

Original Research Article

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Influence of Fertigation Doses and Mulching on Yield Attributing Characters and Post-Harvest Shelf Life of Pointed Gourd (*Trichosanthes dioica* Roxb.)

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ABSTRACT

Pointed gourd (*Trichosanthes dioica* Roxb.) is a tropical perennial cucurbitaceous vegetable crop, commonly called as 'Parval'. It has very high nutrient content as compared to other cucurbits. Protein content of pointed gourd is 10 times that of bottle gourd and 4 times that of snake gourd, ridge gourd and wax gourd. Pointed Gourd is cultivated in spring-summer and rainy season in Odisha's weather condition but gives higher yield in spring-summer season. As most of the fruiting season falls under water scarcity period i.e., spring-summer judicious irrigation along with fertiliser application and mulching plays an important role in its yield attributing characters as well as post-harvest self-life. Hence, a field experiment was conducted to study the influence of fertigation doses and mulching on yield attributing characters and post-harvest shelf life of pointed gourd cultivation in red lateritic soils of Odisha. In the present study it is seen that application of different graded doses of N, P and K through fertigation in association with mulching increased the yield attributing characters and shelf life of pointed gourd. The results revealed that the maximum values for the yield attributing traits such as length of fruit (9.09 cm), single fruit weight (26.13 g), minimum number of days taken for 50% flowering (66.34) and post-harvest parameters such as duration of maximum retention of shelf life (15.2), percentage of marketable fruits (83.54) was recorded with the application of 100 percent N, P and K (RDF) through fertigation and mulching which remained at par with treatment where 80 percent N, P and K is applied through fertigation and mulching. Thus, 80% fertigation with mulch was the most effective treatment with 20% fertiliser saving and duration of retention of shelf life of fruit was extended 5.6 days more as compared to the control. Plastic mulch has been used in some treatments to warm the soil, conserve the moisture, control weed population, reduce leaching of nutrients, provide protection against soil pathogens and helped in increasing duration of maximum retention of self-life, percentage of marketable fruits and thus post-harvest shelf life of fruit.

Keywords

Pointed Gourd,
Fertigation,
Mulching, Shelf life

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Introduction

Pointed gourd (*Trichosanthes dioica* Roxb.) is an important remunerative perennial cucurbitaceous vegetable crop of Odisha and is known as the king of gourds because of very high nutrient content as compared to other cucurbits. Protein, mineral, fibre and calcium content of pointed gourd leaves is highest (5.4 g, 3.0 g, 4.2 g and 531 mg per 100 g of edible portion, respectively) among all the cucurbits and it also provides high energy of about 55 kilocalories.

Parval is an intensively cultivated cucurbitaceous vegetable in the eastern part of India, particularly in Odisha, Bengal, Assam, Bihar and some parts of Madhya Pradesh, Gujarat, and eastern Uttar Pradesh. It is also grown in a limited scale in hilly tracts of south Indian states like Andhra Pradesh, Tamil Nadu and Karnataka. In Bihar and eastern UP pointed gourd is grown in diara lands near the rivers. It is a semi perennial creeper, remaining dormant during winter season and again sprouts come from the underground tuberous roots with the onset of spring-summer season. Its immature and tender fruits are available for 8-10 months from February-March to October-November excepting few winter months but under protected condition it is cultivated round the year. It is seen that most of the fruiting season falls under water scarcity period i.e. spring-summer so proper care should be taken during summer months towards judicious irrigation, fertilizer application and mulching. Since it is a heavy feeder and responds well to fertilisers suitable doses of fertilisers under advanced agro-techniques like drip and mulching are essential.

Fertiliser application with drip irrigation allows application of nutrients exactly and uniformly only to the wetted root zone, where the active roots are concentrated and provides

an excellent opportunity to maximize yield and minimize environmental pollution (Hagin *et al.*, 2002). This remarkably increases the efficiency of the fertilizer as a result reducing the amount of applied fertilizer and maintains the soil health. Fertigation not only reduces the production cost by using less fertilisers but also lessens the potential of groundwater pollution caused by fertilizer leaching. It allows adjustment of the amount and concentration of the applied nutrients to meet the actual nutritional requirement of the crop throughout the growing season and provides the best way to apply fertilizers physically to the crop root zone that ensures higher and quality yield along with saving of time, labour and reducing potential pollution hazard. The use of plastic mulch on raised beds in drip irrigation is now common in horticultural crop production that serves to retain injected fumigants and nutrients, maintains bed shape and keeps the lower fruit away from the soil.

