Original Research Article

Comparative Study of Conventional Staining Techniques, Quantitative Buffy Coat, Immunochromatography Methods and Molecular Methods (Gene Amplification) for Diagnosis of Malaria

K.S. Vaisakhi¹*, Sujatha Kolla² and Achut Rao²

¹Dr. V. R. K. Medical College, STAR Hospitals, Hyderabad, Telangana, India
²RVMIMMS Medical College, Hyderabad, Telangana, India
*Corresponding author

ABSTRACT

The study showed that the immunochromatography assay tests were reliable and easy to use. Blood samples were collected from 175 patients presenting with typical features suggesting clinical malaria. These blood samples were subjected to various test which included thin and thick smears stained with JSB, Giemsa, Leishman, Fields stain and the other methods employed which included Arcidine orange staining, Quantitative Buffy Coat methods, immunochromatography strips – optimal and para HIT – f. Assay are used. Gene amplification technique (Polymerase chain reaction) was used. However, RDTS are more suited for investigator / health workers in situations where health services are different (or) absent. RDT’s in conjunction with microscopy should improve diagnosis of malaria, thus likely to contribute greatly to an effective control of malaria in resource poor countries.

Keywords
Microscopy, Quantitative buffy coat, Immunochromatography, PCR.

Introduction

Malaria is said to be the oldest disease in the world, as from Egypt, Indonesia, and China. Malaria means bad air. It is the one of the most important parasitic disease of humans affecting hundred and three endemic countries with a population over 2.5 billion people and causing between 1 and 3 million deaths every year worldwide. There has been a resurgence of the disease in many parts of the tropics.

In addition, there is continuing spread of drug resistant malaria especially of Plasmodium falciparum and Plasmodium vivax throughout South Asia, Western Pacific Central and South America. Due to this magnitude of drug resistance in India, the incidence of complicated forms of malaria increased. There is a compelling reason to justify the implementation of a rapid malaria diagnostic test in field. Diagnosis must therefore be immediate in order to provide proper treatment and prevent complications. Many rapid diagnostic methods have been introduced by the laboratories which would help in early diagnosis and thereby decrease the morbidity in endemic countries.

The WHO³³, ³⁴, ³⁵ has initiated a project term as Role Back Malaria (RBM) to coordinate global actions. In view of the above criteria,
the present study titled “Comparative Study of Conventional Staining Techniques, Quantitative Buffy Coat, immunochromatography Methods for Diagnosis of Malaria” was carried out in the Department of Microbiology at S. R. R. I. T. C. D. (Sir Ronald Ross Institute of Communicable Diseases), Nallakunta, under Osmania Medical College, Hyderabad.

Aims of the study are to compare the results of rapid diagnostic method with the conventional microscopy as it is the gold standard for diagnosis of malaria and to determine the sensitivity and specificity of various diagnostic methods and judge them and their usage in diagnosis and early treatment of the cases to prevent complications.

Materials and Methods

A total of 200 cases of fever were diagnosed by peripheral smear examination and blood samples were collected from patients attending S. R. R. I. T. C. D (Sir Ronald Ross Institute of Communicable Diseases), Nallakunta, under Osmania Medical College, Hyderabad.

Smear

Scratch free slides, lancet, Microscope, Cedar wood oil, Reagents for staining (Jaswant Singh Bhattacharjee (JSB), Leishman stain, Geimsa stain, Field’s stain. The procedure is from Chaterjee K.D⁵, Cheesbrough⁷ with the techniques reference. Jaswant Singh Bhattacharjee (JSB): In-house the stain has been prepared following the preparation protocol.

OptiMAL rapid malaria tests

Immunochromatography is based on the capture of parasite antigen from peripheral blood using monoclonal antibodies prepared against malarial antigen target and conjugated to either liposome containing selenium dye or gold particle in a mobile phase. 2\textsuperscript{nd} and 3\textsuperscript{rd} capture monoclonal antibody applied to a strip of nitrocellulose acts as an immobile phase. The labelled antigen is to be captured by the monoclonal antibody of the immobile phase, producing coloured line.

The key enzyme regulating the energy metabolism of malarial parasite produce by sexual and asexual stages and is immunologically and structural different from host LDH. Only live parasites produce pLDH.

