

Original Research Article

<http://dx.doi.org/10.20546/ijcmas.2016.510.102>

## The Role of *Tinospora cordifolia* in Extenuating the Toxic Effects of CPF on Hepatic Modifications along with Electron Microscope observations in Red Blood Cells

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### ABSTRACT

This study investigates the role of *Tinospora cordifolia* (TC) extract against liver damage induced in male albino rat by an Organophosphorus (OP) insecticide, Chloropyrifos (CPF). Liver damage was investigated by various parameters like Lipid peroxidation (LPO), Superoxide dismutase (SOD), Catalase, Glutathione reductase (GR), Lactate dehydrogenase (LDH), Acid phosphatase,  $\text{Na}^+/\text{K}^+$ -ATPase and Acetyl cholinesterase (AChE) and Scanning Electron microscope (SEM) observation on blood cells. Group I Control group, Group II 30 mg/kg CPF b. wt., Group III TC 1.0 g/kg b. wt. with 30 mg/kg CPF b. wt., Group IV TC 2.0 g/kg b.wt. with 30 mg/kg CPF b. wt., Group V TC 4.0 g/kg b.wt. with 30 mg/kg CPF b. wt. and Group VI 4.0 g/kg b.wt. of TC were administered orally via gavages. The results showed that TC overcome the CPF induced decreased levels of SOD, Catalase, Glutathione reductase, LDH, Acid Phosphatase,  $\text{Na}^+/\text{K}^+$ -ATPase and AChE compare to CPF control. Moreover, TC significantly decreased the LPO level induced by CPF as compared to CPF control. The drastic alterations in the shape of the blood cells were reverted significantly with the increasing doses concentration of TC. Therefore, it could be concluded that TC administration is useful in routine therapy for protection against tissue damage induced by CPF.

### Keywords

Antioxidant,  
Chloropyrifos,  
Scanning Electron  
Microscopy,  
Hepatotoxicity,  
*Tinospora  
cordifolia*.

### Article Info

Accepted:  
28 September 2016  
Available Online:  
10 October 2016

### Introduction

Chloropyrifos (CPF) is one of the world's most widely used Organophosphorus insecticide to control a variety of pests in agriculture and animal farms because of its quick action, comparatively shorter half life and poor accumulation in the food web (Leaberry, 1986; Kwong, 2002). The toxicity of CPF has been attributed due to its initial metabolite, the CPF oxon. The oxon targets Acetylcholinesterase (AChE) by

binding to the active site and inactivating the AChE enzyme leads to neuropathy (Amitai *et al.*, 1998). It has been shown that repeated administration of CPF caused significant hepatic atrophy (Miyazaki and Hodgson 1972). Although the primary toxicological target sites of CPF are the central nervous system, its toxicological manifestation is very commonly observed in other organs as well including the liver. Previous reports

have demonstrated the toxic effect of CPF on hepatic tissue, wherein, the profile of liver marker enzymes, antioxidant enzymes and essential trace elements were found to adversely affect the CPF intoxicated rats (Goel *et al.*, 2005).

TC is a common climbing shrub which is used for the treatment of snake bite and leprosy and is also prescribed in general debility, diabetes, fever, jaundice, skin diseases, rheumatism, urinary diseases, dyspepsia, gout, gonorrhoea and leucorrhoea. It is a constituent of several ayurvedic preparations like *guduchayadochurna*, *gududyadikwath*, *guduchilouha*, *amritarista*, *sanjivanivati*, *guduchitaila* and *amiritastakkwath*. The extracts of TC have shown significant decrease in the blood glucose like insulin, without affecting total lipid levels in normal rabbits and in alloxan induced diabetic rabbits (Wadood *et al.*, 1989). The efficacy of TC extract in patients of allergic rhinitis has also been assessed (Badar *et al.*, 2005).

Stanely *et al.*, (1999) reports about antidiabetic and antioxidant effect of and found TC is more effective than glibenclamide. Moreover, TC has also found to exerted greatest anticancer activity on tumor cells by reducing the GSH concentration and increase in LPx was investigated by Jagetia *et al.*, (1998). Goel *et al.*, (2004) suggested that the extract of TC has radio protective manifestation in several systems of experimental animals.