However, no work has been carried out on effect of fertigation and plastic mulching on growth and yield of pointed gourd in lateritic soils of Odisha. Therefore, the present investigation has been carried out to study the influence of fertigation and mulching on yield attributing characteristics and post-harvest shelf life of pointed gourd that makes it marketable.

Materials and Methods

The present investigation entitled “Influence of fertigation doses and mulching on yield attributing characters and post-harvest shelf life of pointed gourd (*Trichosanthes dioica* Roxb.)” was carried out during 2016-17 at the experimental field of Precision Farming Development Centre, Horticulture Research Station (HRS), Orissa University of Agriculture and Technology (OUAT), Bhubaneswar. The Horticulture Research Station is about 5 km away from OUAT

campus, Bhubaneswar situated at an latitude of 20° 15' N and longitude of 85° 52' E, with an altitude of 25.5 m above MSL and about 40 km away from Bay of Bengal. The recommended dose of pointed gourd was 150:60:80 kg N: P: K/ha. The experiment was conducted with eight treatments including control. Different treatments were taken including fertigation with recommended dose of fertilizer and mulching.

Details of treatments

- T₁: Fertigation with 100% RDF
- T₂: Fertigation with 80% RDF
- T₃: Fertigation with 60% RDF
- T₄: Fertigation with 100% RDF + mulching
- T₅: Fertigation with 80% RDF + mulching
- T₆: Fertigation with 60% RDF + mulching
- T₇: Drip irrigation + RDF in soil application
- T₈: Irrigation in furrow without mulching + RDF in soil application

The experiment was laid out as per Randomized Complete Block Design (R.C.B.D.) consisting of eight treatments with three replications. The experimental area was divided into 24 plots of 5 m × 4 m and each plot consisted of 25 plants planted at a spacing of 1.2 m × 1 m. The individual plots were incorporated with organic manures such as FYM @ 5 t/ha 15 days before transplanting and were allowed for decomposition. After incorporation of organic manures, the plots were levelled properly. The plots were planted with rooted cuttings of pointed gourd both male and female plants in 1:10 ratio at a spacing of 1.2m x 1m accommodating 25 plants per plot. Light irrigation was given by

rose cane after planting for easy establishment. Subsequent irrigation was continued through drip irrigation throughout the cropping period. The recommended fertilizer dose of 150:60:80 kg/ha with respect to N, P₂ O₅ and K₂ O were applied in split doses during the entire cropping period. N, P₂ O₅ and K₂ O were applied through Urea (46:0:0), IFFCO (18:18:18) and SOP (0:0:50) with drip irrigation at one month interval throughout the cropping period.

Harvesting of fruits started after 95 days of transplanting which continued for about eight months. Biometric observations *viz.*, yield and yield attributing parameters (number of days taken for 50% flowering, fruit length, fruit girth, average single fruit weight, number of seeds per fruit) and post-harvest parameters (duration of maximum retention of shelf life and percentage of marketable fruits) were recorded. The collected data were subjected to statistical analysis as per Sukhatme and Amble (1995).

Results and Discussion

Yield attributing characters

Application of 100 percent RDF through fertigation and mulching (T₄) significantly reduced the number of days taken for 50% flowering than other treatments including control but remained at par with treatment where 80 percent RDF is applied through fertigation and mulching. The results indicated that the minimum number of days taken for 50% flowering was 66.34 days (Table 1).

It was also revealed that the individual fruit length was significantly superior in T₄ (9.09 cm) than all other treatments observed in the trials except (T₅ 8.52 cm). T₄ (9.09 cm) and T₅ (8.52 cm) treatments were at par with each other. The fruit length was lowest in T₈ (5.46 cm) which was the control (Table 1). As

regards to the fruit girth is concerned no significant difference has been observed among treatments the fruit girth ranged between 6.74 cm to 9.23 cm.

The single fruit weight (26.13 g) was found to be significant with reference to application of 100 percent N, P and K (RDF) through fertigation and mulching (T₄) over other treatments but remained at par with treatment where 80 percent RDF was applied through fertigation and mulching (Table 1).