Sample material

Capillary blood collected by veni puncture.

Fresh blood collected by veni puncture.

Sample tubes containing anti-coagulant (EDTA) heparin.

Kit contents: Dip sticks

Conjugate wells

Wash well holder

Buffer

Lancets

Disinfectant wads

These should be store at 2 -8°C.

Test procedure

The kit should be allowed to reach the room temperature before use.

A dipstick from the container was taken and patients’ identification was written on the label. (Hold always the dipstick by the label, do not touch the reaction field).
One conjugate was placed and washed well in the holder.

One drop of buffer (approximately 20ml) was dispensed into the conjugate well and 4 drops (approximately 80ml) into the wash well. Allowed to stand for 1 minute.

Aseptically the skin surface of the finger tip was cleaned with the disinfectant load, let to dry, the lateral part of the finger tip was pricked with the lancet. The load and the sterile lancet were discarded into a suitable waste container.

While gently squeezing the tube, the open end was immersed in the blood drop and then gently the pressure was released to draw blood into the pipette. When using whole blood, blood from the collection tube was drawn into the pipette.

One drop of blood (approximately 10µl) was added into the conjugate well. Mixed gently with the stirrer or the same pipette (upper end). Allowed to stand for 1 minute, (the pipette was discarded into a suitable waste container). The approximate dipstick was placed vertically into the conjugate well and let it in the well for 10 minutes (the blood migrates towards the filter pad and the control band will appear progressively).

The dipstick was transferred from the wash well and the reactions were read.

The used dipstick was kept for future reference and post treatment monitoring.

ParaHIT-f

The malaria antigen test contains a membrane strip which is precoated with one monoclonal antibody as two separate lines across a test strip.

The monoclonal antibody (test line) is specific to the histidine rich protein of *P. falciparum* and another line which acts as control has goat anti-mouse antibody.

**Kit contains: Malaria antigen test kit**

Test strip.

Assay buffer.

**Specimen collection and storage**

Finger prick (venous blood) using lancet. Whole blood into collection tube (Containing EDTA, citrate or heparin) by venipuncture.

Specimen not done immediately – refrigerated at 2-8 degrees Celsius, not more than 3 days, used within 3 days.

**Test procedure**

Dispense 5ml of whole blood on the white sample pad allow blood to absorb into the sample pad for 60 seconds.

Dispense 300ul of assay buffer into a test tube.

Allow it to for 10 minutes.

Read the test strip after the blood colour has cleared 10 minutes.

Positive – presence of two colour bands indicates positive result for *P. falciparum* and control band.

Negative if no control band appears.

Invalid if only *P. falciparum* band appears.

**Polymerase Chain Reaction: Gene amplification**

PCR involves denaturation of DNA to from single DNA followed by annealing to allow binding of complementary strands of DNA
fragments to 5 and 3 primers and finally primer extension catalysed by thermostable taq polymerase.

Each 1 parasite in 1 ml can be detected with this test. Highly sensitive and specific, requires equipment and trained personnel.

Venous blood is collected with EDTA and stored at 4 degrees Celsius until test done.

**Material: Extraction of DNA from infected RBC’s**

Infected erythrocytes

PBS (phosphate buffered saline).

5% saponin solution.

Lysis buffer (40mu tris HCL, 80mu EDTA, 2% SDS, 0. 1mg/ml, proteinase K).

The proteinase K was added just before using the buffer.

Phenol equilibrated with 0. 1uTris HCL.

Chloroform (removal of phenol).

RNase (RNase-it is a ribonuclease cock tail).

3u sodium acetate.

Absolute ethanol (helps in precipitation of DNA)

70% ethanol (wash DNA (remove of salt)).

TE Buffer (10mu Tris-HCL; 1mu EDTA).

Primer from MGW company was taken. The primers for PCR procedure were chosen such that 5 primer was plasmodium conserved while the 3 primer were species specific.

Pf = A1 A1 (ATCAGCTTTTGATGTTAG GTATT) A1 291 (GCTTATATTTGTATC TTTGAGC)

Pv = A1 A1 (ATCAGCTTTTGATGTTAG GTATT) A1 292 (TTCGCTTTTTCATACTGT)

**Procedure**

Centrifuge the infected RBC at 3000xg for 2 minutes each cells once in cold PBS.

