

Review Article

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## Vegetable Improvement in India; Recent Past, Present and Future: A Review

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### ABSTRACT

Vegetables are considered as protective food because of various vitamins, minerals and antioxidants present in them. In India systematic vegetable improvement work was started in the 1970's and since then India has improved tremendously in terms of vegetable production with respect to world ranking and ranks 2<sup>nd</sup> after China. Almost all the varieties of public domain have been evolved with various special characteristics through conventional breeding approach but with the recognition of various biotechnological tools for genetic improvement of crops, emphasis is being given on the integrated approach of vegetable improvement. As conventional breeding approach of improvement has been realized a slow process of genetic improvement which improves genome in an uncontrolled fashion with more number of generations to assemble and fix the desirable traits while, biotechnological approach allow introgression of a single distinct gene without linkage drag. Although various biotechnological tools have their own limitations also so present day need of improvement is based on a multidisciplinary and coordinated approach where conventional and non-conventional approaches will be combined.

#### Keywords

Vegetable,  
Conventional  
breeding,  
Malnutrition,  
Introgression and  
multidisciplinary.

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### Introduction

Vegetables are considered essential for well-balanced diets since they supply vitamins, minerals, dietary fiber, and phytochemicals (Dias, 2013). Considering food and nutritional security vegetables play an important role in Indian agriculture. They are commonly called "protected food" because of their protective effects against degenerative diseases. Vegetables are considered as nutraceutical food of the century (Rahal *et al.*, 2014). Almost every vegetable is a source of specific bioactive compounds like vitamins, anthocyanins, flavanoids, carotenoids and

polyphenols. All these compounds have ability in disease prevention and reduction because of their antioxidant property. According to the latest reports, vegetables are grown over 9.5 million hectare with the production of 168.30 million tonnes (Anonymous, 2016). India is the largest producer of okra among vegetables and ranks 2<sup>nd</sup> in the production of potatoes, onion, cauliflower, brinjal, and cabbage. The improvement of vegetable crops has until recently, been largely confined to conventional breeding approaches and such

programmes rely as interspecific sexual hybridization of plants which have desirable heritable characteristics and on naturally or artificially induced random mutations. Improvements may be obtained by re-assorting which has been achieved through enhancing breeding technologies by randomly induced changes and by generation of totally new possibilities through biochemical engineering (Miflin, 2000). Therefore, integration of traditional breeding methods and biotechnological tools will be an optimistic strategy for crop improvement in the future (Dias, 2012). Present review is based on various achievements which had been made through conventional approach of breeding in recent past and advances in vegetable improvement through biotechnological tools in India to provide food and nutritional security.

### **Need for Improvement**

Vegetable improvement has to address and satisfy the needs of both the consumer and the farmer (Dias, 2011). General objectives of vegetable improvement programme are different for farmers from consumers. More emphasis is being given for development of hybrids to exploit heterosis and to combine multiple diseases and stress resistance along with quality improvement of the produce to have more acceptability. Genetic improvement can be achieved through conventional as well as non-conventional approaches. In conventional breeding, progeny inherit genes for both desirable and undesirable traits from both parents. Breeders conserve desired characteristics and suppress undesirable one by repeatedly selecting meritorious individuals from each generation to be the parents of the next. In non-conventional breeding, encompasses essential all cell and tissue culture technique that assist in propagating studying and manipulating the plant gene without use of sexual cycle as well

as use of molecular markers to assist for selection of phenotype on the basis of presence or absence of molecular marker.

