

Original Research Article

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## Study on the Utilization of Grape Varieties for Squash Preparation

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### ABSTRACT

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In food processing industry blending is an art to develop different colours, aroma, astringency, taste to suit the requirement. Grape squash is a healthy drink both for children and adults. Grape juice has all good quality present in grape wine. Considering nutritional value and to prevent post harvest losses the present investigation was carried out with the objective to explore the compatibility and acceptability of grape squash by blending four varieties of grapes i.e. PusaNavarang, Concord, H23 and Bangalore Blue in different proportions (1:1 and 1:2) with 8 treatments. The grape squash with 1:1 and 1:2 combinations analysed for juice recovery percentage, product recovery percentage, TSS, Acidity, Ascorbic acid and reducing sugars was done for estimating its quality parameters and Organoleptic characteristics (flavor, taste, colour, appearance, consistency and overall acceptability) was tested using 9.0 hedonic scale. The treatment PusaNavarang+Concord T3 (1:1 ratio) had the highest product recovery percentage (79.10 %). Thus, as for as product acceptability judged by organoleptic evaluation the treatment can be rated as T3>T1>T5>T4>T6>T8>T7>T2. Blending of juices from high yielding varieties with those of juice varieties having good quality can increase value addition for grape.

### Introduction

India is the 2<sup>nd</sup> largest producer of fruits. One of the most popular among the regularly featuring table fruits are grapes. These berries are store house of numerous health promoting phytonutrients such as polyphenolic antioxidants, vitamins, and minerals. The demand for healthy foods has been one of the most important trends of food consumption in recent years (Bigliardi and Galati, 2013). People are increasingly aware on their own health, as well as the social and environmental impacts of their food consumption (Falguera

*et al.*, 2012). Grape (*Vitis vinifera*) is basically a sub-tropical crop. However, in India, grapes are cultivated for their excellence also under tropical conditions. In India, Grapes are cultivated in an area of 136 million ha with a total production of 2683.3 metric tonnes and productivity of 19.7tons/ha (NHB, 2016-17). In Telangana it is cultivated in an area of 0.32 million ha with a total production of 9.24 metric tonnes (NHB, 2016-17).

In India about 20 million tonnes of foods are produced annually. But hardly 1.2% of this is utilised for processing and preservation and

about 30-33% of the total production is wasted due to spoilage during handling, transportation and lack of cold storage facility (Baisya, 1980). In order to minimize postharvest losses and to avoid market glut, fruits are needed to be effectively utilised in processing industry (Sahota and Sunil, 2006). Approximately 71% of world grape production is used for wine, 27% as fresh fruit, and 2% as dried fruit. Hence, many products like jam, jelly, squash, RTS, syrup etc., are made from fruits. Fresh squashes are becoming popular compared with synthetic beverages because of refreshing quality, taste, flavor, nutritive value and storage stability of fresh squashes (Jothi *et al.*, 2014). Squash is quite popular all over the world as nutritious soft drinks (Babasaheb, 2000). Squash, a ready to drink beverage, is nonalcoholic concentrated syrup that is usually made from fruit juice, water and sugar or sugar substitutes (Joseph and Shukla, 2015).

The squash importance is its nutritional content and delicious flavor. The grape squash contains vitamin A, vitamin C and potassium. Wild range of juice varieties belonging to *Vitis venifera* and *Vitis labrusca* and their hybrids are available. Grapes can be utilized for preparations of squashes and they are in small scales in many parts of the country. But the specific variety is not standardized for specific value added product for its quantity and quality traits after their preparation.

In present work blending of four varieties of grape juices with 1:1 and 1:2 ratios from high yielding varieties with those of juice from varieties having good quality can increase the value addition for grape squashes.

### **Materials and Methods**

The experiment was conducted in the laboratory of the Post Harvest Technology Research Station, Rajendranagar, Hyderabad - 500030. The fresh and well graded fully

ripened four varieties of grapes i.e., Pusa Navarang, Bangalore Blue, Concord and H23 were collected from Grape Research Station, Rajendranagar.

The eight treatments i.e., PusaNavarang + Bangalore Blue (1:1 ratio) (T1), Pusa Navarang + Bangalore Blue (2:1 ratio) (T2), PusaNavarang + Concord (1:1 ratio) (T3), PusaNavarang + Concord (2:1 ratio) (T4), H23 + Bangalore Blue (1:1 ratio) (T5), H23 + Bangalore Blue (2:1 ratio) (T6), H23 + Concord (1:1 ratio) (T7) and H23 + Concord (2:1 ratio) (T8) were taken for the analysis with three replications and the experimental design was completely randomized design (CRD).