Resuspended cells from and microfuge tube (1. 7ml) in 1ml of PBS.

10ul of 5% of saponin (for a final conc. 0. 05%) was added and gently mixed.

Immediately centrifuge at 6000xg for 5 minutes. The supernatant was removed to the 25ul of lysis buffer and 75ul of distilled water.

Incubated at 37 degrees Celsius for ~ 3 hours with intermittent stirring by hand.

100ul of distilled H2O, then 200ul of phenol was added. Mixed well and centrifuged at 12,000 rpm for 8 minutes.

Extracted with phenol and chloroform as above.

The genomic DNA was precipitated by adding 1/10 volume of sodium acetate and 2. Five volume of absolute ethanol for a couple of hours or overnight at -20 degree Celsius. The DNA can be stored this way as well.

The precipitate was centrifuged for 30 minutes at 4 degrees Celsius, wash gently once with 70% ethanol, dry in speed-vac and gently resuspend the pellet in 25-100ul of distilled water, depending on its size.
The DNA concentration was determined at OD 260, 2ml of culture may yield ~2ug of genomic DNA runs as a high molecule weight, somewhat broad, band and is this unsheared and free of DNA.

PCR is set up with conditions.

Hot start - 95-1

Denaturation, Annealing, Extension, Further extension.

Agarose gel was set with 0. 8%.

4 gms of agar powder + 1 x TAE (Tris Acetate EDTA) in 50 mi.

The mixture was placed in oven or heated for 2 minutes and set it in a tray with well stand and it will set in ½ hr. Take out well stand and the DNA ladder was loaded in the 1st well and samples in other wells and the gel was run.

Results and Discussion

A total of 200 patients presenting with history of fever attending malaria clinic at Sir Ronald Ross Institute of Tropical and Communicable disease, Hyderabad were studied.

Among the patients there were 120 males, 80 females maximum number of cases were falling in the age group ranging from 16yrs to 60 yrs with mean age 24 to 48yrs (Tables 2).

Blood samples were collected from 175 patients presenting with typical features regarding clinical malaria were subjected to various tests which included thin and thick smears stained with Jaswant Singh Bhattacharjee, Giemsa, Leishman, Field’s stain other methods employed for comparative study includes Acridine orange staining, Quantitative buffy coat method, Immunochromatography strips -OptiMAL and paraHIT –f assay are used. Gene amplification technique (Polymerase chain reaction) used (only 49 samples including I sample a negative control).

Of 200 samples taken from study who have been attending malaria clinic at S. R. R. I. T. C. D. 175 samples have been diagnosed clinically positive for malaria.

Demonstration of Malaria parasite in peripheral blood smears stained by JSB (Jaswant Singh Bhattacharjee) after thorough microscopic examination, was taken as the gold standard for definitive diagnosis of malaria

Conventional technique

Park 24of the 175 clinical positive cases 171(97. 7%) of samples have been diagnosed by microscopy.

Out of which 92(53. 8%) were found to be Plasmodium vivax 57(34. 7%) were found to be Plasmodium falciparum and 15(8. 7%) were mixed infection (both Pv and Pf were identified) the sensitivity 97.7% specificity 92% positive and negative predictive values are 98.8% and 85% respectively.

Acridine orange staining

Staining the blood smears with fluorescence dyes is a widely used procedure and has been recognised as a rapid and sensitive method. This technique has been found to be as sensitive as thick film preparation. This method is good for rapid screening.

Of 171(97. 7%) positive smears, 97(56.7) were found to be Plasmodium vivax and 74 (43. 2%) were found to be Plasmodium falciparum. By this method it is difficult to segregate the mixed infection. The sensitivity aggregated the mixed infection. The
sensitivity 97.7% and specificity 88% and positive and negative predictive values are 98.2% and 84.6% respectively.

Quantitative Buffy Coat fluorescing method is the more technically demanding and requires specialised equipment to separate the cell layers by centrifugation and good fluorescent microscopy. The results are as following:

Out of 175 clinically positive cases, 172 (93.2%) positive by QBC method, 90(54.5%) of which were found to be *Plasmodium falciparum* and 11(6.4%) were found to be mixed infection (both Pv and Pf). The sensitivity was 98.2% and specificity 84% and positive, negative predictive values are 97.7% and 87.5% respectively.

