

Original Research Article

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## An Evaluation of the Anti-Cancerous Effects of *Tinospora cordifolia* and *Aristolochia bracteolata* Using CADD (Computer Aided Drug Discovery) Tools

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### ABSTRACT

#### Keywords

Cancer, *Tinospora cordifolia* and *Aristolochia bracteolata*, in-silico study

#### Article Info

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Cancer is an imminent global disaster and the incidence of cancer is widespread in animals with malignant characters and lesions like human beings. Keeping in view the importance and advantages of combination therapy using herbal based natural EVP products on the tumour cells, an attempt to explore the influence of combined effect of *Aristolochia bracteolata* and *Tinospora cordiflora* was analyzed using *in silico* approach. It was found that the combined effect of *Aristolochia bracteolata* and *Tinospora cordiflora* have shown to possess significant anti-proliferative and anti-apoptotic properties. The active principles from both the plants possess significant pharmacokinetic and pharmacodynamics effects. As they work synergistically, the combined effect may be a promising drug entity to enter the evidence based therapeutics for cancer.

### Introduction

Cancer is a class of disease in which a group of cells display uncontrolled growth, invasion and metastasis. Cancer may affect at all ages, even foetuses, but the risk of most varieties is increasing. Cancer causes about 13% of all human deaths (Amita Mishra *et al.*, 2013). Natural products have been traditionally accepted as remedies for many diseases. The

beneficial effects of plant products typically result from the combinations of secondary metabolites present in the plant and the important bioactive constituents are the phenolics, flavonoids, alkaloids and tannins (Bellini *et al.*, 2006). Plants have been known since antiquity to possess notable biological activities including antibacterial, antioxidative and anticancer properties. Secondary metabolites are potential anticancer drugs that

cause either direct cytotoxicity on cancer cells or may affect processes involved in tumour development.

*Tinospora cordifolia* is a herbaceous vine indigenous to the tropical areas of India and Srilanka. It is called amrita, guduchi, shindikodi, giloy and so forth. The plant is used in indigenous system of medicine (Sivarajan and Balachandran, 1999) and the plant is known for its antipyretic, hypolipidemic, hypoglycemic, hepato-protectivity, immunopotentiating and antineoplastic property (Singh *et al.*, 2003; Jagetia and Rao, 2006 and Amita Mishra *et al.*, 2013).

Aristolochia is the most diverse genus of Aristolochiaceae with about 120 species distributed throughout the tropics and subtropics and *Aristolochia bracteolata* Linn is a small glabrous shrub occurring in Nigeria, East Africa, Arabia and India (Burkill, 1985). This plant has been used against snake bite and scorpion stings, as antibiotics, antimalarial and aphrodisiac in Nigeria. Negi *et al.*, (2003) reported that it is used as a gastric stimulant and in the management and treatment of cancer, lung inflammation and dysentery.

### ***In silico* analysis**

With the identification of an increasing number of molecular targets associated with particular cancers, high throughput screening of compounds against a range of such targets now forms the basis of anti-cancer drug discovery. Examples are the cyclic-dependent kinases, which together with their cyclin partners, play a key role in the regulation of cell cycle progression, and inhibition of their activity delays or arrests progression of specific stages of the cell cycle. There are over 2000 kinases so far identified from genomic studies and all have a common site, the position where the ATP, that is, the source of

the phosphate that is denoted, is bound (Newman *et al.*, 2002). With the advent of proteomics and genomics, this problem can be partially alleviated with these efficient methods for rapid identification of protein targets of herbal ingredients (Dixon, 2001). Several bioinformatics tools and software have been used to develop efficient methods for facilitating target identification, as the first step in drug discovery (Shukla and Dixit, 2011)

Keeping in view the importance and advantages of combination chemotherapy using ethnoveterinary medicine on the tumour cells, this study is an attempt to explore the influence of `combined effect of *Aristolochia bracteolata* and *Tinospora cordifolia* using CADD (Computer Aided Drug Discovery) tools

## **Materials and Methods**

### ***In silico* analysis**

*In silico* research in medicine is thought to have the potential to speed the rate of discovery while reducing the need for expensive lab work and clinical trials. One way to achieve this is by producing and screening drug candidates more effectively. Here in this study the target protein for cancer was deduced based on previous literatures and the 3D structures of target proteins were downloaded from Protein Data Bank (PDB) and the drug like components were downloaded from chemical databases and were interacted with each other using a commercial tool- Discovery Studio software.