### **Extraction of grape juice**

Fresh and fully ripe grapes were used for extraction of juice. Grapes were washed thoroughly with water. Grape juice, sugar, citric acid and sodium benzoate required were separately weighed. Water was also measured with measuring cylinder. Grape bunches were weighed and juice was extracted using a high quality electric juicer. The extracted juice was strained properly to remove the seeds. Sugar and citric acid were mixed with water and heated to prepare syrup. Filtered the syrup through a coarse cloth and then cooled. Measured juice was then mixed with the cool syrup. Then sodium benzoate @ of 2 g/ l was also added. It was mixed thoroughly and finally squash was prepared. It was then poured in sterilized bottle and capped finally.

Squash was analyzed for quality TSS, titrable acidity and ascorbic acid was determined by adopting AOAC (2005) method. Reducing sugars was determined through method illustrated by Ranganna (2011). Sensory properties initially and periodically all treatments of squash were evaluated by a panel of 15 panelists.

All the panelists were briefed before evaluation. Sensory attributes like appearance and color, aroma, taste and overall acceptability for all samples were assessed using nine point hedonic scales (Larmond, 1977). Organoleptic analysis or sensory evaluation was a scientific discipline that analyses and measure human response to the composition of food or product made by sense of taste, smell, touch and hearing when food eaten.

## Results and Discussion

The data recorded was analyzed. The significant differences observed within and between the treatment combinations. The results showed in table 1 that there was significant difference among the treatments. Maximum juice quantity recorded in T2PusaNavarang + Banglore Blue (2:1 ratio) (420 ml) followed by T6 H23 + Banglore Blue (2:1 ratio) (410 ml) and the minimum juice quantity was recorded in T7 H23 + Concord (1:1 ratio) (215 ml). Juice quantity of the fruit vary depends up on the weight of the fruit, peel weight, fibre content and seed weight.

The data pertaining to juice recovery percentage of blended grape juices with different ratios are noticed. Highest juice recovery percentage in T5H23 + Banglore Blue (1:1 ratio)(73.75 %), followed by T1 PusaNavarang + Banglore Blue (1:1 ratio)(69.50%), T6 H23 + Banglore Blue (2:1 ratio)(68.33 %) and the lowest juice recovery percentage in T7 H23 + Concord (1:1 ratio)(53.75 %). Similar observations reported by Chaudhary *et al.*, (2014) in Blending of Grape (*Vitis vinifera* L.) and Jamun (*Syzygiumcumini*L. Skeels) Juices. Juice recovery percentage depends up on the juice weight to total fruits weight.

Significantly maximum amount of reducing sugars in grape juice was noticed in T7H23 + Concord (1:1 ratio)&T8H23 + Concord (2:1

ratio) (15.13%) and minimum amount of reducing sugars was noticed in T1 PusaNavarang + Banglore Blue (1:1 ratio) and T2 Pusa Navarang + Banglore Blue (2:1 ratio) (10.64%). Whereas, the data pertaining to reducing sugars of blended grape squashes with different ratios are presented in table 2 showed the highest amount of reducing in T7H23 + Concord (1:1 ratio) and T8 H23 + Concord (2:1 ratio) (1.7%) and minimum amount of reducing in T1 Pusa Navarang + Banglore Blue (1:1 ratio) and T2PusaNavarang + Banglore Blue (2:1 ratio) (0.6%). Similarly reported by Kiranmai *et al.*, (2015). This might be due to variation in concentration of different varieties of grape juice blending.

Significant differences were observed in ascorbic acid content among the treatments. Maximum amount of ascorbic acid in grape juice was recorded in T7H23 + Concord (1:1 ratio) and T8 H23 + Concord (2:1 ratio) (11.13mg/100g) and it was noticed minimum in T5 H23 + Banglore Blue (1:1 ratio)& T6H23 + Banglore Blue (2:1 ratio) (8.79mg/100mg). Similar results about the changes of ascorbic acid in litchi and pomegranate juice blends were reported by Pathak *et al.*, (2012). While, the data presented in table 2 indicated highest amount of grape squash ascorbic acid in T7H23 + Concord (1:1 ratio) and T8 H23 + Concord (2:1 ratio)(4.5mg/100mg) and it was minimum in T5H23 + Banglore Blue (1:1 ratio) and T6 H23 + Banglore Blue (2:1 ratio) (1.5 mg/100mg). Highest Product recovery percentage is observed in T3 (79.1 %) followed by T1 (78.97 %), T5 (78.30 %) and lowest in T2 (63.50 %).

There is no significant difference was observed in TSS, acidity of grape squash and juices blend in different ratios. Similar results were reported by Saikia *et al.*, (2002) in out-tenga fruit squash (Fig. 1 and 2).

**Table.1** Quality parameters of grape juice prepared with different combinations

Treatments	Fruit. wt (grms)	Quantity of Juice (ml)	Juice recovery (%)	T.S.S ( <sup>o</sup> Brix)	Acidity (%)	Reducing sugars (%)	Ascorbic Acid (mg/100g)	Product Recovery %
<b>T1: PusaNavarang + Banglore Blue (1:1 ratio)</b>	400	278	69.50	20.9	0.10	10.64	9.54	78.97
<b>T2: PusaNavarang + Banglore Blue (2:1 ratio)</b>	600	420	60.00	20.9	0.10	10.64	9.54	63.50
<b>T3 :PusaNavarang + Concord (1:1 ratio)</b>	400	236	59.00	21.6	0.11	12.80	10.20	79.10
<b>T4:PusaNavarang + Concord (2:1 ratio)</b>	600	380	63.33	21.6	0.11	12.80	10.20	77.90
<b>T5: H23 + Banglore Blue (1:1 ratio)</b>	400	290	73.75	20.2	0.12	13.60	8.79	78.30
<b>T6: H23 + Banglore Blue (2:1 ratio)</b>	600	410	68.33	20.2	0.12	13.60	8.79	67.60
<b>T7: H23 + Concord (1:1 ratio)</b>	400	215	53.75	20.6	0.13	15.13	11.13	66.80
<b>T8: H23 + Concord (2:1 ratio)</b>	600	345	57.50	20.6	0.13	15.13	11.13	67.20
<b>C Dat 5%</b>		23.349	5.16	N.S	N.S	0.288	0.434	2.417
<b>SE(d)</b>		10.920	2.25			0.135	0.203	1.130
<b>SE(m)</b>		7.72	1.204			0.095	0.144	0.799

**Table.2** Quality parameters of grape squash prepared with different combinations

<b>Treatments</b>	<b>T.S.S (<sup>o</sup> Brix)</b>	<b>Acidity (%)</b>	<b>Reducing sugars (%)</b>	<b>Ascorbic Acid content (mg/100g)</b>
<b>T1:PusaNavarang + Banglore Blue (1:1 ratio)</b>	42.30	0.40	0.60	2.70
<b>T2: PusaNavarang + Banglore Blue (2:1 ratio)</b>	42.30	0.40	0.60	2.70
<b>T3: PusaNavarang + Concord (1:1 ratio)</b>	44.10	0.50	0.70	4.50
<b>T4: PusaNavarang + Concord (2:1 ratio)</b>	44.10	0.50	0.70	4.50
<b>T5: H23 + Banglore Blue (1:1 ratio)</b>	41.30	0.60	0.90	1.50
<b>T6: H23 + Banglore Blue (2:1 ratio)</b>	41.30	0.60	0.90	1.50
<b>T7: H23 + Concord (1:1 ratio)</b>	42.10	0.70	1.70	4.50
<b>T8: H23 + Concord (2:1 ratio)</b>	42.10	0.70	1.70	4.50
<b>C Dat 5%</b>	N.S	N.S	0.290	1.080
<b>SE(d)</b>			0.096	0.357
<b>SE(m)</b>			0.135	0.505

**Fig.1** Flow chart for preparation of grape squash

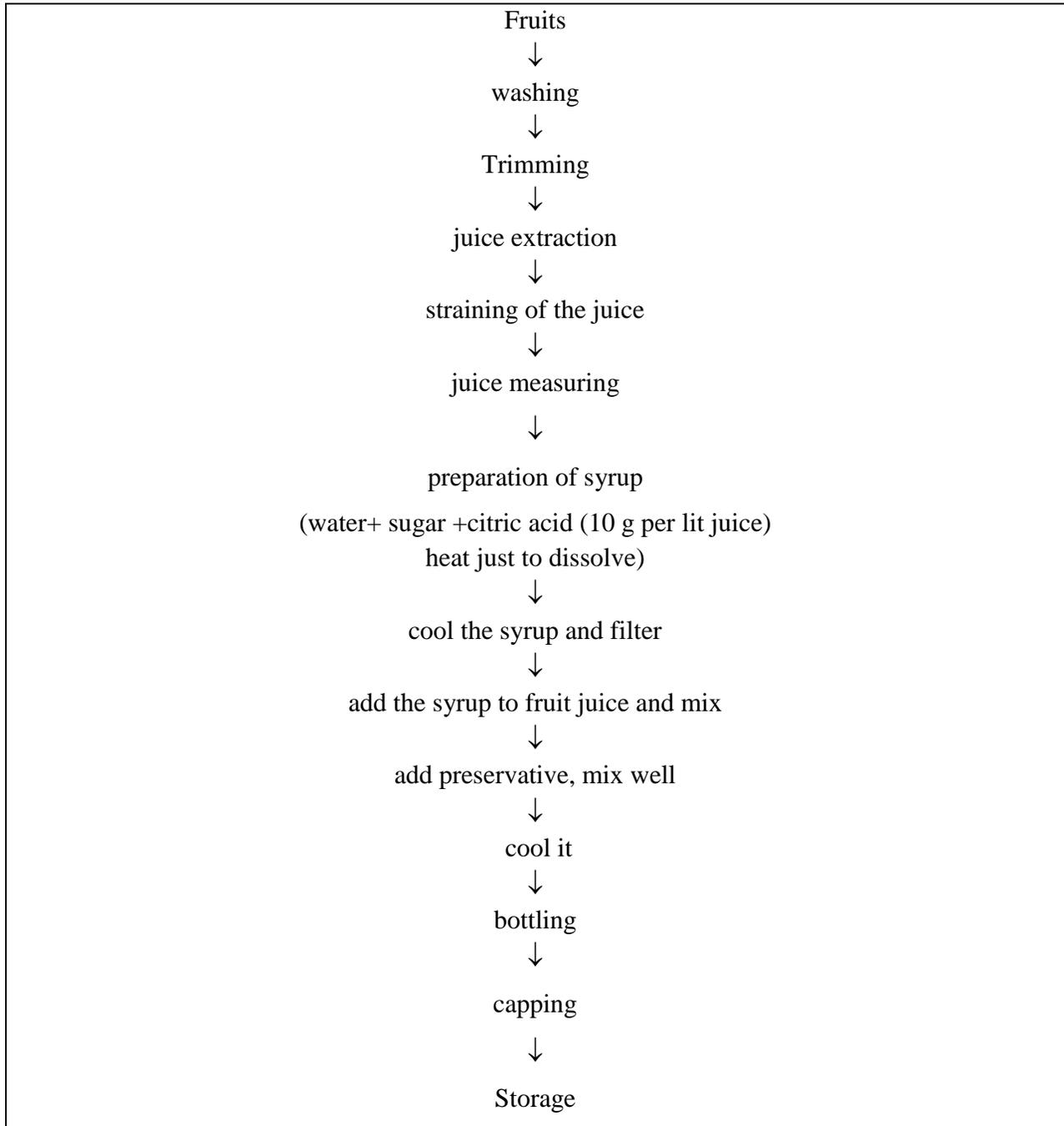
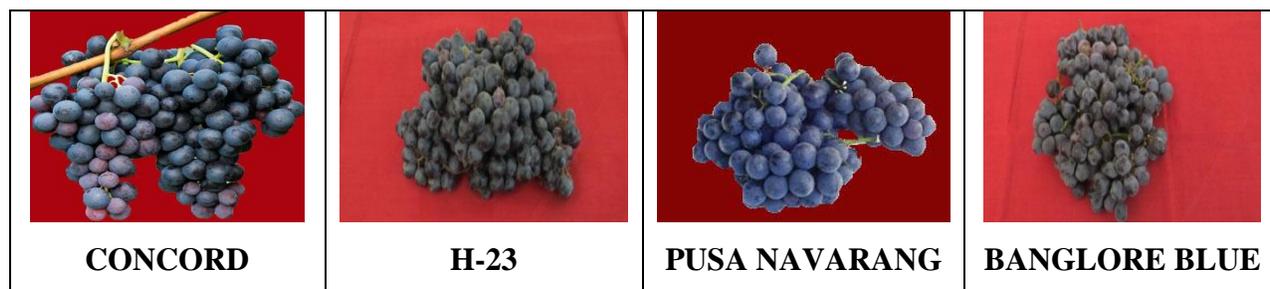


Fig.2 Different varieties selected for squash preparation



In conclusion, the present study showed that blended grape juices in 1:1 and 1:2 ratios could enhance the nutritional quality of squash and development of the new products with improvement in taste, colour and aroma. Eight treatment combinations were followed for the preparation and quality evaluation of grape squash. It was observed that acceptability was more for grape squash when juices were blended in 1:1 (Pusa Navarang+Concord) ratios due to highest product recovery percentage with enhanced taste and colour. Considering nutritional value and perishable nature of grapes it can be better utilized for preparation of grape squash by blending of juices provide a product with different taste, flavor and aroma, this process can be further used for production of grape squash. On the basis of the results revealed in the present study it may be concluded that the formulation of blend juice beverage is possible to satisfy consumer taste and preferences.

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