**Immunochromatography assay**

**Histidine rich protein 2 detection kit**

It was the first antigen to be used to develop a rapid diagnostic test kit. The commercial kit used to detect this antigen is paraHIT –f (Span diagnostic Ltd).

Humar *et al.*,10, and Pieroni *et al.*, investigated on ParaSIGHT f test specificity and sensitivity.

Wongarichanalai *et al.*,30, Shiff *et al.*, Karbwang *et al.*, assessed ICT and studied the sensitivity and specificity of HRP-2 Kit.

74 (93.6%) samples were found to be positive for *Plasmodium falciparum*. A total of 79 (45.1%) smear were confirmed for mixed infection along *Plasmodium falciparum*. The sensitivity and specificity are 93.6% and 92% respectively. The positive predictive value is 97.3% and negative predictive value is 82%.

**OptiMAL (Parasite lactate dehydrogenase detection kit)**

This test can be of clinical relevance. Different isomers of pLDH for each of four plasmodium species infecting humans exist and their detection constitutes a 2nd approach for rapid diagnostic test (RDT) development. The commercially available kit optiMAL (Flow Inc. Portland orreg) was used in this study.

John *et al.*,13 and Hunt-Cooke *et al.*,11 confirmed the sensitivity and specificity of optiMAL.

Palmer *et al.*,16,23, Fryauff *et al.*,6, Mills *et al.*,18, Jelinek *et al.*,12, Tjitra *et al.*, Eisen and Saul worked on the sensitivity and specificity of ICT test.

OptiMAL has showed 17.3 (98.8%) positive cases of the clinically positive 175 cases. It could identify a few cases which could not be identified by microscopy due to low parasitemia. 75 (43.3%) were *Plasmodium vivax*, 98 (56.8%) were *Plasmodium falciparum*. Mixed infection could not be differentiated because the pan specific band consists of isomers of pLDH of all the four species. The sensitivity, specificity, positive, negative and predictive values are 98.8%, 92%, 98.8% and 92% respectively.

**Table.1 Field’s stain contain 2 solutions**

<table>
<thead>
<tr>
<th>Solution - A</th>
<th>Solution - B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Methylene blue – 0. 8 gms</td>
<td>Eosin (yellow eosin) - 1gm.</td>
</tr>
<tr>
<td>Azure I (Azure B) – 0. 5 gms</td>
<td>Disodium hydrogen phosphate – 5gms.</td>
</tr>
<tr>
<td>Disodium hydrogen phosphate – 5gms.</td>
<td>Potassium dihydrogen phosphate – 6. 25gms</td>
</tr>
<tr>
<td>Potassium dihydrogen phosphate – 6. 25gms.</td>
<td>Distilled water 500ml.</td>
</tr>
<tr>
<td>Distilled water 500ml</td>
<td></td>
</tr>
</tbody>
</table>
Table 2: Total number of cases and gender variation

<table>
<thead>
<tr>
<th>Total cases</th>
<th>No. of Males</th>
<th>No. of Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>200</td>
<td>120</td>
<td>80</td>
</tr>
</tbody>
</table>

Table 3: Smear examination with JSB

<table>
<thead>
<tr>
<th>Method</th>
<th>No. of smear examined</th>
<th>Positive for <em>Plasmodium vivax</em></th>
<th>Positive for <em>Plasmodium falciparum</em></th>
<th>Mixed infection</th>
<th>Total Positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>JSB</td>
<td>175</td>
<td>92(53.8%)</td>
<td>64(37.4%)</td>
<td>15(8.7%)</td>
<td>171(97.7%)</td>
</tr>
</tbody>
</table>

Table 4: Smear examination with Acridine Orange

<table>
<thead>
<tr>
<th>Method</th>
<th>No. of smear examined</th>
<th>Positive for <em>Plasmodium vivax</em></th>
<th>Positive for <em>Plasmodium falciparum</em></th>
<th>Total positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acridine Orange</td>
<td>175</td>
<td>97(56.7%)</td>
<td>74(43.5%)</td>
<td>171(97.7%)</td>
</tr>
</tbody>
</table>