### **Major contributions of conventional vegetable breeding during recent past**

During the past few decades off season varieties has been developed in radish, tomato, onion, cabbage and carrot which has enabled the farmers to grow these vegetables round the year. Varieties of different vegetables which can be grown as off season has been enlisted in table 1 with special characteristics. A schedule of planting different carrot varieties presented in table no 2, with different sowing time has been prepared for year round availability of carrot (Kalia, 2015). Gynoecious sex form had been recognised from Korean gynomonocious introduction 'Shogoin' (PI 220860), as a chance segregate (Peterson, 1960). This gynocoey had been transferred into tropical varieties of cucumber and four stable tropical gynocoeious lines viz., 87-304-6, 87-316, 87-319-12 and 87-338-15 were established (More and Seshadri, 1988). A parthenocarpic tropical gynocoeious cucumber lines (PKG-1 series) were developed in Poona Khira background. Recently Pusa Seedless cucumber-6 first extra early variety has been developed which is a parthenocarpic gynocoeious cucumber and suitable for protected conditions, available at <http://icar.org.in/>. Seedless watermelon is more preferred by consumers because there is no seed to spit out. Conventional way to produce seedless watermelon is use of triploid hybrids. First seedless watermelon was Pusa Bedana which was developed by crossing Tetra-2 as female parent (4X) and Pusa Rasal as male parent (2X). Recently other varieties of seedless watermelon have been developed in India are Arka Madhura which is suitable for year round production under protected cultivation, Swarna and Shonima have been

developed by crossing a stable tetraploid line of watermelon 'KAU-CL-TETRA-1'(4X) with diploid males (2X) namely, CL-4 (red fleshed) and CL-5 (Yellow fleshed), respectively (ICAR 2015). Farmers started shifting from open pollinated varieties to F<sub>1</sub> hybrids because of their superiorities over open pollinated varieties in several vegetables like in cabbage, tomato, capsicum, cucumber, melons and cauliflower. Earlier hand emasculation and hand pollination was the most popular method of hybrid seed production but this method is not economic in the crops where very less seed will produce with each hand pollination; so the cost of hybrid seed can be brought down if practically applicable mechanisms are available to avoid selfing and maximize out crossing in the hybrid seed production field (Kumar and Singh, 2004).

Production of hybrid seed at commercial level has become economic with the availability and exploitation of several genetic mechanisms like male sterility, self-incompatibility and gynocism in several vegetable crops. In India many F<sub>1</sub> hybrids has been develop by utilizing all these mechanisms at commercial scale in few vegetable crops (table 3). There are different nutraceutical compounds present in vegetable crops (table no. 4) which can be defined as food or part of food having health benefits (DeFelice, 2002). Natural pigments present in plant tissue are called as edible colours and these include anthocyanins, betalains, carotenoids, chlorophylls.

These pigments play important metabolic functions in the plants are more frequently exploited as the source of nutraceuticals to address a number of human ailments (Grotewold, 2006). In India work is being done to exploit these bioactive compounds as well as edible colours to develop new varieties as a natural way to reduce the risk of

various chronic diseases (table 5). Different breeding methods like recurrent selection, back cross, pedigree, mutation breeding, polyploidy breeding and development of F<sub>1</sub> hybrids are suitable for enhancing nutraceuticals and edible colours. The beta-carotene content in muskmelon has increased manifold in F<sub>1</sub> hybrid (Moon *et al.*, 2002). Since long in India work is being done for the development of resistance varieties for biotic stresses as resistance varieties had been realized as a better option for sustainable crop production. Plenty of varieties were developed and has been listed by Kalloo (1998), Singh and Chaubey (2013), Meena and Meena (2014). In tomato multiple resistance for tomato leaf curl virus + bacterial wilt + early blight is at the acme of improvement. Arka Rakshak variety of tomato is a paradigm of multiple resistance breeding.

### **Biotechnology as a tool for improvement of vegetable crops: Present Need**

Mushrooming population, subsiding agricultural resources; land and water, people's concern towards quality of vegetables/food and changing climate which possess several challenges for vegetable production; conventional breeding alone which is slow mean of improvement can no longer sustain the nation's as well as global demand. So there is an urgent need to adopt modern plant breeding which is a multidisciplinary and coordinated approach of improvement where a large number of tools and elements of conventional breeding technique, genetic engineering, molecular biology, molecular genetics bioinformatics and biochemistry are utilized and integrated.

Biotechnological tool provide three major aspects of genetic improvement through genetic engineering, molecular breeding or marker assisted breeding and tissue culture.