### **Target preparation**

#### **Protein data bank**

The Protein Data Bank (PDB) is a repository for the 3-D structural data of large biological

molecules such as proteins and nucleic acids. The data typically obtained by X-ray crystallography or NMR spectroscopy and submitted by biologists and biochemists from around the world, can be assessed at no charge on the internet. URL: <http://www.rcsb.org/pdb>

### **NCBI**

The National Centre for Biotechnology Information (NCBI) advances science and health by providing access to biomedical and genomic information. It is an US government funded national resources for molecular biology information with access to many public databases and other references.

### **Ligand preparation**

#### **Pubchem**

PUBChem is a database for chemical molecules. The system is maintained by the National Centre for Biotechnology Information (NCBI), a component of the National Library of Medicine, which is a part of the United States National Institutes of Health (NIH).

Pubchem can be accessed for free through a web user interface.

#### **Docking**

##### **Accelrys discovery studio**

Accelrys (NASDAQ: ACCL) is a software company headquartered in the US with representation in Europe and Japan. It provides software for chemical research especially in the areas of drug discovery and materials science.

Accelrys manages Nanotechnology Consortium producing software tools for rational nano-design

### **Targeted proteins**

#### **PAI-1**

PLASMINOGEN ACTIVATOR inhibitor-1 (PAI-1) is a fast-acting inhibitor of tissue-type plasminogen activator and urokinase-type plasminogen activator. PAI-1 is a member of the serpin superfamily of protease inhibitors.

It is an important regulator of fibrinolysis and inhibits the activity of matrix metalloproteinases, which plays a crucial role in invasion of malignant cells across the basal lamina.

#### **3PNA**

Peptide Nucleic Acids (PNA) have been used to inhibit transcription or translation of genes able to confer survival advantage to cancer cells such as c-myc and bcl-2. PNAs are useful tools for target directed anticancer therapeutic interventions.

#### **3T6A**

3T6A is a C-Terminal domain of BCAR3 and its elevation in metastatic cancer patients indicates that it may be a more sensitive marker than previously studied modified nucleosides.

#### **Docking steps**

Docking study of the protein molecule and selected natural products were done using the Software Accelrys Discovery Studio.

The following steps were carried out according to the discovery studio module.

The protein molecule was imported  
Force Field applied to the molecule  
The binding cavities were detected  
Ligand molecule was imported

Docking was performed by selecting drug molecule against the receptor site.

## Results and Discussion

### *In silico* analysis (Table 1–3)

#### Proteins

##### Protein: PAI-1

The structure of the PAI-1 protein is presented in Figure 3.

##### Output

Twelve poses were generated automatically by the Accelrys Discovery Studio, out of which poses the best docking score is noted. Results were saved automatically in the output file.

##### Protein: 3PNA

The structure of the target protein 3PNA has in total 2 chains. These are represented by 1 sequence-unique entity. The structure is shown in Figure 4.

#### Output

Ten poses were generated automatically by the Accelrys Discovery Studio, out of which poses the best docking score is noted. Results were saved automatically in the output file.

##### Protein: 3T6A

The structure of the target protein 3T6A is presented in the Figure 5.

##### Output

Forty one poses were generated automatically by the Accelrys Discovery Studio, out of which poses the best docking score was noted.

Results were saved automatically in the output file.

#### Pharmacokinetic and pharmacodynamic analysis

The pharmacokinetic analysis was carried out using PreADMET, a standard online tool and the results are given here under (Table 4–7)

**Table.1** PAI -1 vs ligands at SITE 2

S. No	Ligand	PMF	DOCKSCORE
1.	Berberine	-5.73	10.525
2.	Aristolochic acid	-20.90	89.20

**Table.2** 3PNA SITE 4

S. No	Ligand	PMF	DOCKSCORE
1.	Berberine	-57.48	40.522
3.	Aristolochic acid	-69.31	38.828

**Table.3** 3T6A vs Berberine and Aristolochic acid at site 4

S. No	Ligand	PMF	DOCKSCORE	LIGAND ENERGY
1.	Berberine	-69.22	62.54	-0.333
2.	Aristolochic acid	-83.19	65.49	-0.249

**Table.4** Pharmacokinetic properties of Berberine

ID	Value
BBB	0.460155
Buffer_solubility_mg_L	5.86471
Caco2	20.9811
CYP_2C19_inhibition	Non
CYP_2C9_inhibition	Inhibitor
CYP_2D6_inhibition	Non
CYP_2D6_substrate	Non
CYP_3A4_inhibition	Non
CYP_3A4_substrate	Weakly
HIA	96.082544
MDCK	79.0183
Pgp_inhibition	Inhibitor
Plasma_Protein_Binding	96.839504
Pure_water_solubility_mg_L	0.10746
Skin_Permability	-3.77482
SKlogD_value	2.65387
SKlogP_value	3.90187
SKlogS_buffer	-4.76486
SKlogS_pure	-6.50186