Nagarkatti *et al.*, (1994) showed the improvement in activity of Kupffer cells in rats treated with TC. Singh *et al.*, (2006) found increases in sulfhydryl (-SH) and cytochrome P(450) and enzyme activities of cytochrome P(450) reductase, cytochrome b(5) reductase, GST, DTD, SOD, catalase, GSH peroxidase (GPX) and GR, with TC against carcinogen mice in hepatic tissue.

TC extract partially reduced the elevated LPO, alkaline phosphatase and glutamine pyruvate transaminase in serum and liver in *in vitro* studies (Mathew and Kuttan, 2003). TC extract has been shown to have hepato protective and immune stimulant effects in carbon tetrachloride (CCl<sub>4</sub>) intoxicated rat (Bishayi *et al.*, 2002).

Therefore, the present study was designed to evaluate the hepatoprotective and neuroprotective potential (in terms of AChE activity) of TC against CPF administered rat liver with the aim to understand its benefits through attenuation of oxidative stress. The effect of TC on CPF induced alterations of some enzymatic and non enzymatic parameters such as LPO and activities of AChE, SOD, Catalase, Glutathione reductase, LDH, Acid phosphatase, Na<sup>+</sup>-K<sup>+</sup>-ATPase in rat liver were studied including morphological changes in blood cells with the help of SEM.

## Materials and Methods

### Chemicals

CPF and TC were procured from Meghmani Organics Limited and Himalaya Drug Company, Bangalore (India) respectively. All other chemicals used in the present study were of analytical grade and were purchased from various chemical suppliers.

### Animals and Treatment

Adult male wistar rats, weighing 120- 180 g each were obtained from the central animal house of Panjab University, Chandigarh. The animals were housed in clean polypropylene cages and were fed standard diet *ad libitum* (Ashirwad Industries). The animals were allowed to acclimatize to the local vivarium for 7 days. They had free access to water on a 12 h light/dark cycle.

The experimental protocols were approved by the Institutional Animal Ethic Committee (IAEC). The rats were randomly segregated into following groups with a group having 6 animals each.

- Group I Control group (Vehicle treated): Animals were administered corn oil only.
- Group II (CPF treated): Animals were administered with 30 mg/kg CPF b. wt./day, for 28 days.
- Group III (TC + CPF treated): Animals were administered with 1.0 g/kg TC b. wt. along with 30 mg/kg CPF b. wt. daily for 28 days.
- Group IV (TC + CPF treated): Animals were administered with 2.0 g/kg TC b. wt. along with b. wt. daily for 28 days.
- Group V (TC + CPF treated): Animals were administered with 4.0 g/kg TC b. wt. along with 30 mg/kg CPF b. wt. daily for 28 days.
- Group VI (TC treated): Animals were administered daily with 4.0 g/kg TC b. wt. only for 28 days.

### **Induction of Hepatotoxicity by CPF**

TC was administered as a suspension of powder prepared in 10ml of double distilled water. The dose of CPF used in the study was with reference to the LD<sup>50</sup> value of CPF and based on doses reported in literature, which was also standardized in the laboratory. TC administration doses concentration was also finalized with the most effective ones in different research papers. CPF doses were administered to the animals as reported in the earlier report from our lab (Aggarwal and Singh 2011; Aggarwal *et al.*, 2014). After 28 days of

treatment, animals were fasted overnight and sacrificed by cervical decapitation under light ether anesthesia. Their hepatic tissues were removed, rinsed with ice cold 0.9% (w/v) normal saline and stored at -80 °C for further analysis.

### **Preparation of Homogenate**

A 10% (w/v) tissue homogenate was prepared in 50 mM TrisHCl (pH 7.4) using Potter-Elvehjem glass homogenizer. Post nuclear supernatant was prepared by centrifuging the homogenate at 1000 x g for 10 minutes at 4 °C and then the supernatant was again centrifuged at 12,000 x g for 20 minutes at 4 °C for post mitochondrial supernatant (PMS). Various biochemical assays were performed with the supernatant.

