discs along with antibiotic disc were aseptically placed on agar surfaces. These plates were incubated at 37°C for overnight.

### Results and Discussion

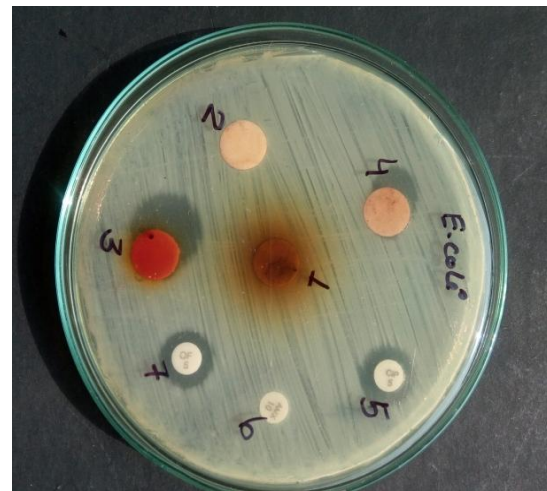


Plate.1 Zone of inhibition of different herbal discs and antibiotics against *E.coli*

The zone of inhibition of different herbal discs and antibiotics against *E.coli* (Plate 1) and *S.aureus* (Plate 2) were seen after incubation of overnight and measured in millimeter shown in table 1. All ethanolic extracts of herbs and antibiotics showed the antimicrobial property. The extract of tulsi showed the zone of inhibition (ZOI) against the *S.aureus* (22 mm) while found resistant (no zone) against the *E.coli*. Neem extract

was showed zone of inhibition against both *E.coli* and *S.aureus* 16 mm and 19 mm respectively. Turmeric was found sensitive against *E.coli* 14 mm and found resistant against *S.aureus*. Garlic extract was found resistant against *E.coli* and sensitive against *S.aureus* (20 mm). The antibiotic discs (Himedia) of ciprofloxacin, ofloxacin and amoxicillin were found sensitive against both *E.coli* and *S.aureus*.

These discs of antibiotics were showed zone of sensitivity 11 and 24 mm for ciprofloxacin, 12 and 21 for ofloxacin and 0 and 14 for

amoxicillin against *E.coli* and *S.aureus* respectively. The maximum zone of inhibition among extracts of herbs and antibiotic were found in neem for *E.coli* followed by turmeric, ofloxacin and ciprofloxacin.

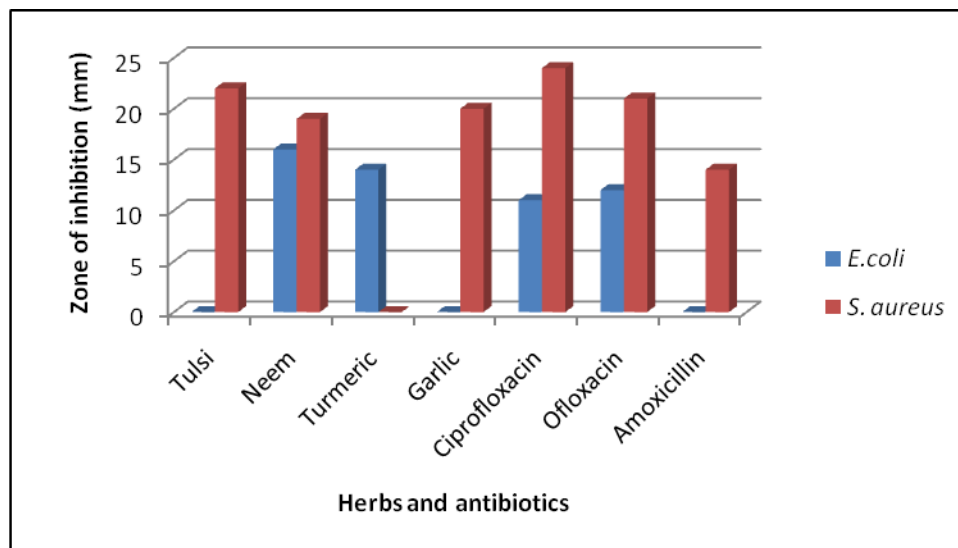
The extracts of tulsi, garlic and antibiotic amoxicillin were found resistant against *E.coli*. While in case of *S.aureus* the maximum zone was found in ciprofloxacin followed by tulsi, ofloxacin, garlic, neem and amoxicillin. The extract of turmeric was not showing any sensitivity against *S.aureus*.



**Plate.2** Zone of inhibition of different herbal discs and antibiotics against *S.aureus*

**Table.1** Zone of inhibition of different herbal extracts and antibiotics against *E.coli* and *S.aureus*

S.N.	Disc	Zone of inhibition (millimeter)	
		<i>E.coli</i>	<i>S. aureus</i>
1	Tulsi	0	22
2	Neem	16	19
3	Turmeric	14	0
4	Garlic	0	20
5	Ciprofloxacin	11	24
6	Ofloxacin	12	21
7	Amoxicillin	0	14



**Graph.1** Comparative zone of inhibition of different herbal discs and antibiotics against *E.coli* and *S.aureus*

Mastitis is an important multi-etiological disease problem that affects the major population of animals, causing heavy economical loss. The treatment is becoming difficult due to the emergence of multidrug resistance amongst pathogens.

The organisms included in the study are two major multidrug resistant pathogens involved in mastitis in large animals. It is therefore necessary to search for natural compounds showing potent antimicrobial properties. Many herbal plants are drawing increasing attention all over the world.

The herbal plants investigated in the present study showed good antimicrobial potential against gram positive (*S.aureus*) and gram negative (*E.coli*) bacteria. Many herbal plants were shown to have better antimicrobial efficacy than the antibiotics used in the study, which may be due to the development of resistance against these antibiotics.

Thus, after the entire study, it can be concluded that in herbal plants, tulsi has the maximum antibacterial efficacy against *S.aureus*, while neem has the maximum efficacy against *E.coli*. Thus, the ethanolic extracts of these plants can

be further investigated to identify the potential antimicrobial compounds present, which can serve as an important candidate for drug formulation.

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