**Table.5** Pharmacokinetic properties of Aristolochic acid

ID	Value
BBB	0.693196
Buffer_solubility_mg_L	8.01923
Caco2	55.5786
CYP_2C19_inhibition	Inhibitor
CYP_2C9_inhibition	Inhibitor
CYP_2D6_inhibition	Inhibitor
CYP_2D6_substrate	Substrate
CYP_3A4_inhibition	Inhibitor
CYP_3A4_substrate	Substrate
HIA	97.884641
MDCK	14.4092
Pgp_inhibition	Inhibitor
Plasma_Protein_Binding	98.54205
Pure_water_solubility_mg_L	3.30745
Skin_Permability	-4.37318
SKlogD_value	0.392330
SKlogP_value	0.392330
SKlogS_buffer	-4.62268
SKlogS_pure	-5.00732

**Table.6** Pharmacodynamic properties of Berberine

Pa	Pi	Activity name
0,920	0,003	Gluconate 2-dehydrogenase (acceptor) inhibitor
0,914	0,005	Aspulvinone dimethylallyltransferase inhibitor
0,910	0,005	5 Hydroxytryptamine release stimulant
0,906	0,003	Linoleate diol synthase inhibitor
0,883	0,005	Mucomembranous protector
0,869	0,004	JAK2 expression inhibitor
0,867	0,004	Fibrinolytic
0,868	0,009	Chlordecone reductase inhibitor
0,864	0,006	Feruloyl esterase inhibitor
0,853	0,003	Platelet derived growth factor receptor kinase inhibitor
0,843	0,002	Steroid N-acetylglucosaminyltransferase inhibitor
0,841	0,003	Preneoplastic conditions treatment
0,849	0,024	CYP2C12 substrate
0,822	0,003	MMP9 expression inhibitor
0,828	0,023	Ubiquinol-cytochrome-c reductase inhibitor
0,796	0,004	<b>Antimutagenic</b>

**Table.7** Pharmacodynamic properties of Aristolochic acid

Pa	Pi	Activity name
0,998	0,000	Inflammatory Bowel disease treatment
0,998	0,001	Platelet antagonist
0,997	0,001	Atherosclerosis treatment
0,996	0,000	Antioxidant
0,997	0,001	Lipoprotein disorders treatment
0,996	0,001	Platelet aggregation inhibitor
0,995	0,001	Antileukemic
0,996	0,002	Antidiabetic
0,986	0,004	<b>Antineoplastic</b>