The data recorded on number of seeds per fruit of pointed gourd revealed that there was no significant variation in the number of seeds per fruit of pointed. However, number of seeds per fruit ranged between 11.6 and 14.68.

Post-harvest parameters

From the Table 1 it was clear that duration of maximum retention of shelf life was highest with T₄ (15.2) followed by T₅ (13.4) which were significantly different from all other treatments. Minimum duration of retention of shelf life was recorded with T₈ (7.8) which happens to be in the control. It was also seen that the percentage of marketable fruits was significantly influenced by different treatments.

The maximum percentage of marketable fruits was found to be in T₄ (83.54%) followed by T₅ (80.95%). T₄ (83.54%) and T₅ (80.95%) were significantly superior to all other treatments and remained at par with each other. Minimum percentage of marketable fruits was recorded with T₈ (63.57%).

Yield attributing characters

It is observed that fertigation and mulching might have helped to absorb more nutrients which was utilized for initiation of the flowering bud and ultimately develop the

flower within a shortest possible period thus treatments where 80 percent RDF was applied through fertigation and mulching resulted in early production of 50% flowers which resulted in early production of fruits (Fig. 1). Use of mulch and optimum nutrient application through drip resulted in enhanced source capacity and sink strength due to continuous nutrient availability with favourable moisture regime, which in turn might have influenced yield attributing characters like days to 50% flowering, number of fruits and fruit length. These findings are confirmation with the reports Choudhari and More (2002) in cucumber.

The increase in fruit length might be due to increased fertilizer and water use efficiency. Rani *et al.*, (2012) in pointed gourd noted the maximum fruit length of 10.55 cm with 100% fertigation + mulch.

As regards to the single fruit weight is concerned the treatment where 80 percent RDF was applied through fertigation and mulching resulted in production of more amounts of food materials and accumulation of the same in the fruit, thereby increasing the individual fruit weight (Fig. 2).

The results are in confirmation with the findings of Taiz and Zeiger (1991). They reported that phosphorus hastens plant energy metabolism and increases cell division, cell enlargement and ultimately yield. Grubben (1997) reported that the improved supply of plant nutrients by application of fertilizer would led to better utilization of carbon and subsequent synthesis of assimilates. These assimilates produced during photosynthesis were translocated to the various sinks which resulted in increased single fruit weight. Rani *et al.*, (2012) in pointed gourd recorded highest fruit weight (38.50 g/fruit) and average fruit weight per vine (6.31 kg) with 100% fertigation + mulch.

Fig.1 Effect of graded doses of fertigation and mulching on number of days to 50 % flowering of pointed gourd