**Transgenic or Genetically modified crop**

India ranks fourth position at global level for area under GM crop and solely covered by bt-cotton (11.6 million hectares) after USA, Brazil and Argentina (Anonymous, 2015). Although ban has been imposed on the release of first GM food crop (brinjal) in India available at Nature <http://doi.org/bkt7dh>; 2010, due to anti-GM group and public protests, albeit research is under process in several vegetable crops for enhancing nutritional value, mitigating biotic, abiotic stresses and their successful adoption is being expected in near future.

During recent past two years GM crop field trials are under practice in eight states that includes transgenic rice, cotton, maize (corn), mustard, brinjal and chickpea (Kumar, 2015). Pioneer public institutions which are working to strengthen the research under transgenic crops in India are National Centre for Plant Genome Research (NCPGR now NIPGR), ICAR- Indian Institute of Horticulture Research Hesaraghatta Bengaluru, Indian Institute of Vegetable Research, Varanasi and ICAR-Indian Institute of Agriculture Research. Transgenic tomato has been

developed by utilizing a novel gene, PjVP1 cloned from a hardy plant *Prosopis juliflora*. The selected transgenic tomato line has shown enhanced drought and salinity tolerance and had higher yield as compared to control under drought and salinity stress IIHR annual report, 2015, available at [www.iihr.res.in/content/annual-reports](http://www.iihr.res.in/content/annual-reports).

In Network Project on Transgenic Crops (NPTC), water-deficit stress tolerant transgenic tomato was developed using *AtDREB1A* gene. High level of fruit and shoot borer was observed in brinjal (*Solanum melongena*) cv. Kashi Taru plants due to high level of expression of *Cry1Aa3* protein, Annual Report IIVR, 2012-13 available at [www.iivr.org.in/annual-reports](http://www.iivr.org.in/annual-reports). Trial conducted using T<sub>4</sub> progeny of transgenic watermelon cv. Arka Manik resistance to watermelon bud necrosis virus; all the tested transgenic lines were completely resistance to the disease, IIHR Annual Report, 2012 also available at [www.iihr.res.in/content/annual-reports](http://www.iihr.res.in/content/annual-reports). ProTato which is a transgenic potato line has 48% of increased overall protein content than non-transformed potatoes due to the expression of *AMA1* gene (Chakraborty *et al.*, 2010).

**Table.1** Varieties can be grown in off season

Crop	Variety	Character
Tomato	Ostenkinskiz, Cold Set, Pusa Sheetal	Fruit set at low temperature
	Hot Set, HS 102, Pusa Hybrid 1	Fruit set at high temperature
Radish	Pusa Chetki, Pusa Desi	Made possible to grow throughout year
Onion	N 53, Agrifound Dark Red, Arka Kalyan, Baswant 780	Kharif season
Cabbage	Green Express, Green Boy, KK Cross, Pusa Ageti	Tolerance to high temperature

**Table.2** Varieties of carrot for round the year cultivation

Variety	Sowing time	Availability	Yield (q/ha)
Pusa Vrishti	July-August	October-Nov.	180-200
Pusa Meghali	August	Nov.-Dec.	220
Pusa Rudhira, Pusa Asita, Pusa Vasuda	Sep.-Oct.	Dec.-Jan.	300-350
Pusa Yamdagini, Pusa Nayanjyoti	Sep.-Nov.	Dec.-Feb.	270-320
Pusa Yamdagini	Dec.-Feb.	March-May	200-250
Pusa Yamdagini, Pusa Nayanjyoti, Nantes, Pusa Vrishti	March-April	June- July	130-150

**Table.3** Hybrids developed by exploiting genetic mechanisms

Crop	F <sub>1</sub> Hybrid	Genetic Mechanism
Cabbage	KGMR-1(Pusa cabbage Hybrid 1), KTCBH 51, KTCBH 81	Self-incompatibility
Cauliflower	Pusa Hybrid-2, Pusa Kartik Sankar	Self-incompatibility
Cabbage	KCH-5, Hybrid 991-5, Hybrid 854-6	Cytoplasmic male sterility
Cauliflower	Hybrid 8401 ×31022	Ctoplasmic male sterility
Chilli	Arka Sweta, Arka Meghna, Arka Harita, Arka Khyati, Kashi Surkh, CH-1, CH-3	Cyto genic male Sterility and Genetic male sterility
Onion	Arka Kirthiman, Arka Lalima	Cytoplasmic male sterility
Carrot	Pusa Nayanjyoti, Pusa Vasudha	Cytoplasmic male sterility
Cucumber	Solan Khira Hybrid-1, Solan Khira Hybrid-2	Gynoecious based F <sub>1</sub> hybrids

**Table.4** Different nutraceutical compounds in vegetable crops

Vegetables	Nutraceutical/bioactive compounds
Allium vegetables (garlic, onions, chives, leeks)	Allyl sulphides
Cruciferous vegetables (broccoli, cauliflower, cabbage, Brussels sprouts, kale, turnips, kohlrabi)	Indoles/glucosinolates, Sulforaphane Isothiocyanates/thiocyanates, Thiols
Solanaceous vegetables, (tomatoes, peppers)	Lycopene
Umbelliferous vegetables (carrots, celery, parsley, parsnips)	Carotenoids,Phthalides,Polyacetylenes
Compositae plants (artichoke)	Silymarin
Beans	Flavonoids (isoflavones)
Carrots, squash, broccoli, sweet potatoes, tomatoes, kale, collards, cantaloupe and pumpkin	Vitamin A (retinol)
Green peppers, broccoli, green leafy vegetables, cabbage and tomatoes	Vitamin C (ascorbic acid)
Green leafy vegetables	Vitamin E

**Table.5** Varieties rich in bioactive and edible colour in India

Crop	Variety	Pigment
Carrot	Pusa Ashita	Anthocyanin
Paprika	KTPL-19	Capsanthin
Amaranthus	Pusa Lal Chaulai	Anthocyanin
Red cabbage	Red Cabbage	Anthocyanin
Purpule headed Broccoli	Palam Vichitra	Anthocyanin
Carrot	Pusa Rudhira	Lycopene
	Pusa Vrishti	Lycopene
	Pusa Yamdagini	Carotene
	Pusa Nayanjyoti	Carotene

**Table.6** Sequenced Genome of Vegetable Crops

S. No.	Crop	Haploid chr. No.	Estimated genome size (Mb)	References
1	Cucumber	7	367.00	Huang <i>et al.</i> , 2009
2	Musk melon	12	450.00	Gonzalez <i>et al.</i> , 2010
3	Potato	12	844.00	The potato genome sequencing consortium 2011
4	Chinese cabbage	10	529.00	The Brassica rapa genome Sequencing project consortium 2011
5	Tomato	12	900.00	The tomato genome consortium 2012
6	Water melon	11	425.00	Gau <i>et al.</i> , 2013
7	Brinjal	12	1126.00	Hirakawa <i>et al.</i> , 2014
8	French bean	11	587.00	Schmutz <i>et al.</i> , 2014
9	Chilli	12	3480.00	Kim <i>et al.</i> , 2014
10	Cabbage	9	630.00	Liu <i>et al.</i> , 2014
11	Pumpkin	20	271.4	Zhang <i>et al.</i> , 2015
12	Carrot	18	473	Iorizzo <i>et al.</i> , 2016

### **Molecular assisted breeding to fasten the vegetable improvement programme**

Molecular marker or DNA markers are the short DNA sequences whose inheritance can easily be monitored and detected. Potential application of molecular markers in vegetable crop has been reviewed by Ansari (2015). Use of molecular markers in breeding has opened a new horizon called marker assisted breeding. Marker assisted selection is the selection for a trait based on genotype using associated markers rather than the phenotype of the trait (Foolad and Sharma, 2005). Marker assisted selection improve the efficiency and speed up the selection during breeding cycles (Holland, 2015). Gene pyramiding for the creation of multi-resistant varieties has been made possible with the development of molecular markers (Melchinger, 1990). A fertility restorer and male sterile gene has been tagged through RAPD protocol in chilli (Kumar *et al.*, 2002). For the first time in Indian long day onion population, DNA marker for male sterility and hybrid development has developed and identified with the help of which we can

exploit the identified marker in future for hybrid development as well as transfer of male sterility to other onion lines or genotypes through marker assisted selections (Saini *et al.*, 2015). Marker assisted selection has been employed in tomato for the introgression of Ty2 and Ty3 genes to develop tomato leaf curl resistant hybrid (Prasanna *et al.*, 2015).

### **Tissue culture**

Tissue culture provides a wide scope for the rapid multiplication of true to types, virus free propagating material through meristem culture and maintenance of healthy stocks. Unlike gametic fusion, somatic fusion provides a mean of asexual hybridization of two protoplasts from somatic cells in order to combine complete two genomes at intra- and interspecific and intra- and/ or intergeneric levels (Pandey *et al.*, 2010). Somatic hybrids of C-13 (+) *S. pinnatisectum* have shown resistance to late blight under field and *in vitro* conditions (Tiwari *et al.*, 2013). Specified MS medium was used for *in vitro* conservation of potato cultivars; Kufri Jyoti,

Phulwa and C-13, from where true to types could be regenerated for the production of healthy seed stock (Tiwari *et al.*, 2015). Double haploids used for cultivar development in self-fertilizing species and for the development of inbreds in cross fertilizing species (Dwivedi *et al.*, 2015).

### **Next generation genome sequencing: Unveiling an endeavour of vegetable improvement**

Next generation genome sequencing provide opportunities of getting high density genetic maps which predict the linear arrangement of markers in a chromosome, identification of agronomically important genes and development of millions of novel markers (Edward and Batley, 2010). Genes governing different traits can be identified through sequence data obtain from genome and transcriptomes along with their expression profile which are associated with different physiological conditions, data obtained also crucial for successful breeding programme by enabling the identification of allelic variation in candidate genes controlling important agronomic traits (Thottathil, 2016). Vegetable crops which have been sequenced till today are presented in table no. 6, would enable us to develop new varieties which are tolerant to biotic, abiotic stresses and with improved quality traits through systematic mining and utilization of this data obtained.

### **Future need for improvement**

Although India is the leading producer for many vegetable including other food crops, however, forty three per cent of Indian children fewer than five years are underweight and 48 per cent (i.e. 61 million children) are stunted due to chronic under nutrition, India accounts for more than 3 out of every 10 stunted children in the world, available at <http://unicef.in>. Estimated 15%

population is undernourished and lacks in adequate food intake, both in quantity and quality. It is somewhat shocking to know that India is ranked lower than some sub-Saharan African countries, Nepal, Bangladesh, Sri Lanka and China in Global Hunger Index, available at <http://www.ifpri.org/>. It is distressing for the nation that India has slipped from 83<sup>rd</sup> position in 2000 to 97<sup>th</sup> position in 2016 among 118 countries, so great responsibilities ought to be on the shoulder of breeders. Although main breeding objective will continue to be increasing yield to meet the food requirement of ever increasing population, but in order to ensure health security, it is imperative that nutrition rich varieties are breed. We had attained self-sufficiency in food grains through conventional breeding approach but now there is a need for second green revolution where not only production/yield alone but quality food is the major breeding objective, this cannot be realized alone with conventional as well as biotechnological approach alone, so we have to find a mid-way where we will integrate these two novel approaches for vegetable improvement. In India the research work is at its embryonic stage but there is a great potential of integrating data available at DNA level to its phenotypic level to make realistic selection by the breeders. We can envisage future vegetable crops with higher stress tolerance, wider adaptability, higher nutritional contents and with improved processing quality. Conventional breeding in conjunction with molecular biology has bright prospects of developing vegetable varieties with high nutraceuticals and bio active compounds suitable for fresh market.

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