Table 5: Smear examination with QBC

<table>
<thead>
<tr>
<th>Method</th>
<th>No. of smear examined</th>
<th>Positive for <em>Plasmodium vivax</em></th>
<th>Positive for <em>Plasmodium falciparum</em></th>
<th>Mixed infection</th>
<th>Total positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>QBC</td>
<td>175</td>
<td>90(54.5%)</td>
<td>71(41.2%)</td>
<td>11(6.4%)</td>
<td>172(98.2%)</td>
</tr>
</tbody>
</table>

Table 6: Smear examination with HRP-2

<table>
<thead>
<tr>
<th>Method</th>
<th>No. of smear examined</th>
<th>Positive for <em>Plasmodium vivax</em></th>
<th>Positive for <em>Plasmodium falciparum</em></th>
<th>Total positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>HRP-2</td>
<td>175</td>
<td>-</td>
<td>74(93.6%)</td>
<td>79(49.1%)</td>
</tr>
</tbody>
</table>

Table 7: Smear examination with OptiMAL

<table>
<thead>
<tr>
<th>Method</th>
<th>No. of smear examined</th>
<th>Positive for <em>Plasmodium vivax</em></th>
<th>Positive for <em>Plasmodium falciparum</em></th>
<th>Total positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>OptiMAL</td>
<td>175</td>
<td>75(43.3%)</td>
<td>98(56.6%)</td>
<td>173(98.8%)</td>
</tr>
</tbody>
</table>

Table 8: Smear examination with PCR

<table>
<thead>
<tr>
<th>Method</th>
<th>No. of smear examined</th>
<th>Positive for <em>Plasmodium vivax</em></th>
<th>Positive for <em>Plasmodium falciparum</em></th>
<th>Total positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>PCR</td>
<td>175</td>
<td>87.5(50%)</td>
<td>86.5(49.42%)</td>
<td>174(99.42%)</td>
</tr>
</tbody>
</table>

Table 9: Comparative study of different detection methods

<table>
<thead>
<tr>
<th>Method</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Positive predictive</th>
<th>Negative predictive</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microscopy</td>
<td>97.7%</td>
<td>92%</td>
<td>98.8%</td>
<td>85%</td>
</tr>
<tr>
<td>Acridine orange</td>
<td>97.7%</td>
<td>88%</td>
<td>98.2%</td>
<td>84.6%</td>
</tr>
<tr>
<td>QBC</td>
<td>98.2%</td>
<td>84%</td>
<td>97.7%</td>
<td>87.5%</td>
</tr>
<tr>
<td>ParaHIT-f</td>
<td>93.6%</td>
<td>92%</td>
<td>97.3%</td>
<td>82%</td>
</tr>
<tr>
<td>OptiMAL(pLDH)</td>
<td>98.8%</td>
<td>92%</td>
<td>98.8%</td>
<td>92%</td>
</tr>
<tr>
<td>PCR</td>
<td>98%</td>
<td>100%</td>
<td>99.9%</td>
<td>96.1%</td>
</tr>
</tbody>
</table>
**Table 10**

<table>
<thead>
<tr>
<th>Studied by</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Predictive positive</th>
<th>Values negative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gay F</td>
<td>93.8%</td>
<td>99.8%</td>
<td>99.3%</td>
<td>98.3%</td>
</tr>
<tr>
<td>David J. K Purnomo et al.</td>
<td>99.6%</td>
<td>81.7%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Ololo et al.</td>
<td>98%</td>
<td>84%</td>
<td>97%</td>
<td>98%</td>
</tr>
<tr>
<td>Wang et al.</td>
<td>87.2%</td>
<td>95%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Gaye O et al.</td>
<td>100%</td>
<td>83.6%</td>
<td>93.4%</td>
<td>100%</td>
</tr>
<tr>
<td>Nandwani S et al.</td>
<td>97.5%</td>
<td>100%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Present study</td>
<td>98.2%</td>
<td>84%</td>
<td>97.7%</td>
<td>87.5%</td>
</tr>
</tbody>
</table>

**Table 11**

<table>
<thead>
<tr>
<th>Studied by</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Predictive positive</th>
<th>Values negative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tarimo DS et al.</td>
<td>94.1%</td>
<td>100%</td>
<td>100%</td>
<td>94%</td>
</tr>
<tr>
<td>Present study</td>
<td>97.7%</td>
<td>88%</td>
<td>98.2%</td>
<td>84.6%</td>
</tr>
</tbody>
</table>

