Virus – The Biological Brain Twister

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Abstract

Viruses are intracellular pathogens that bind to specific receptor molecules on the surface of the target cells for their entry to initiate infection. They exist as lifeless independent particles prior to their invasion of host cells which were subsequently infected due to virus. These parasitic particles find significant importance in the field of genetics, molecular and cell biology as they paved way for major advancement in human health aspects. In numerous researches and discussions were underway on these entities as of whether they belong to the realm of living organisms or not. Researchers of different period have shown evidences about virus as both living and non-living. Though the debaters on the non-living aspect gained more information recent studies have gradually made the researchers to relook at the existence of the parasite as a living entity in the domain of the tree of life. This paper reviews the views of different authors at different periods with their research views about virus. The author of this paper involves in each of the discussion points including recent researches on protein folding studies and there upon concludes that virus belongs to a living entity just like bacteria and eukaryotes.

Keywords
Virus, Host cells, Infections, Microbiology, Cell biology, Protein folding, Living entity

Introduction

Virus is a small infectious agent that typically consists of nucleic acid molecule in a protein coat. Ever since its time of discovery in the year 1892 by Dmitri Ivanovsky, where he described a non-bacterial pathogen infecting the tobacco plants (Fig. 1) till the isolation of this pathogen by Martinus Beijernick and naming of this pathogen called VIRUS (Lecoq et al., 2001), stood out as milestone of Virology history. Though they have made milestones they exhibit the characteristics of both living and non-living (as biochemicals) considered as a microbiological mystery. This entity has constantly sparked debates in the world of science, is it biology or chemistry? Is it alive or dead? Let us analyse about this peculiar question in detail.

Virus – The contradiction

To declare virus as a living thing, let us see whether virus check all or at least some boxes of lining things.

Life is scientifically defined as organism that,

Maintain Homeostasis
Are composed of cells
Undergo metabolism
Can grow
Adapt to their environment
Respond to stimuli
Reproduce

So only if virus satisfies these 7 aspects, they can be considered as a living entity. As we are dealing with a very unique organism that are at the verge of life, we surely need to take a closer look or even a different approach in order to give a fair verdict. Hence I am considering certain other factors such as Evolution
Giant viruses
Protein folding

Along with the already considered seven criteria, let us clear up the point one at a time.

**Living organisms maintain homeostasis**

Homeostasis is any self-regulating process by which biological systems tend to maintain stability, while adjusting to conditions that are optimal for survival. Considering viruses are very small even smaller than bacteria (Ventakaraman Prasad *et al.*, 2012). They are just complicated assemblies of biomolecules like protein, nucleic acid, lipids, and carbohydrates. First of all, a biological system must be made up of cells or at least a cell. Whereas viruses are simply boxes of chemicals (Jake Port, 2017). They neither have the organelles nor have an internal environment for maintaining homeostasis.

Thus virus falls flat when it comes to maintaining Homeostasis conditions.

**Living things are composed of cells**

As said earlier living organism must possess cells or a cell. And viruses do not. But they do exhibit complexity in their structure and they do come in different sizes (Ventakaraman Prasad *et al.*, 2012) (ranging from 20 nm to 1000 nm) and exhibit a variety of shapes and symmetry (icosahedral, helical, complex, prolate, spherical) enveloped or non-enveloped virus; classified scientifically as 7 different classes called the BALTIMORE CLASSIFICATION (Fig. 2) depending on the type of genome 1) ds DNA 2) ss DNA 3) ds RNA 4) (+) ss RNA 5) (-) ss RNA 6) ss RNA-RT 7) ds DNA-RT. Though it contains multiform and elaborate and intricate morphology, it is ultimately not a cellule.

Thus viruses nearly miss this criterion.

**Living things undergo metabolism**

Anabolism and catabolism together gives metabolism. Thus metabolism is a set of life sustaining chemical transformations within the cells of organism. This is an essential operation to maintain the living state of cells. Viruses are nano particles and agents of infections. They are devoid of ATP and they neither undergo respiration, excretion nor feed on anything.

Hence they fail to hit the mark.

**Living things can grow**

Growth and development is a vital quality for any living organism. Viruses are simple entities without any metabolic activity. But they do grow. They aren’t capable of independent growth, Eclipse phase in a virus is considered as a phase of growth. Eclipse phase is defined as the time between infection by a bacteriophage or other virus to the time of appearance of mature progeny (Adam *et al.*, 1959). Virus cell therefore is a clear indication of growth and maturation of a viral particle. Virion is usually described as a fully formed entire virus. The growth curve drawn during lytic and lysogenic cycles also imply that
viruses do grow. However they use and derive energy for their growth from the host.

Thus virus checks this box.

**Living things adapt to their environment**

Most viruses are persistent innocuous and non-pathogenic. They remain passive for a long period outside the cell or they take advantage of their host replication machinery to replicate (Villarreal, 2004). As said, their actions exclusively rely upon the environment. They remain as a crystallized inanimate particle, outside and are activated only inside a living host cell for which they are defined as obligate intracellular parasites.

Thus viruses fulfill this necessity.

**Living things respond to stimuli**

Viruses are mostly and widely accepted as molecular entities rather than cellular entities. They are organisms that are constantly changing between biology and biochemistry (Villarreal, 2004). As explained earlier viruses do not have any metabolism to provide energy. And they do not contain any energy to respond to any stimuli. Their protective protein coat safeguards them from the harsh temperatures, pH, light or any other cabes that usually stimulates any living organism.

Thus virus fails to satisfy the fact.