**Fig.1** *Tinospora cordifolia*



Photo courtesy: <http://www.indiamart.com>



**Fig.2** *Aristolochia bracteolata*

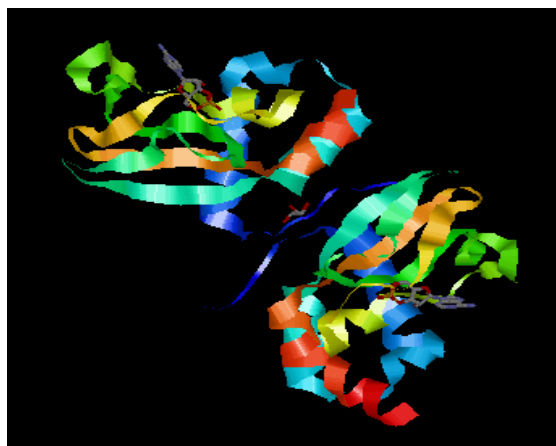


Photo courtesy: <http://www.tropical.theferns.info/>

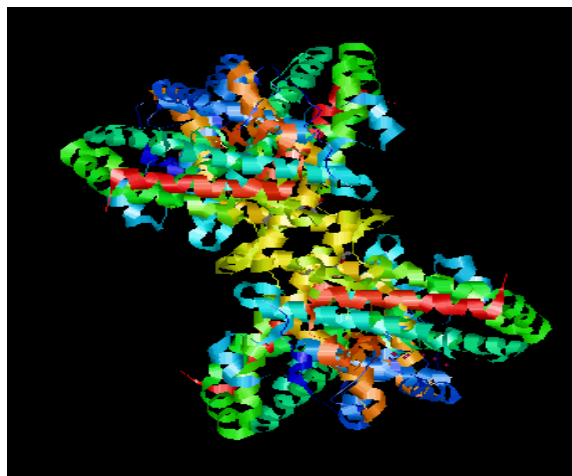
**Fig.3** The structure of the target protein plasminogen activator inhibitor-1 (PAI-1)



**Fig.4** The structure target protein Peptide Nucleic Acids (3PNA)

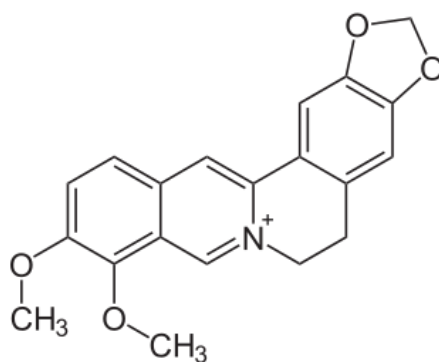


**Fig.5** The structure of the C-terminal domain from the novel SH2-containing protein BCAR3. (3T6A)



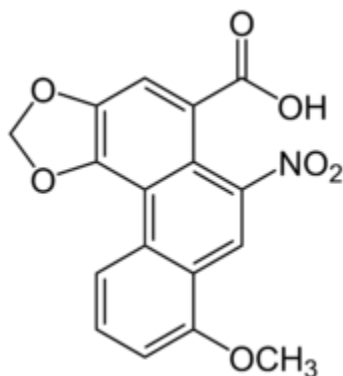
**Active principles from *Tinospora cordifolia* and *Aristolochia bracteolata***

**Fig.6** The structure of berberine



Berberine (*Tinospora cordifolia*)

**Fig.7** The structure of Aristolochic acid



Aristolochic acid (*Aristolochia bracteolata*)