**Table 12**

<table>
<thead>
<tr>
<th>Studied by</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Predictive positive</th>
<th>Values negative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Humar et al.</td>
<td>100%</td>
<td>98%</td>
<td>95.4%</td>
<td>100%</td>
</tr>
<tr>
<td>N. Singh et al.</td>
<td>93%</td>
<td>92.5%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Valecha N et al.</td>
<td>98.5%</td>
<td>97.1%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Palmer CJ et al.</td>
<td>94%</td>
<td>88%</td>
<td>88%</td>
<td>99%</td>
</tr>
<tr>
<td>Pinto MJW et al.</td>
<td>100%</td>
<td>84.5%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Jelinck H et al.</td>
<td>92.5%</td>
<td>98.5%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Wongchai S et al.</td>
<td>97.2%</td>
<td>96.3%</td>
<td>77.8%</td>
<td>99.6%</td>
</tr>
<tr>
<td>Guthman JD et al.</td>
<td>97%</td>
<td>88%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Pinto MJ et al.</td>
<td>88%</td>
<td>100%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Present study</td>
<td>93.6%</td>
<td>92%</td>
<td>97.3%</td>
<td>8.2%</td>
</tr>
</tbody>
</table>

**Table 13**

<table>
<thead>
<tr>
<th>Studied by</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Predictive positive</th>
<th>Values negative</th>
</tr>
</thead>
<tbody>
<tr>
<td>C J Palmer et al.</td>
<td>94%</td>
<td>88%</td>
<td>88%</td>
<td>99%</td>
</tr>
<tr>
<td>Mills CD et al.</td>
<td>88 – 90%</td>
<td>96 – 97%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Jelinck H et al.</td>
<td>88.5%</td>
<td>99.4%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Mason DD et al.</td>
<td>86.2%</td>
<td>76.9%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Valecha N et al.</td>
<td>61.8%</td>
<td>100%</td>
<td>100%</td>
<td>71.8%</td>
</tr>
<tr>
<td>C J Palmer et al.</td>
<td>98%</td>
<td>100%</td>
<td>100%</td>
<td>99%</td>
</tr>
<tr>
<td>Present study</td>
<td>98.8%</td>
<td>92%</td>
<td>98.8%</td>
<td>92%</td>
</tr>
</tbody>
</table>

**Table 14** Comparison of PCR studies for *P. falciparum*

<table>
<thead>
<tr>
<th>Studied by</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Predictive positive</th>
<th>Values negative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gaye O et al.</td>
<td>100%</td>
<td>72.2%</td>
<td>89.4%</td>
<td>100%</td>
</tr>
<tr>
<td>Trisophon W et al.</td>
<td>92%</td>
<td>100%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>S Nandwani et al.</td>
<td>96.8%</td>
<td>100%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Present study</td>
<td>98%</td>
<td>100%</td>
<td>99.9%</td>
<td>96.1%</td>
</tr>
</tbody>
</table>
Polymerase chain reaction

In this study, 175 clinically positive cases samples which are smear positive were subjected to PCR analysis, one known negative control was included.

Srinivasan et al., 19 studied that PCR detected DNA from blood of the patients who were suffering from malarial infection.

Quitana et al., studied the comparison of microscopy and PCR. Tagger and Jensen cultivate the parasite in vivo in the medium.

Of the 175 samples subjected to PCR analysis 87.5(50%) were *Plasmodium vivax* and 86.5(49.4%) were *Plasmodium falciparum*. The sensitivity was 98% specificity 100% and positive, negative predictive values are 99.9% and 96.1% respectively.

On comparison of the various methods used in the study, the following results have been observed.

Since the negative predictive value of a specific indicator of the efficacy test. It was found that pLDH optiMAL test showed the highest negative predictive value indicating that the test is most reliable in diagnosing this disease. The resurgence of malaria has renewed interest in developing not only preventive measures, but also rapid diagnostic techniques. Several methods have been developed to supplement and replace the conventional microscopic method of diagnosis. The most promising new malarial diagnostics are the immunochromatographic assays for detecting HRP -2 and pLDH, Quantitative Buffy Coat, Acridine orange and Polymerase chain reaction. Microscopic examination of blood films is accepted as current universal gold standard for diagnosis of malaria.