**Living things reproduce**

Viruses reproduce, to say more accurately they surely do replicate. But they aren’t capable of autonomous replication. They do not grow or multiply outside the host instead they hijack the host cells apparatus to carry out their transcriptional and translational processes. Unlike other obligate intracellular parasites such as Chlamydia and Rickettsia that behave as a non-living entity outside the host and use their own replication methods instead of depending on the host’s machinery, viruses use host cells DNA or RNA to produce viral proteins. Thus they are self-assembling organic molecules (Patrick Fortterre, 2010). Stuck between the puzzle of replication or reproduction, Claudiu Bandea in 1983 stated that, “In this phase (eclipse phase) the virus shows major physiological properties such as growth, metabolism and reproduction. Therefore life is an effective presence”. So whether it is simply an assembly of molecules or the reproduction of daughter cells at the end of lytic and lysogenic cycle, new outputs are surely obtained.

And by this point of view, the reproduction norm is a definite “Yes”.

**Evolutionary aspect**

Evolutionary and phylogenetic studies have cracked even the most challenging cases in biology. But again, we are met with a dead end as viruses do not fossilize (Viviane Ritcher, 2015). Thus scientists have come up with some possible theories; one theory suggests that both bacteria and virus are descended from a common ancestor. And viruses do share certain macromolecules present in Archaea, Bacteria and Eukarya as indicated in Figure 3 (Patrick Fortterre, 2010). All three domains are descended from the Last Universal Common Ancestor (LUCA).

It is also believed that DNA polymerases enzyme present in Eukaryotes have viral origin.

Bacteria evolved to be a more complex form and whereas viruses gradually shed their genes which they found unimportant until they can’t even reproduce on their own (Viviane Ritcher, 2015).
Fig.1 TMV virus

Fig.2 Baltimore classification

<table>
<thead>
<tr>
<th>Genetic material present in the virion</th>
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<tbody>
<tr>
<td>Group I: DNA (+)</td>
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<tr>
<td>Group II: DNA (-)</td>
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<tr>
<td>Group III: RNA (+/-)</td>
</tr>
<tr>
<td>Group IV: RNA (+)</td>
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<tr>
<td>Group V: RNA (-)</td>
</tr>
<tr>
<td>Group VI: RNA (+)</td>
</tr>
<tr>
<td>Group VII: DNA (-)</td>
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</tbody>
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mRNA

proteins

Fig.3 LUCA domain

Complex cells, including all plants and animals

EUKARYOTES

ARCHAEA

LUCA

BACTERIA
Fig. 4 Mimivirus

Fig. 5 Sputnik Virion

Fig. 6 Mamavirus

Fig. 7 Protein folding
But the hallmark genes of viruses have no obvious ancestors in cellular forms (Eugene V Koonin et al., 2015). Another theory suggests that viruses may be evolved from bits of DNA/RNA that escaped from large genes (Transposons).

As the widely accepted theory suggests both virus and modern bacteria had a common ancestors. Viruses can be considered as a living organism but of a different fourth domain.

**Viruses get sick?**

Considering virus whether alive or dead remained dormant for few years until the recent discovery of GIANT VIRUS called the MIMIVIRUS (Fig. 4) (Mimicking Microbe) in 2003 by Didier Raoult et al., Mimivirus also contained certain eukaryotic genes. Later another giant virus called Mamavirus which was discovered in a cooling tower of Bradford, UK. As reported by La scola et al., in 2008, this giant virus contained 900 protein coding genes which is higher than the previously known *Acanthamoeba polyphaga* Mimivirus.

This virus was nearly the size of a bacterial cell and it is known to attack its host, the Amoeba.

But the real root cause of the debate is that another small sub-viral agent called SPUTNIK (Sputnik-3) invades the Mimivirus and thereby disrupting the replication cycle of Mimivirus ultimately making it *Sick*. Sputnik is the first known virophage (Fig. 5).

Thus Jean Michel Claverie concludes that “There’s no doubt, this is a living organism, the fact that it can get sick makes it more alive” (Pearson H, 2008). Sputnik discovery also suggests the fact that these viruses could be having major effects on the ocean’s nutrient cycle.

After Mimi and Mama virus (Fig. 6) even larger viruses have been discovered. In 2011, largest known then virus called the Megavirus Chilensis was found and in the year 2013, the largest virus (Genomewise) known upto date called the Pandora virus was discovered by Prof Jean Michel Claverie and Dr Chantal Abergel et al., 2013. The genome of Pandora virus was twice as large as Mimi and Mama viruses.

**Is protein folding the answer?**

A new study uses protein folds as evidences to declare that viruses are living. These protein folds do serve as a marker for evolutionary studies. The researchers Gustavo
Caetano Anolles et al., (Fig. 7) analyzed all of the known folds in 5080 organisms representing all branches of the tree of life, including 3460 viruses. They identified 442 protein folds were shared proves that virus do exhibit properties that cells have. Thus Caetano-Anolles concludes that “Viruses now merit a place in by Gustavo the tree of life. Obviously, there is much more to viruses than once thought”.

The tiny particle that remained as an enigma for more than a century and still exists as an enigma continuously baffling minds of mankind by its contradictory characters, is surely a biological puzzle. But various scientists, virologists have stated their views and endlessly debating whether viruses are alive or dead. John Mattik’s views on this particle are “People say viruses aren’t free living but that’s a philosophical question- Are we free living? Life is an interconnected system”. What was once considered as a mere box of biochemicals till the giant virus discovery? This historic encounter has rekindled the debate and it has also led to the fact that “It suggests there are other representatives of this viral family out there in the environment”, Koonin says, Viruses are ultimately polyphyletic.

In contrary, if a particle containing nucleic acid, protein, lipid and carbohydrates are considered as a living entity, then scientists put forth the point that DNA/RNA must also be considered as a living thing.

Thus I surmise by claiming that these viral entities clearly reside as an element in this realm of life.

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