Fig.8 Interaction results of PAI-1

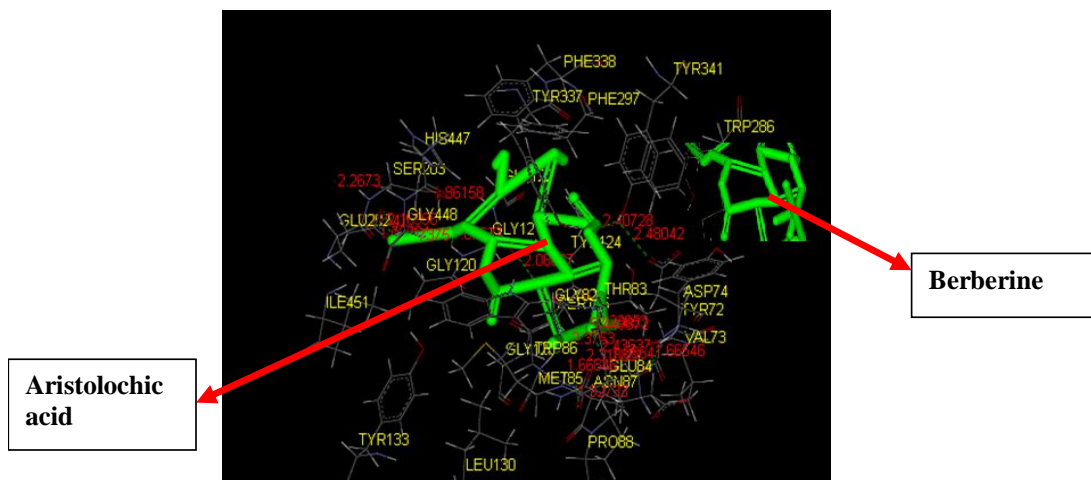


Fig.9 Interaction results of 3PNA

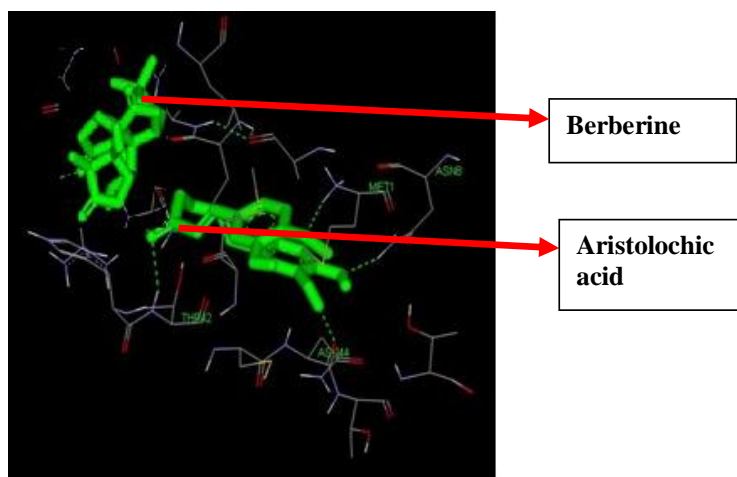
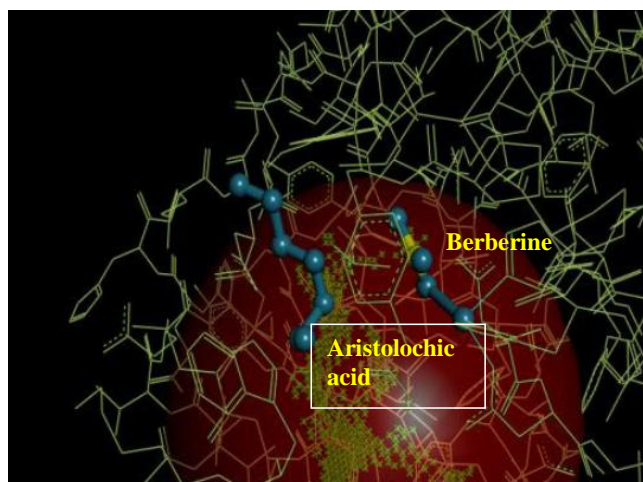


Fig.10 The structure of the target protein 3T6A



### **Pharmacodynamic properties**

The Pharmacodynamic analysis was carried out using PASS on line server and the results are depicted hereunder (Table 6 and 7).

### ***In silico* analysis**

The results of virtual screening of EVP phytochemicals berberine - CID 2353 (*Tinospora cordifolia*) and aristolochic acid - CID 2236 (*Aristolochia bracteolata*) showed the predicted binding affinity towards the binding site (Fig. 6 and 7). The EVP phytochemicals were further docked to confirm the effective interaction with the cancer target proteins Plasminogen Activator Inhibitor – 1(PAI-1, Peptide Nucleic Acids (3PNA) and Modified Adenosine nucleotide (3T6A) using Accelrys Discovery Studio.

Totally three different target groups were selected in this study to analyze the phytoprinciples having anti cancerous activity. Amount the three target groups, 3T6A (C-terminal of BCAR-3) was found to be the effective target against cancer interacting with Aristolochic acid with a highest dock score of 65.492 and the free potential energy (PMF) value of 69 indicating their potential anticancer activities.

Both the compounds taken for the study possess very good pharmacokinetic and Pharmacodynamic properties. Further studies are needed in experimental models to confirm their anti-cancer potency (Fig. 8–10).

Cancer is an imminent global disaster and the incidence of cancer is widespread in animals with malignant characters and lesions like human beings. The herbal based natural products used in Ethnoveterinary practices (EVP) may present a cost effective, affordable and sustainable alternative to synthetic medicines used in the treatment of cancer.

*Aristolochia bracteolata* and *Tinospora cordiflora* are medicinal plants of India used in traditional medicine system and ethnoveterinary practices. Keeping in view the importance and advantages of combination chemotherapy using herbal based natural EVP products on the tumour cells, this study is an attempt to explore the influence of 'combined extracts of *Aristolochia bracteolata* and *Tinospora cordiflora*' using *in silico* analysis with Accelrys Discovery Studio. Further the plant extracts were used in experimentally induced carcinogenesis in invitro models for their anti-cancer properties.

From the *in silico* analysis, it is evident that the combination of *Aristolochia bracteolata* and *Tinospora cordiflora* have shown to possess significant anti-proliferative and anti-apoptotic properties. Most of these compound work synergistically and hence, the combined extracts or whole plant may be a promising drug entity to enter the evidence based therapeutics for cancer.

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