The blood film is still the only widely available result against which the newer methods for diagnosis of malaria can be compared, even though microscopy continues to be method of primary choice for enumeration of parasites in blood film.

In this study the sensitivity, specificity, positive predictive value, negative predictive values of microscopy are 97.7%, 92%, 98.8%, and 85% of which is taken us standard comparable findings.

All the results of the present study are compared with the conventional method.

Moody et al., 19 studied about the possibility of replacing microscopy with ICT kits.

Comparison of quantitative buffy coat results

Comparison of results of acridine orange staining

In my study, both Quantitative Buffy Coat and in house prepared Acridine Orange staining were comparable and their sensitivity and specificity, positive negative predictive values were in concurrence.

The acridine orange staining technique was useful for rapid screening but speciation was difficult in few cases and mixed infections could not be differentiated. The limitation of the Acridine orange method is usage of fluorescent microscope or paralens with UV attachment.

Comparison of Histidine rich protein -2

The limitation of this method is as Histidine rich protein -2 is produced only by the *Plasmodium falciparum* only P. f can be detected.
Comparison of parasite lactate dehydrogenase enzyme

This test is more of clinical importance as this test detects pLDH from the live parasites only. The results of various studies mentioned above concurrence with results of present study. This kit could diagnose a few cases which are not detected due to low parasitemia by microscopy.

In this study only 175 cases have been studied, out of which 1 negative sample was taken as control. PCR has been claimed to the theoretically capable of detecting the presence of less than 5-10 parasites in microlitre of blood. This technique is labour intensive and requires high level expertise and standardisation. PCR analysis was many time costlier, varying techniques used for extraction of DNA and source of printer. Hence PCR is now being used mostly for research purposes is very few centres.

Malaria being an endemic diseases in India and emerging disease in other countries in response, the WHO launched the Roll Back Malaria initiative, which has emphasized on early detection of malaria, in which kit methods have been given much importance and which comparable to conventional techniques.

Blood samples were collected from 175 patients presenting with typical features suggesting clinical malaria. The study showed that the immunochromatography assay tests were reliable and easy to use. Thus, this RDT is an appropriate test for the use in the field by paramedical staff when laboratory facilities are not available are thus likely to contribute greatly to an effective control of malaria in resource poor countries.

RDT’s in conjunction with microscopy should improve diagnosis of malaria. However, RDTS are more suited for investigator / health workers in situations where health services are different (or) absent.

In conclusion, this study investigated the use of non – microscopic, rapid optiMAL test is the best kit method. The performance of the test was adequate and the results obtained were correlated well with those obtained by microscopy.

The advantages of optiMAL test when compared with other methods are:

- Availability of rapid results (10-15 mins).
- Relative, simplicity compared with microscopy.
- Can be used by relatively in experienced persons.

It is of clinical relevance.

Therefore, it is reasonable to consider future use of RDT’s as an epidemiological too for the rapid screening of malaria. Where possible if microscopy and the RDT’s can both be used together, the chance of missing the diagnosis of malaria will be remote. Hence it is suggested the RDT’s also may be supplied to malaria clinics and their use is encouraged.

Molecular techniques are sensitive, accurate and specific but expensive and require expert knowledge hence their practical application is restricted in our country.

References

2. Cheesebrough; District laboratory practices in tropical countries 239-258.


8. Gaye O et al., Parasite 1999; A comparsion of thick smear, QBC, PCR and path falciparum malaria test strip in *P. falciparum* diagnosis.


22. Palmer C. L., *et al.*, Evaluation of the optimal test for rapid diagnosis of *Plasmodium vivax* and *Plasmodium*


29. Tarimo DS, 2001. Malaria diagnosis and treatment under the strategy of the integrated management of childhood illness relevance of lab support from the rapid immunochromatographic tests of ICT Malaria *P. falciparum* and *Plasmodium vivax* and optiMAL. *Ann. Trop Med parasitol*,


34. World Health Organization basic malaria microscopy Geneva; 1991 part IP. 17-68.


How to cite this article: