

Original Research Article

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## Effect of Washing and Drying Methods in the Quality of Nutmeg

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### ABSTRACT

To study the effect of washing and drying methods in the quality of nutmeg this experiment was conducted at the Department of Processing Technology and Department of Plantation Crops and Spices, College of Horticulture, Vellanikkara, Thrissur, during 2012-2013. In this study an attempt has been made to develop a suitable washing and drying technique for both mace and nut of nutmeg (*Myristica fragrans* Houtt.). In mace and nut, high microbial load ( $35 \times 10^6$  cfu/g bacteria,  $14 \times 10^3$  cfu/g fungi and  $6.0 \times 10^5$  cfu/g actinomycetes) was observed in fallen nutmeg without mace, highest recovery percentage (48.50% and 69.56% for mace and nut respectively in harvested nutmeg; and 48.60% and 70.16% for mace and nut respectively in fallen nutmeg) was recorded in sun dried samples, residual moisture content was high in sun dried nutmeg, mace dried in a mechanical drier showed better colour than other methods of drying, drying of mace under close vicinity of 60 watt burning bulbs was observed to be faster compared to other methods of drying, harvested nutmeg mace showed initial faster rate of drying compared to that of fallen nutmeg mace, and least microbial population was noticed in mechanically dried samples ( $0.3 \times 10^6$  cfu/g bacteria,  $0.6 \times 10^3$  cfu/g fungi and zero actinomycetes in harvested nutmeg mace, highest oleoresin, oil content and total sensory score was recorded in mechanical drying.

#### Keywords

Quality of nutmeg,  
*Myristica fragrans*,  
Actinomycetes,  
Highest oleoresin,  
Oil content.

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### Introduction

India is also known as 'Land of Spices', where each state cultivates one or the other spices and Indians use them generously in their culinary preparations as well as in traditional medicines. Only nine per cent of our spice production is exported to more than 100 countries and remaining are consumed internally. India commands a formidable position in the world spice trade with 45 per cent share in volume and 30 per cent in value. Nutmeg (*Myristica fragrans* Houtt.) is unique among the tree spice plants as it produces two

commercial spice products namely, nutmeg and mace. It belongs to the family Myristicaceae, comprising of 19 genera and about 400 species. Nutmeg is the dried seed, while mace is the aril covering the outer surface of the seed. The yield of the mace is about 15 per cent that of nutmeg and it is more expensive among the two spices. The spice is widely used as a condiment and also in medicine. In India nutmeg and mace are used more as drugs than as condiments due to their valuable medicinal properties. Mace is

chewed for masking foul breath (Pruthi, 1979). Nutmeg the “two in one spice” is valued for its flavouring and medicinal properties. It is native of Moluccas Island and in India it is cultivated throughout Kerala, parts of Tamil Nadu, Karnataka, Goa, Assam and Andaman and Nicobar Islands in an area of 15,131 ha with a production 11,424 tonnes of spice. India also imports 1,325 tonnes of nutmeg and 265 tonnes of mace (Haldankar and Rangwala, 2009).

Dried nutmeg and mace are of great importance in international trade and are used in the preparation of its extractives and volatile oils. The pale yellow essential oil which is volatile fraction obtained by steam distillation is used as a flavouring essence and in perfumery. Drying to optimum moisture level without losing the inherent qualities especially the colour is a prerequisite for long storage and better price. Colour plays an important role in deciding the commercial value of mace and it has been established that its scarlet red colour is due to the pigment lycopene (Gopalakrishnan *et al.*, 1980). The keeping quality of spices depends much on drying and moisture content should be kept between 10 to 12 per cent for most of the spices for better storage (Pruthi and Krishnamurthy, 1985). Even one percentage more than critical moisture level may affect the quality of mace. The most important parameter in drying is the temperature and time of exposure and this may vary with the end use of the product. During drying, the mace loses about 60 per cent of its weight as moisture (Gopalakrishnan, 1992). If drying is delayed, mace becomes highly susceptible to mould and insect contamination.

The appearance, the contents of volatile oil and oleoresin, the pungency level and a subjective assessment of the aroma and flavour are important in the quality evaluation of dried nutmeg and mace. The relative

importance of these aspects is dependent upon the end use of the spice. A number of factors at both the preharvest and post harvest stages can have a significant influence on the quality of the dried product. After the processing of spices, proper packaging and storage is important as the spices and spice products are hygroscopic, which results in absorption of moisture and as a result of this, the product becomes lumpy and microbial load will also increase thus decreasing the product quality. Frequent aflatoxin contamination due to *Aspergillus sp.* is found in many spices like nutmeg, chillies and the products exported were being rejected by the importing countries like European Union. In view of these problems, it was proposed to carry out a study entitled “Washing and Drying studies in nutmeg (*Myristica fragrans* Houtt.)”.

### **Materials and Methods**

The present investigation on “Drying and storage studies in nutmeg (*Myristica fragrans* Houtt.) was carried out during 2012-2013 at the Department of Processing Technology and Department of Plantation Crops and Spices, College of Horticulture, Vellanikkara, Thrissur located at 10°32’ N latitude, 70°10’ E longitude and 22.25 m above mean sea level. The area has a tropical monsoon climate.

In this study an attempt has been made to develop a suitable washing and drying technique for both mace and nut of nutmeg (*Myristica fragrans* Houtt.). The nutmeg fruits (both freshly harvested and fallen) were collected in morning hours from Banana Research Station, Kannara, Thrissur.

The outer fleshy pericarp was removed and the whole nut with and without mace were subjected to different pretreatments along with control and subjected to microbial estimation of bacteria, fungi and

actinomycetes. Sample size was 25 nutmegs per treatment. Control: Initial count, T<sub>1</sub>: Washing in plain running water for two minutes, T<sub>2</sub>: Washing in luke warm water containing 100 ppm chlorine for two minutes, T<sub>3</sub>: Washing in luke warm water containing 1000 ppm alum for two minutes, T<sub>4</sub>: Blanching in hot water at 75<sup>0</sup>C to 80<sup>0</sup>C for two minutes, Best pretreatment based on the microbial load, colour and appearance was selected for further drying studies. Two materials viz. mace alone and nut alone were used for drying studies.

For drying studies the experiment was laid out in a Completely Randomized Design (CRD) with three replications of 100 g of mace and 200 g of whole nut without mace. Treatment consisted T<sub>1</sub>-Sun drying, T<sub>2</sub>-Oven drying, T<sub>3</sub>-Bulb drying, T<sub>4</sub>-Mechanical drying and Control-Nutmeg without pretreatment but mechanically dried. Observations on both physical and chemical changes after drying were taken.

## **Results and Discussion**

### **Initial microbial load of nutmeg**

The results indicated that significant difference exists between the harvested and fallen nutmeg with or without mace and among them high microbial load (35x10<sup>6</sup> cfu/g bacteria, 14x10<sup>3</sup> cfu/g fungi and 6.0x10<sup>5</sup> cfu/g actinomycetes) was observed in T<sub>4</sub> (fallen nutmeg without mace) and least microbial load (5.3x10<sup>6</sup> cfu/g bacteria, 4.0x10<sup>3</sup> cfu/g fungi, 1.3x10<sup>5</sup> cfu/g actinomycetes) was observed in T<sub>2</sub> (harvested nutmeg without mace). The high microbial load observed in fallen nutmeg could be due to its contact with the wet soil (Table 1).

### **Microbial load after pretreatments**

Significant difference was observed among the pretreatments. Pretreatment with luke warm water containing 1000 ppm alum was

recorded to be the best as it showed least microbial load followed by treatment with luke warm water containing 100 ppm chlorine (Table 2).

### **Changes in colour and appearance due to pretreatments**

No significant difference was observed among the pretreatments with respect to colour and appearance of nutmeg, yet the pretreated nutmeg showed better appearance and colour than the nutmeg without pretreatment in both harvested and fallen nutmeg. Between harvested and fallen nutmeg, harvested nutmeg was superior to fallen nutmeg with respect to colour and appearance as it was free from adherent soil.

### **Recovery percentage and Residual moisture**

In nutmeg, significant difference was observed among the drying methods and highest recovery percentage (48.50% and 69.56% for mace and nut respectively in harvested nutmeg; and 48.60% and 70.16% for mace and nut respectively in fallen nutmeg) was recorded in (T<sub>1</sub>) sun dried samples followed by oven dried samples (T<sub>2</sub>).

As the mace is having delicate structure and more surface area than nut, least recovery percentage was noticed in it. The heat transfer and mass transfer during drying will depend basically on the increased surface area. Higher surface area leads to maximum escape of moisture leading to low recovery. Higher recovery percentage of nut was due to lower water content in it (wet basis) but higher bio mass.

Residual moisture content was high in sun dried nutmeg and it reflects the microbial quality of a dried product. The least residual moisture percentage of mace dried in a mechanical drier was due to low recovery which was explained above. These findings

are similar to that of Gauniyal *et al.*, (1988) who found that roots and whole plant samples with thicker texture and lesser area exposed to a drying agent, recorded more moisture in shade and sun drying and lower moisture for mechanical drying. Manjusha (2012) also reported similar results in the case of drying of Kizharnelli (Table 3).

### **Colour changes due to drying**

Colour is one of the important attributes of any dried material. During drying, the initial scarlet red colour of mace was changed to light red to reddish brown colour. Visual assessments of the colour of dried materials were carried out. It was observed that mace dried in a mechanical drier showed better colour than other methods of drying. In case of drying under 60 watt burning bulbs slight bleaching of colour was observed owing to its high temperature of 72 to 76<sup>0</sup>C during drying, whereas oven dried mace showed dark brown colour. Prolonged exposure of materials to sunlight or to higher temperature will result in change in colour of the product. Bulb dried mace showed bleached appearance because of high temperature during drying whereas country oven dried mace showed darkened appearance because of smoke coming out from drier. But good orange red colour retention was found in mechanically dried nutmeg. Slight mould growth was observed in sun dried mace because of slow drying rate and problem of rewetting. These results are in accordance with the findings of Chikkanna (2008) who reported that mace dried in a developed drier (mechanical drier) showed better appearance than sun dried mace and the later showed mould growth also.

### **Drying rate**

In the four methods of drying, drying of mace under close vicinity of 60 watt burning bulbs was observed to be faster compared to other methods of drying and slow drying rate was observed in sun drying. The trend was

followed both in harvested nutmeg mace and fallen nutmeg mace.

Sun drying of mace took 16 hours for attaining constant weight, whereas other methods took only seven hours for attaining constant weight. Among all the methods, mechanical drying of mace resulted in uniform colour.

In case of drying nut, the least time taken for drying was in oven drying (14 hours) followed by mechanical drying and bulb drying (18 hours each). Longest drying time was recorded in sun drying 56 hours (8 days X 7 hours per day). The trend was followed both in harvested nutmeg as well in fallen nutmeg.

Drying rate influences the efficiency of a drying method. Drying rate depends on the drying temperature, initial moisture content and texture of the plant material. Harvested nutmeg mace showed initial faster rate of drying compared to that of fallen nutmeg mace. Higher temperature and higher surface area will result in higher rate of drying. This is the reason why faster rate of drying was recorded in nutmeg dried under burning bulbs at 72<sup>0</sup>C to 76<sup>0</sup>C followed by oven drying at 65<sup>0</sup>C to 68<sup>0</sup>C. The slower drying rate of nut was due to its less moisture content and also the hard seed shell hinders the process of drying. These results are in accordance with the findings of Gopalakrishnan *et al.*, (1980) who reported that sun drying of mace takes about 12 to 16 hours under open sun but only five to six hours in mechanical drying. Jayashree *et al.*, (2010) also reported that drying of mace in an air flow drier took 300 to 330 minutes to dry to a safer moisture level of six per cent. Yuvaraj (2007) reported that *Wedelia chinensis*, when dried mechanically has the highest rate of drying compared to sun and shade drying. Padmapriya *et al.*, (2009) also reported that sun drying of *Tinospora cordifolia* required longer period than

mechanical drying and the highest drying rate was observed in mechanical drying of smallest stem bits. Similar results were also obtained by Mehta *et al.*, (2005) (Table 4a, b).

**Microbial population of nutmeg dried under different drying methods**

When drying methods were compared for microbial population, least microbial growth was observed in bulb dried and mechanically dried samples than other methods. The control samples (nutmeg without pretreatment but mechanically dried) showed maximum microbial population ( $1.6 \times 10^6$  cfu/g bacteria,  $1.6 \times 10^3$  cfu/g fungi and  $0.6 \times 10^5$  cfu/g actinomycetes in harvested nutmeg mace;  $4.6 \times 10^6$  cfu/g bacteria,  $3.3 \times 10^3$  cfu/g fungi and  $1.6 \times 10^5$  cfu/g actinomycetes in fallen nutmeg mace); least microbial population was noticed in mechanically dried samples ( $0.3 \times 10^6$  cfu/g bacteria,  $0.6 \times 10^3$  cfu/g fungi and zero actinomycetes in harvested nutmeg mace;  $1.3 \times 10^6$  cfu/g bacteria,  $1.6 \times 10^3$  cfu/g fungi and  $0.3 \times 10^5$  cfu/g actinomycetes in fallen nutmeg mace). High microbial population in control (nutmeg without pretreatment but mechanically dried) was probably due to high initial microbial load. This clearly explains the importance of pretreatment in reducing the initial microbial load of nutmeg. Higher the residual moisture content in the products higher will be the microbial population. This is the reason why nutmeg dried under sun showed higher microbial population than other methods. More over during sun drying, nutmeg is exposed to outside environment which ultimately resulted in the contamination of the

product. Mechanically dried and bulb dried nutmeg showed least microbial population because the drying chamber is closed and free from extraneous contaminants. The high microbial population of nutmeg without pretreatment could be due to the fact that it contains high initial microbial population. Fallen nutmeg samples showed higher microbial population than harvested nutmeg samples because initially they contained higher microbial population. This result is in accordance with the findings of Chikkanna (2008) who reported that sun dried nutmeg showed mould growth. Joy (2000) also reported that extraneous matter, insect infected, whole insects dead and mould content were very high in commercially dried nutmeg (sun dried) whereas it was absent in solar tunnel dried nutmeg (Table 5).

**Oleoresin and oil content of nutmeg dried under different drying methods**

When drying methods were compared for oil and oleoresin content of harvested nutmeg, it was recorded that nutmeg dried in a mechanical drier (T<sub>4</sub>) yielded higher oil content 8.4 per cent and 8.06 per cent in mace and nut respectively. Similarly higher oleoresin content was observed in mechanically dried nutmeg (T<sub>4</sub>) 22.40 per cent and 29.09 per cent in mace and nut respectively. Similar results were observed in fallen nutmeg also. On comparison of harvested nutmeg with fallen nutmeg, harvested nutmeg showed slightly higher oil and oleoresin content than fallen nutmeg (Table 6).

**Table.1** Microbial population of nutmeg before pretreatments

Sample	Total microbial count in cfu/g		
	Bacteria (x 10 <sup>6</sup> )	Fungi (x 10 <sup>3</sup> )	Actinomycetes (x 10 <sup>5</sup> )
Harvested nutmeg with mace	6.3 <sup>c</sup>	5.3 <sup>bc</sup>	2.6 <sup>c</sup>
Harvested nutmeg without mace	5.3 <sup>c</sup>	4.0 <sup>d</sup>	1.3 <sup>d</sup>
Fallen nutmeg with mace	28.0 <sup>b</sup>	8.6 <sup>b</sup>	4.6 <sup>b</sup>
Fallen nutmeg without mace	35.0 <sup>a</sup>	14 <sup>a</sup>	6.0 <sup>a</sup>

**Table.2** Microbial population of harvested and fallen nutmeg after pretreatments

Treatments	Total microbial count in cfu/g					
	Harvested nut with mace			Harvested nut without mace		
	Bacteria (x 10 <sup>6</sup> )	Fungi (x 10 <sup>3</sup> )	Actinomycetes (x 10 <sup>5</sup> )	Bacteria (x 10 <sup>6</sup> )	Fungi (x 10 <sup>3</sup> )	Actinomycetes (x 10 <sup>5</sup> )
Control	6.3a	5.3a	2.6a	5.3a	4.0a	1.3a
T1 (Running water)	4.0b (36.84)	4.0b (25.00)	1.00b (62.50)	2.6b (50.00)	2.6ab (33.33)	0.3b (75.00)
T2 (Chlorine water)	2.6b (57.89)	0.3c (93.75)	0.3b (87.5)	1.6b (68.75)	0.0c (100.0)	0.0b (100.00)
T3 (Alum water)	2.0 b (68.42)	0.0c (100.0)	0.3b (87.5)	1.3b (75.00)	0.0c (100.0)	0.0b (100.00)
T4 (Blanching)	2.6b (57.89)	3.0b (43.75)	0.3b (87.5)	1.6 (68.75)	2.00b (50.00)	0.3b (100.00)
	Fallen nut with mace			Fallen nut without mace		
Control	28.0a	8.6a	4.6a	35.0a	14a	6.0a
T1 (Running water)	9.6b (65.47)	8.0a (12.82)	2.0b (57.14)	10.5b (69.52)	11.3ba (21.42)	3.0b (50.00)
T2 (Chlorine water)	5.0c (82.14)	0.3c (96.15)	1.0b (85.71)	5.6c (83.80)	1.3c (90.47)	1.0c (83.33)
T3 (Alum water)	4.0c (85.71)	0.3c (96.15)	1.0b (85.71)	4.0c (88.57)	1.3c (90.47)	1.3bc (77.77)
T4 (Blanching)	6.3c (77.38)	4.3b (50.00)	1.3b (78.57)	8.0bc (77.14)	5.6b (59.52)	2.3bc (61.11)

**Table.3** Effect of drying methods on recovery and residual moisture percentage of dried nutmeg

Treatments	Harvested nutmeg				Fallen nutmeg			
	Recovery (%)		Residual moisture (%)		Recovery (%)		Residual moisture (%)	
	Mace	Nut	Mace	Nut	Mace	Nut	Mace	Nut
T <sub>1</sub>	48.50 <sup>a</sup>	69.56 <sup>a</sup>	9.63 <sup>a</sup>	10.23 <sup>a</sup>	48.60 <sup>a</sup>	70.16 <sup>a</sup>	10.03 <sup>a</sup>	10.43 <sup>a</sup>
T <sub>2</sub>	45.44 <sup>b</sup>	65.40 <sup>b</sup>	7.56 <sup>b</sup>	5.91 <sup>b</sup>	45.66 <sup>b</sup>	66.43 <sup>b</sup>	7.73 <sup>b</sup>	5.32 <sup>c</sup>
T <sub>3</sub>	43.98 <sup>c</sup>	64.00 <sup>c</sup>	6.80 <sup>c</sup>	5.39 <sup>c</sup>	44.16 <sup>d</sup>	65.46 <sup>c</sup>	6.88 <sup>c</sup>	5.56 <sup>bc</sup>
T <sub>4</sub>	44.77 <sup>bc</sup>	63.66 <sup>c</sup>	6.90 <sup>c</sup>	5.11 <sup>c</sup>	44.93 <sup>c</sup>	65.26 <sup>c</sup>	7.06 <sup>c</sup>	5.63 <sup>b</sup>
Control	45.36 <sup>b</sup>	64.35 <sup>c</sup>	7.46 <sup>b</sup>	5.35 <sup>c</sup>	45.72 <sup>b</sup>	66.50 <sup>b</sup>	7.56 <sup>b</sup>	5.53 <sup>bc</sup>

(Values with different superscript differ significantly)

The values represent average of three replications

T<sub>1</sub>: Sun drying, T<sub>2</sub>: Oven drying, T<sub>3</sub>: Bulb drying, T<sub>4</sub>: Mechanical drying and Control: Nutmeg without pretreatment but mechanically dried

**Table.4a** Drying rate of nutmeg mace dried under different drying methods

Percentage weight to original weight of Nutmeg mace									
Duration (Hours)	Harvested			Fallen			Duration (Hours)	Harvested SN	Fallen SN
	OD	MD	BD	OD	MD	BD			
0	100	100	100	100	100	100	0	100	100
1	88.32	86.27	82.43	90.54	88.46	85.60	2	90.08	92.28
2	71.53	74.16	70.15	73.35	75.40	72.35	4	81.65	83.50
3	62.41	64.50	62.06	63.64	66.30	64.26	6	72.41	74.54
4	55.47	56.13	54.96	57.67	59.13	56.96	8	65.42	67.50
5	47.91	48.85	46.12	50.20	52.00	48.62	10	58.56	60.66
6	45.83	46.16	44.24	48.00	48.56	46.45	12	52.48	54.70
7	44.12	45.23	43.35	46.30	47.40	45.50	14	48.89	50.40
8	44.12	45.23	43.35	46.30	47.40	45.50	16	48.20	50.90

**Table.4b** Drying rate of nutmeg nut dried under different drying methods

Percentage weight to original weight of Nutmeg nut									
Duration (Hours)	Harvested			Fallen			Duration (Days)	Harvested SN	Fallen SN
	OD	MD	BD	OD	MD	BD			
0	100	100	100	100	100	100.00	0	100	100
2	87.23	95.07	87.66	86.00	94.07	89.66	1	88.86	90.86
4	80.79	90.30	81.83	82.60	89.30	83.83	2	80.95	82.95
6	75.30	86.30	76.30	78.80	85.30	78.30	3	76.54	77.54
8	71.42	81.50	72.07	75.26	81.50	74.07	4	73.93	74.93
10	68.34	77.30	70.16	72.40	75.40	71.40	5	72.38	73.38
12	66.00	73.80	68.95	69.20	72.10	69.30	6	71.00	72.00
14	64.21	70.40	67.09	67.30	69.65	68.40	7	69.80	71.10
16	64.21	67.50	66.35	65.71	68.20	67.10	8	69.80	70.20
18	64.21	65.10	64.30	65.71	66.32	65.80	9	69.80	70.20
20	64.21	65.10	64.30	65.71	66.32	65.80			

**Table.5** Microbial population of nutmeg dried under different drying methods

Treatments	Total microbial count in cfu/g					
	Mace			Nut		
	Harvested nutmeg					
	Bacteria (x 10 <sup>6</sup> )	Fungi (x 10 <sup>3</sup> )	Actinomycetes (x 10 <sup>5</sup> )	Bacteria (x 10 <sup>6</sup> )	Fungi (x 10 <sup>3</sup> )	Actinomycetes (x 10 <sup>5</sup> )
T1	3.3a	1.3a	0.3a	1.6a	1.3a	0.33a
T2	1.6b	1.3a	0.0a	1.6a	0.6a	0.0a
T3	0.6bc	0.6a	0.0a	0.6a	1.3a	0.0a
T4	0.3c	0.6a	0.0a	0.6a	0.6a	0.0a
Control	1.6b	1.6a	0.6a	1.3a	1.6a	0.6a
	Fallen nutmeg					
T1	4.0b	3.0ab	0.6ab	3.3a	4.3a	1.0b
T2	2.3c	1.6bc	0.6ab	2.3ab	2.3b	0.0b
T3	2.0c	1.3c	0.6ab	2.0b	2.6b	0.3b
T4	1.3c	1.6bc	0.3b	1.6b	1.6b	0.0b
Control	4.6a	3.3a	1.6a	2.3a	2.3b	2.3a

(Values with different superscript differ significantly) ; The values represent average of three replications; T<sub>1</sub>: Sun drying, T<sub>2</sub>: Oven drying, T<sub>3</sub>: Bulb drying, T<sub>4</sub>: Mechanical drying and Control: Nutmeg without pretreatment but mechanically dried

**Table.6** Effect of drying methods on oil and oleoresin content of nutmeg

Treatments	Oil content % (v/w)				Oleoresin (%)			
	Harvested nutmeg		Fallen nutmeg		Harvested nutmeg		Fallen nutmeg	
	Mace	Nut	Mace	Nut	Mace	Nut	Mace	Nut
T <sub>1</sub>	7.28 <sup>c</sup>	7.93 <sup>a</sup>	7.26 <sup>c</sup>	7.96 <sup>a</sup>	20.13 <sup>bc</sup>	26.95 <sup>c</sup>	19.73 <sup>b</sup>	25.26 <sup>c</sup>
T <sub>2</sub>	7.89 <sup>b</sup>	7.34 <sup>b</sup>	7.81 <sup>b</sup>	7.38 <sup>c</sup>	20.43 <sup>b</sup>	27.80 <sup>bc</sup>	19.83 <sup>b</sup>	27.12 <sup>b</sup>
T <sub>3</sub>	7.95 <sup>b</sup>	7.83 <sup>a</sup>	7.85 <sup>b</sup>	7.58 <sup>c</sup>	19.40 <sup>c</sup>	27.10 <sup>c</sup>	19.40 <sup>b</sup>	26.63 <sup>bc</sup>
T <sub>4</sub>	8.40 <sup>a</sup>	8.06 <sup>a</sup>	8.25 <sup>a</sup>	8.10 <sup>a</sup>	22.40 <sup>a</sup>	29.09 <sup>a</sup>	22.00 <sup>a</sup>	28.90 <sup>a</sup>
Control	8.25 <sup>a</sup>	7.96 <sup>a</sup>	8.06 <sup>a</sup>	7.86 <sup>b</sup>	21.06 <sup>b</sup>	28.26 <sup>ab</sup>	20.46 <sup>b</sup>	27.56 <sup>ab</sup>

**Table.7a** Sensory evaluation of harvested nutmeg mace dried under different drying methods

Treatments	Colour	Aroma	Appearance	Overall acceptability	Total score
T <sub>1</sub>	6.7 (2.0)	7.3 (2.70)	5.6 (1.45)	5.7 (1.25)	25.3
T <sub>2</sub>	7.6 (3.1)	7.5 (3.00)	6.3 (1.90)	7.5 (3.45)	28.9
T <sub>3</sub>	6.8 (2.35)	6.8 (2.15)	7.7 (3.70)	7.3 (3.05)	28.6
T <sub>4</sub>	8.5 (4.55)	8.1 (4.05)	8.1 (4.25)	8.1 (4.10)	32.8
Control	7.4 (3.0)	7.6 (3.10)	7.7 (3.70)	7.5 (3.45)	30.2
Kendall's coefficient	0.446*	0.235*	0.695*	0.514*	

**Table.7b** Sensory evaluation of fallen nutmeg mace dried under different drying methods

Treatments	Colour	Aroma	Appearance	Overall acceptability	Total score
T <sub>1</sub>	6.0 (2.35)	7.0 (2.55)	5.2 (2.20)	4.8 (1.75)	23.0
T <sub>2</sub>	6.5 (3.20)	7.3 (3.20)	5.8 (2.85)	6.7 (3.55)	26.3
T <sub>3</sub>	6.0 (2.50)	6.8 (2.35)	6.5 (4.00)	6.6 (3.65)	25.9
T <sub>4</sub>	7.4 (4.55)	7.5 (3.65)	6.8 (4.30)	7.1 (4.20)	28.8
Control	5.9 (2.40)	7.3 (3.25)	4.9 (1.65)	5.2 (1.85)	23.3
Kendall's coefficient	0.443*	0.156*	0.595*	0.574*	

**Sensory evaluation**

The sensory evaluation was carried out on a nine point hedonic scale using score card for four attributes namely colour, aroma, appearance and overall acceptability. Each character was scored on the scale and the total scores calculated out of thirty six. In case of harvested nutmeg mace highest total sensory score (32.8) was recorded in T<sub>4</sub> (mechanically dried) followed by (30.2) in control and least (25.3) in T<sub>1</sub> (sun dried).

Highest mean rank for overall acceptability

was in T<sub>4</sub> (mechanically dried) and least (1.25) in T<sub>1</sub> (sun dried) and higher the mean rank better is the quality. Kendall's coefficients of concordance among the judges on all the characteristics were highly significant (Table 7a). In case of fallen nutmeg mace highest total sensory score (28.8) was recorded in T<sub>4</sub> (mechanically dried) followed by (26.3) in T<sub>2</sub> (oven dried) and least (23.0) in control. Highest mean rank for overall acceptability (4.20) was recorded in T<sub>4</sub> (mechanically dried) and least (1.75) in T<sub>1</sub> (sun dried). Kendall's coefficients of concordance among the judges on all the



characteristics were highly significant (Table 7b).

Sensory evaluation of mace showed that mace dried in a mechanical drier is of good quality than in other methods. This could be due to uniform drying of mace at low temperature. Bulb drying and sun drying resulted in bleached appearance of mace hence lowest sensory score for colour was observed in them whereas oven drying resulted in the slight deposition of soot in mace. Pretreatment resulted in washing away of any adherent soil and dirt particles and so good appearance after drying. Harvested nutmeg mace showed higher sensory scores than fallen nutmeg mace because of fresh appearance and wholesomeness. This result is in accordance with the findings of Dandamrongrak *et al.*, (2003) who reported that sensory quality (colour) of blanched banana dried in a heat pump dehumidifier dryer at 50<sup>0</sup>C is greater than un blanched banana.

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