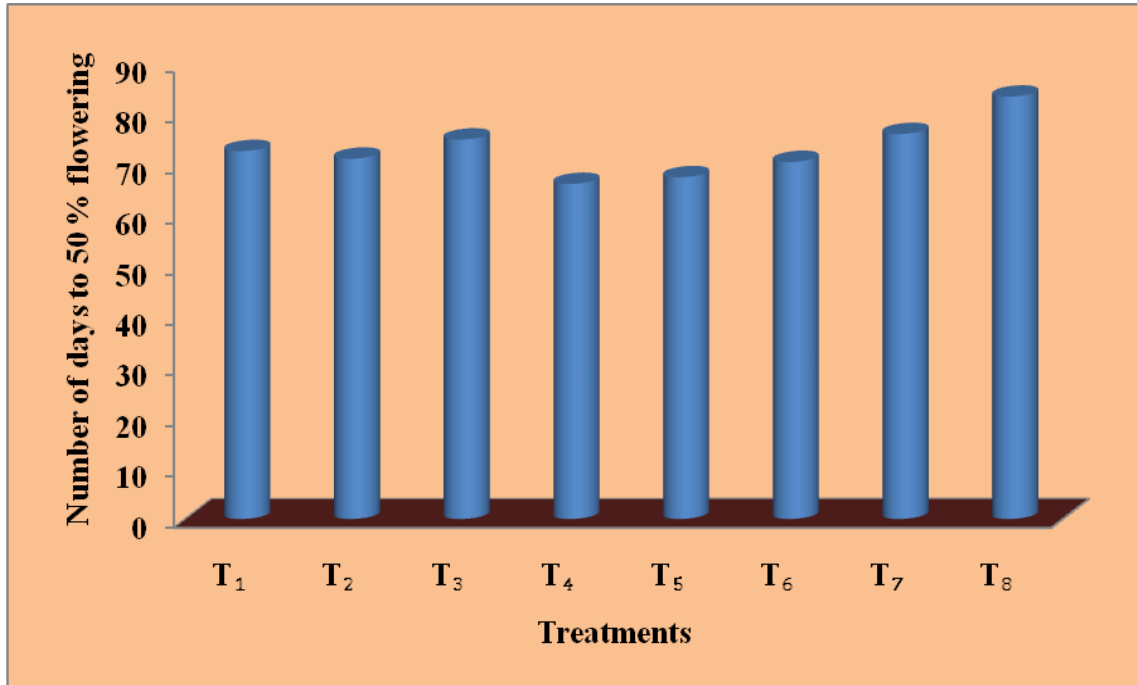


Fig.2 Effect of graded doses of fertigation and mulching on single fruit weight (gm) of pointed gourd

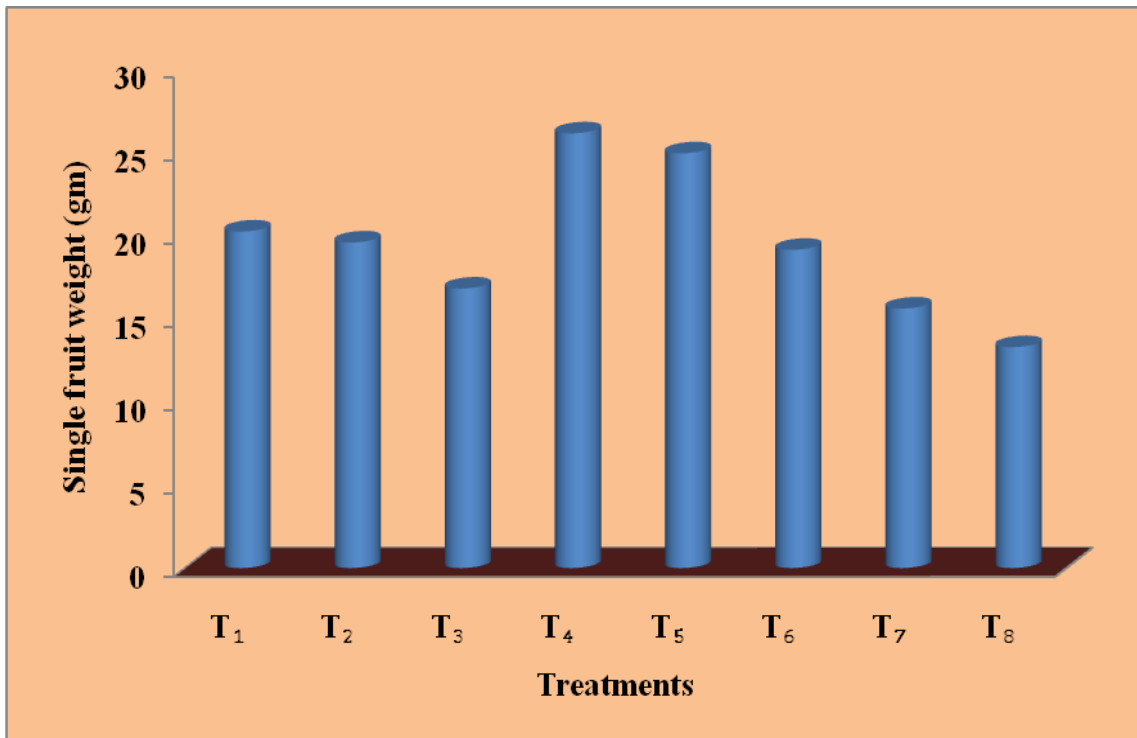


Fig.3 Effect of graded doses of fertigation and mulching on duration of maximum retention of shelf life of pointed gourd

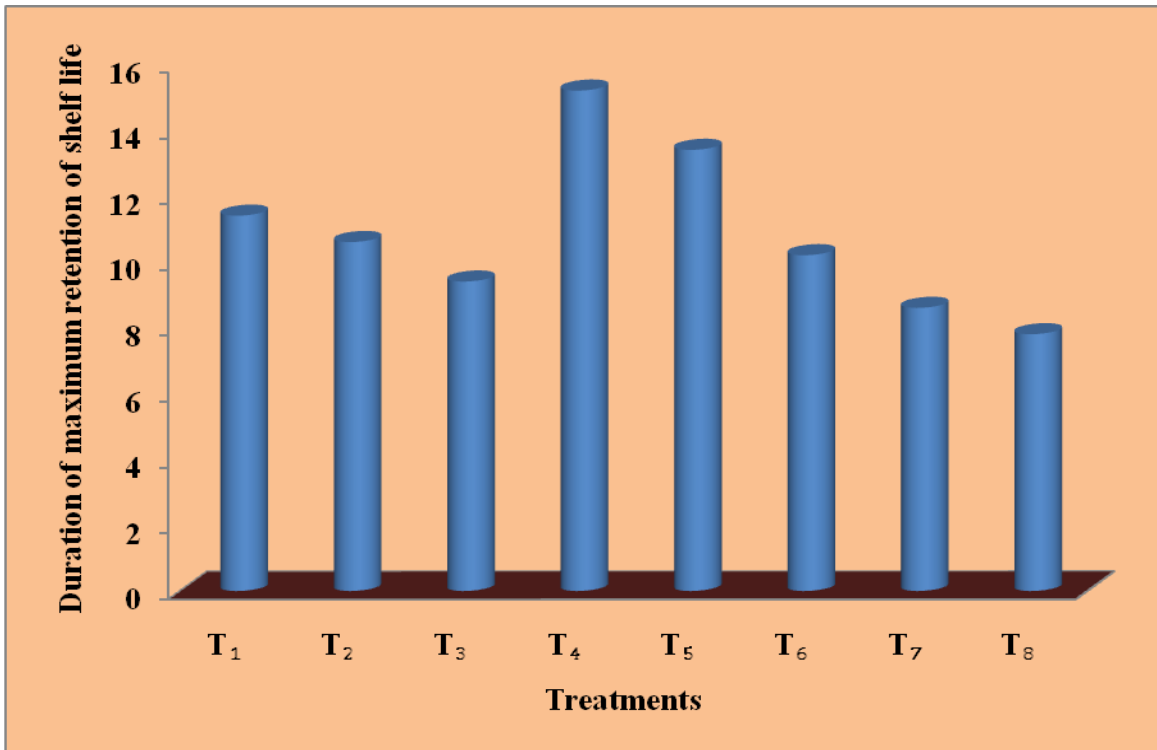


Fig.4 Effect of graded doses of fertigation and mulching on percentage of marketable fruits of pointed gourd

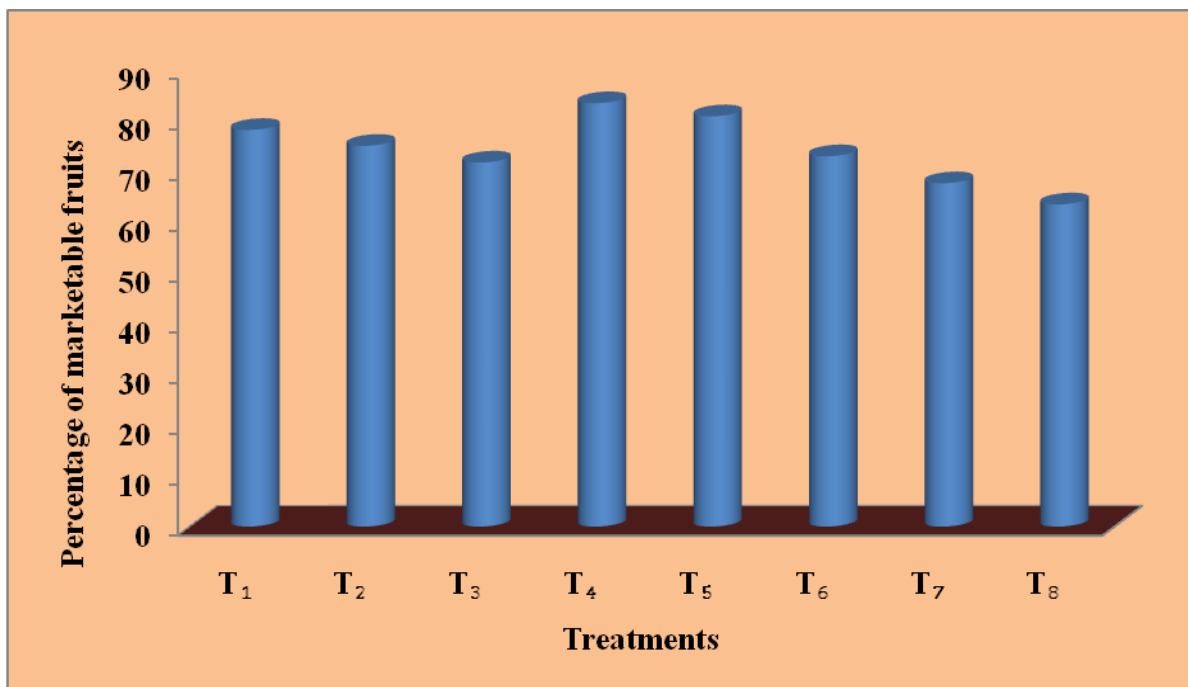


Table.1 Effect of graded doses of fertigation and mulching on number of days to 50% flowering, length of fruit, girth of fruit, single fruit weight, number of seeds per fruit, duration of maximum retention of shelf life and percentage of marketable fruits of pointed gourd

Treatment		Number of days to 50 % flowering	Length of fruit (cm)	Girth of fruit (cm)	Single fruit weight (g)	Number of seeds/ fruit	Duration of maximum retention of shelf life	Percentage of marketable fruits (%)
T ₁	Fertigation with 100% RDF	72.84	7.92	8.47	20.23	13.28	11.4	78.26
T ₂	Fertigation with 80% RDF	71.33	7.58	8.17	19.57	12.33	10.6	75.12
T ₃	Fertigation with 60% RDF	75.12	6.87	7.55	16.8	14.68	9.4	71.83
T ₄	Fertigation with 100% RDF + mulching	66.34	9.09	9.23	26.13	11.6	15.2	83.54
T ₅	Fertigation with 80% RDF + mulching	67.66	8.52	8.81	24.93	14.53	13.4	80.95
T ₆	Fertigation with 60% RDF + mulching	70.68	7.19	7.8	19.13	13.4	10.2	73.07
T ₇	Drip irrigation + RDF in soil application	76.21	6.43	7.27	15.6	13.73	8.6	67.74
T ₈	Irrigation in furrow without mulching + RDF in soil application	83.62	5.46	6.74	13.28	12.15	7.8	63.57
Mean		72.97	7.38	8.00	19.45	13.21	10.8	74.26
SEm (±)		0.80	0.20	0.49	0.57	0.67	0.62	1.65
CD (0.05)		2.43	0.61	NS	1.75	NS	1.88	5.02
CV		1.90	4.73	10.80	5.15	8.86	9.96	3.86

Production of nucleoproteins, enzymes and high-energy bonds due to application of phosphorus as well as more auxin production in the presence of higher dose of nitrogen might have resulted in higher fruit weight as reported by Rahul *et al.*, (2010) in cucumber. This result is in general agreement with those reported by Ram *et al.*, (2013) in pointed gourd, Shinde *et al.*, (2010), Gupta *et al.*, (2014), Aniekwe and Anike (2015) and Sikarwar and Hardaha (2016) in cucumber, Meenakshi *et al.*, (2007) and Hari and Devi (2016) in bitter gourd, Alenazi *et al.*, (2015) in muskmelon.

Post-harvest parameters

Duration of maximum retention of shelf life and highest percentage marketable fruits after a fortnight of storage was recorded in the

treatment with 100 percent RDF applied through fertigation and mulching which was significantly superior to other treatments but remained at par with treatment where 80 percent RDF was applied through fertigation and mulching (Fig. 3 and 4). The shelf life has been increased because of the combined effect of optimum utilisation of nutrients and water by the pointed gourd plants through fertigation and mulching in a sustainable manner and thus the shelf life and percentage marketable fruits were increased. The results are in confirmation with Arancibia and Motsenbocker (2008) in watermelon, Rajasree and Pillai (2012) in bitter gourd and Kapoor *et al.*, (2014) and Savita *et al.*, (2017) in cauliflower.

It can be summed up that highest yield, yield attributing characters and post-harvest shelf

life parameters like number of days taken for 50% flowering, length of fruit, single fruit weight, duration of maximum retention of shelf life, percentage of marketable fruits etc. of pointed gourd could be achieved by application of 100% RDF through fertigation and mulching but it remained at par with treatments where 80% RDF was applied through fertigation and mulching.

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