**Lipid peroxidation (LPO)** was assayed according to the method of Buege and Aust (1978). The molar extinction coefficient for MDA is 1.56 x 10<sup>5</sup> M<sup>-1</sup> cm<sup>-1</sup>. The results were expressed as nmoles of MDA formed min<sup>-1</sup>mg<sup>-1</sup> protein.

**Superoxide dismutase (SOD)** activity was assayed in the post mitochondrial supernatant according to the method of Kono (1978). The results were expressed as units/mg protein, where one unit of enzyme is defined as the amount of enzyme inhibiting the rate of reaction by 50%.

**Catalase** activity was assayed in the post mitochondrial supernatant by the method of Luck (1971). Results of Catalase activity were expressed as μmoles of H<sub>2</sub>O<sub>2</sub> decomposed/min/mg protein, using molar extinction coefficient of H<sub>2</sub>O<sub>2</sub> (71M<sup>-1</sup> cm<sup>-1</sup>).

**Glutathione reductase (GR)** enzyme activity was measured in the post mitochondrial supernatant by the method of Horn (1971). Results were expressed as

nmoles of NADPH oxidized/ min/mg protein, using molar extinction coefficient of NADPH ( $6.22 \times 10^6 \text{M}^{-1}\text{cm}^{-1}$ ).

**Lactate dehydrogenase (LDH)** activity was assayed spectrophotometrically in the post mitochondrial supernatant by the method of Schatz and Segal (1969). Results were expressed as  $\mu\text{moles}$  of NADH oxidized/min/mg protein. The extinction coefficient ( $6.3 \times 10^3 \mu\text{molL}^{-1}\text{min}^{-1}$ ) was used to calculate the enzyme activity.

**Acid phosphatase** activity was assayed in the post mitochondrial supernatant by the method reported by Linhart and Walter (1965). The results were expressed as  $\mu\text{moles}$  phenol produced  $\text{min}^{-1}\text{mg}^{-1}$  protein.

**Na<sup>+</sup>/K<sup>+</sup>-ATPase** activity was measured according to the method of Quigley and Gotterer (1969). The Na<sup>+</sup>-K<sup>+</sup>-ATPase activity was computed by subtracting the ouabain insensitive ATPase from the total ATPase. The results were expressed as nmoles of ATP hydrolysed/ $\text{min}^{-1}\text{mg}^{-1}$  protein.

**Acetyl cholinesterase (AChE)** activity was determined in the homogenate according to the method of Ellman *et al.*, (1961). The results were expressed as nmoles of Acetylthiocholine iodide hydrolyzed/min/mg protein. The extinction coefficient of 5-thio-2-nitrobenzoic acid ( $13.6 \times 10^3 \text{M}^{-1}\text{cm}^{-1}$ ) was used to calculate the enzyme activity.

**Estimation of Protein** content was done according to the method of Lowry *et al.* (1951) using BSA as a standard.

### **Scanning Electron microscopy of blood cells**

Red blood cells were drawn from the animals belonging to each of the treatment

groups, A drop of blood was fixed in 2.5% glutar aldehyde made in 0.2M phosphate buffer (pH 7.2). After 1-2 h of fixation, the cells were separated by centrifugation at 1000- 1500 rpm. The fixative was discarded and the pellet was resuspended in the phosphate buffer. This process was repeated two times and the final pellet was suspended in minimum amount of triple distilled water. A drop of sample was smeared on the metallic SEM stubs, which were loaded with a conductive silver tape on its top. These stubs were then coated with gold to a thickness of 100 Å using sputter ion coater with gold source for 4-5 min. These specimens were finally observed under electron microscope (JSM-6100, Jeol, Japan) at Regional Sophisticated Instrumentation Center (RSIC), Panjab University, Chandigarh, India.

### **Statistical Analysis**

All values were expressed as mean  $\pm$  standard deviation of six observations. Data were analyzed using one way analysis of variance (ANOVA). Values with  $p \leq 0.05$  were considered as statistically significant

### **Results and Discussion**

#### **Effect of TC on CPF induced alterations in SOD, Catalase and GR activity**

CPF exposure significantly decreases the SOD activity to 38.50% in group II in comparison with control group. Further, TC administration minimized the effect of CPF in all the TC + CPF groups. The increase in the activity of SOD was highly significant and it was increased to 54.58% in group III, 80.16% in group IV, 91.62% in group V and 96.21% in group VI, when compared with the CPF treated group (Table 1).

Catalase activity significantly decreased to 31.84% in group II in comparison to the

control group. TC administration along with CPF significantly increased the Catalase activity among all the groups to 62.20% in group III, 75.20% in group IV, 87.60% in group V and 114.14% in group VI, when compared to the CPF treated group (Table 1).

TC administration decreased the effect of CPF in all the TC + CPF groups. CPF exposure significantly decreased the GR activity to 14.20% in group II in comparison with control group. The increase in the activity of GR after TC treatment was highly significant and it was 38.90% in group III, 60.40% in group IV, 101.20% in group V and 101.43% in group VI, when compared with the CPF treated group (Table 1).

#### **Effect of TC on CPF induced alterations in LPO**

CPF administration caused significant increase in LPO levels by 43%. A significant decrease in LPO was observed and it was 33.55% in group V and 53.54% in group VI, when compared to the CPF treated group. TC showed ameliorating effects on CPF induced increase in LPO (Table 2).

#### **Effect of TC on CPF induced alterations in LDH activity**

Hepatic LDH activity reduced to statistically significant limits in the CPF treated group. CPF exposure significantly decreased the LDH activity to 15.50% in group II in comparison with control group. TC administration decreased the effect of CPF in all the TC + CPF groups. The increase in the activity of LDH was highly significant and it was 53.4% in group III, 66.60% in group IV, 89.3% in group V and 79.20% in group VI, when compared to the CPF treated group (Table 3).

#### **Effect of TC on CPF induced alterations in Acid Phosphatase activity**

TC administration decreased the effect of CPF in all the TC + CPF groups. CPF exposure significantly decreased the Acid phosphatase activity to 53.08% in group II in comparison with control group. The increase in the activity of Acid phosphatase was highly significant and it was 70.20% in group IV, 98.40% in group V and 109.78% in group VI, but increase in acid phosphatase was not significant in case of group III (57.60%), when compared to the CPF treated group (Table 3).

#### **Effect of TC on CPF induced alterations in of Na<sup>+</sup>/K<sup>+</sup> ATPase activity**

TC treatment along with CPF reduced the effect of CPF. CPF exposure significantly decreased the Na<sup>+</sup>/K<sup>+</sup> ATPase activity to 39.80% in group II in comparison with control group. The increase in enzyme activity was 62.60% in group III, 78.70% in group IV, 93.90% in group V and 173.08% in group VI, when compared to the CPF treated group (Table 3).

#### **Effect of TC on CPF induced alterations in of AChE activity**

CPF exposure significantly decreased the AchE activity to 25.80% in group II in comparison with control group. TC resulted in partial recovery of AchE activity to 42.6% in group III, 52.40% in group IV, 62.10% in group V and 68.10% in group VI, when compared to the CPF treated group (Table 3).

#### **Scanning Electron Microscopic observations of red blood cells**

Morphological studies of the red blood cells were performed using Scanning Electron

Microscope and results are depicted in Fig. 1A-1G. The control group showed typical appearance where most of the cells were perfect discocytes (Fig. 1B). Group II animals showed marked alterations in the morphological appearance of the cells (Fig. 1C & 1D) with almost no normal discocytes. Most of the cells changed either to cup shaped stomatocytes or rounded spherocytes. Certain irregular and contracted cells with numerous projections called echinocytes were also seen. Numerous acanthocytes were also visible.

Protective effects of TC were also observed in combined TC and CPF treated groups. The drastic alterations in the shape of the blood cells were reverted significantly with the increase in the dose concentration of TC in Group III, IV and V (Fig. 1E, 1F & 1G) to the normal appearance of the cells. TC treated control group (Group VI), had almost normal discocytes (Fig. 1A).

SOD, Catalase and GR enzymes are most sensitive to hepatotoxicity. LPO,  $\text{Na}^+/\text{K}^+$  ATPase and Acetylcholine esterase are membrane bound enzymes. CPF causes complete blockage of LDH and Acid phosphatase at lethal dosage, which causes mortality in rodents.

The SOD- Catalase system provides the first defense against oxygen toxicity. The concentration of  $\text{H}_2\text{O}_2$  directly regulates the catalase activity (Fornazier *et al.*, 2002). SOD is responsible for catalyzing the conversion of superoxide anions into hydrogen peroxide (Liochev and Fridovich, 2003). In the present study, the improvement in SOD activity was found to be 53.12% which is corroborate by Verma *et al.*, (2007) in hepatic tissue of rat and by El-Shenawy *et al.*, (2010) who studied the effect of an organophosphate and Vitamin E as antidote. Various experimental studies involving CPF

administration have shown inhibition of SOD activity in rat liver (Mansour and Mossa, 2010; Khalifa *et al.*, 2011). CPF also decreased SOD activity compared with the control group in rat erythrocytes (Demir *et al.*, 2011; Barski *et al.*, 2011; Saxena *et al.*, 2011).

TC decreased CPF toxicity by increasing the SOD activity. Similar work has been done by Stanely *et al.*, (1999) in which antidote used was TC against the diabetes rat model instead of CPF as used in the present study. Antioxidant properties of TC have been supported by various experimental studies in which oxidative stress is created by different toxicants (Stanely *et al.*, 1999; Stanely *et al.*, 2000; Singh *et al.*, 2006).

Catalase is a ubiquitous enzyme found in all known organisms and is a major primary antioxidant defence component which catalyzes the decomposition of  $\text{H}_2\text{O}_2$  to  $\text{H}_2\text{O}$  and  $\text{O}_2$  (Chelikani *et al.*, 2004). In the present study, the improvement in catalase activity was found to be 55.76% which is substantiate by Verma *et al.* (2007) in hepatic tissue of rat and Yonar *et al.* (2012) in hepatic tissue of fish. There are numerous studies have been done by various researchers using different organs with comparable results (Mansour and Mossa 2009; El-Shenawy *et al.*, 2010; Mansour and Mossa 2010; Demir *et al.*, 2011; Shittu *et al.*, 2012; Attia *et al.*, 2012).

TC showed its ameliorating effects on CPF induced decrease in catalase activity. The present results are in accordance with the previous studies (Singh *et al.*, 2006). TC showed the ameliorating effects on CPF induced decrease in GR activity. These results are corroborated with the previous studies (Singh *et al.*, 2006). The increase in antioxidant enzymes SOD, Catalase and GR activity might be due to an increase in levels

of glutathione and vitamin C by TC plant extract, which are natural antioxidants and being antioxidants enhanced the catalase activity (Stanely *et al.*, 1999; Stanely *et al.*, 2000).

As GSH is required for the activity of glutathione peroxidase to produce water and oxygen from H<sub>2</sub>O<sub>2</sub>, GR is an important enzyme required for maintaining high GSH/GSSG ratio (Carlberg and Mannervik 1985). In the present study, the improvement in GR activity was found to be 87% and the study is supported by Elsharkawy *et al.*, (2012) and Khan *et al.*, (2005) with CPF and different antidotes. The CPF exposure resulted in the decrease in GR activity in hepatic tissue in rats in the earlier studies also (Wu *et al.*, 2011).

LPO is the process of oxidative deterioration of polyunsaturated fatty acids due to generation of reactive oxygen species under stress conditions (Niki *et al.*, 1988). In the present study, the increase in LPO was observed and there are several studies done by various researchers on different organs with similar results (Verma *et al.*, 2007; Mansour and Mossa, 2009; El-Shenawy *et al.*, 2010; Mansour and Mossa, 2010; Demir *et al.*, 2011; Shittu *et al.*, 2012; Attia *et al.*, 2012). TC showed ameliorating effects on CPF induced increase in LPO. The present results are in accordance with the previous studies (Singh *et al.*, 2006). Decrease in LPO by TC is due to its antioxidant properties (Stanely *et al.*, 1999; Stanely *et al.*, 2000; Goel *et al.*, 2002; Subramanian *et al.*, 2002; Shivananjappa and Muralidhara 2012). The increased LPO by CPF might be due to free radical mediated membrane damage.

In the present study, the improvement in LDH activity due of TC has been found to be 73.8%. Decrease in level of LDH has been reported when fishes were exposed to

OPs (Goel *et al.*, 2005; Heikal *et al.*, 2013). TC showed the ameliorating effects on CPF induced decrease in LDH activity. The present results are in accordance with the previous studies done by various researchers (Stanely *et al.*, 1999; Stanely *et al.*, 2000; Goel *et al.*, 2002; Subramanian *et al.*, 2002; Singh *et al.*, 2006; Shivananjappa and Muralidhara 2012). This might be due to decrease in LPO, by which LDH is retained in the cells and not leaked out in blood. LDH leakage in the hepatocytes in incubation medium on pesticide exposure was observed by Yamano and Morita (1992). It suggests that aerobic metabolism plays vital role in CPF induced toxicity, which results in the increased ATP production to meet energy requirement of the cells as energy store got depleted.

The leakage of LDH enzyme from hepatic tissue is the diagnostic marker of hepatic toxicity. Thus, the estimation of LDH is a useful parameter for assessing hepatic damage. When hepatic cells, containing LDH are damaged or destroyed due to deficient oxygen supply, production of free radicals and LPO leads to loss of the integrity of cell membranes and renders the membrane more porous and permeable. The membrane may even rupture, resulting in the leakage of this enzyme. This accounts for the decreased activities of LDH in hepatic tissue of CPF challenged rats.

In the present study, the decrease in Acid phosphatase activity was found because of CPF toxicity. Other studies also reported decrease in level of Acid phosphatase, when exposed to OPs (Thenmozhi *et al.*, 2011). These researchers explained that the active sites of enzyme are directly attacked by ROS. The decline in the activities of antioxidant defense enzymes and enhanced LPO level imply that CPF would have induced the generation of oxygen free

radicals, which peroxidize the lipid component of hepatic membrane. Bagchi and Stohs (1993) supported this with lindane induced generation of ROS, which enhanced LPO and decreased membrane fluidity. The recovery in the level of acid phosphatase is due to the protective role of TC against ROS on the antioxidant defense system and the decreased LPO as found earlier. The present results are in accordance with the previous studies done by various researchers (Stanely *et al.*, 1999; Stanely *et al.*, 2000, Goel *et al.*, 2002; Subramanian *et al.*, 2002; Singh *et al.*, 2006; Shivananjappa and Muralidhara, 2012).

The improvement in  $\text{Na}^+/\text{K}^+$  ATPase activity was found to be 54.1%. A similar study was reported by Amara *et al.*, (2011). Similar research has been done by other researchers showing that the administration of various OPs inhibits  $\text{Na}^+/\text{K}^+$  ATPase in different tissues (Agrahari and Gopal 2008).  $\text{Na}^+/\text{K}^+$  ATPase is inactivated by LPO (Sun 1972; Hexum and Fried 1979). Mishra *et al.* (1989) have shown that LPO decreased the affinity of  $\text{Na}^+/\text{K}^+$  ATPase  $\text{Na}^+$  and  $\text{K}^+$  ions as the active site of enzyme directly attacked by ROS. Siesm *et al.* (2000) also suggested that oxidative products inhibit  $\text{Na}^+/\text{K}^+$  ATPase activity. These researchers explained that the active sites of enzymes are directly attacked by ROS. The decline in the activities of antioxidant defense enzymes and enhanced LPO level imply that CPF would have induced the generation of oxygen free radicals, which peroxidize the lipid component of hepatic membrane. Bagchi and Stohs (1993) supported this with lindane induced generation of ROS, which enhanced LPO and decreased membrane fluidity. The recovery of  $\text{Na}^+/\text{K}^+$  ATPase is due to the protective role of TC against ROS on the antioxidant defence system and the decreased LPO as found earlier in the present study.

The activity of Acetylcholine esterase is increased from 25.8% (CPF) to 42.6%, 52.4% and 62.1% for TC. In the present study, the improvement in Acetylcholine esterase activity was found to be 36.3%. Similar work has been done by various researchers with similar results (Mansour and Mossa, 2009; Mansour and Mossa, 2010; Diab *et al.*, 2012). Acetylcholine esterase catalyzes the hydrolysis of neurotransmitter acetylcholine (Fukuto, 1990; Richardson 1995). There is hyper excitation of postsynaptic neurons by muscuranic or nicotinic acetyl choline receptors (Taylor *et al.*, 1990). It was suggested with experimental studies that CPF is metabolically activated by oxidative desulfuration to CPF oxon (Chamber and Chamber 1989). Due to lipophilic nature of CPF, it produces sustained inhibition of serum and liver acetylcholine esterase and causes delayed toxicity by getting sequestered with gradual discharge from the adipose tissues (Chambers and Carr 1993).

Chronic and sub chronic doses of OPs result in the development of tolerance due to the down regulation of the muscarinic (Costa *et al.*, 1982) and nicotinic receptor (Costa and Murphy 1983) as an adaptive mechanism to the neurotransmitter levels. The decrease in Acetylcholine esterase activity in the present study might be due to phosphorylation of serine at the active site of enzyme. Supplementation by TC improved the CPF inhibited acetylcholine esterase activity to a limited extent. These results suggest that decrease in acetylcholine esterase activity might be partially due to peroxidation of membrane lipids by CPF and partial protection by TC can be attributed to their antioxidant action.

The administration of CPF resulted in prominent morphological changes in rat erythrocytes.

**Table.1** The effect of in vivo administration of CPF, varying doses of TC + CPF and TC alone for a period of 28 days daily on the activities of SOD, Catalase and GR in the liver of male Wistar rats

Groups	Treatment	SOD ACTIVITY (I.U.)	Catalase ( $\mu$ moles H <sub>2</sub> O <sub>2</sub> decomposed /min /mg protein)	G.Reductase ( $\mu$ M NADPH/min/mg protein)
I	Control	8.72 $\pm$ 0.11	34.29 $\pm$ 1.38	91.90 $\pm$ 0.49
II	30 mg /Kg CPF B.Wt	3.36 $\pm$ 0.03* <sup>#</sup>	10.92 $\pm$ 0.03* <sup>#</sup>	13.05 $\pm$ 0.06* <sup>#</sup>
III	1g/Kg TC B.Wt +30 mg /Kg CPF B.Wt	4.76 $\pm$ 0.35* <sup>\$#</sup>	21.35 $\pm$ 0.74* <sup>\$#</sup>	35.84 $\pm$ 2.35* <sup>\$#</sup>
IV	2 g/Kg TC B.Wt +30 mg /Kg CPF B.Wt	6.99 $\pm$ 0.36* <sup>\$#</sup>	25.82 $\pm$ 1.15* <sup>\$#</sup>	55.55 $\pm$ 2.31* <sup>\$#</sup>
V	4 g/Kg TC B.Wt +30 mg /Kg CPF B.Wt	7.99 $\pm$ 0.33* <sup>\$</sup>	30.07 $\pm$ 0.91* <sup>\$#</sup>	93.08 $\pm$ 4.57 <sup>\$</sup>
VI	4 g /Kg TC B.Wt	8.39 $\pm$ 0.19 <sup>\$</sup>	39.14 $\pm$ 1.27* <sup>\$</sup>	93.22 $\pm$ 2.29 <sup>\$</sup>

Values are mean  $\pm$  S.D. of 6 animals in each group.  $p \leq 0.05$  was considered significant. \* Significantly different from control group (\*  $p \leq 0.05$ ). <sup>\$</sup> Significantly different from 30 mg CPF/Kg B.Wt. group (<sup>\$</sup>  $p \leq 0.05$ ). # Significantly different from 4 g TC/Kg B.Wt group (<sup>#</sup>  $p \leq 0.05$ ).

**Table.2** The effect of in vivo administration of CPF, varying doses of TC + CPF and TC alone for a period of 28 days daily on LPO in the liver of male Wistar rats

Group	Treatment	LPO (nmol MDA/mg protein)
I	Control	3.41 $\pm$ 0.27
II	30 mg /Kg CPF B.Wt	5.37 $\pm$ 0.07* <sup>#</sup>
III	1 g/Kg TC B.Wt +30 mg /Kg CPF B.Wt	7.37 $\pm$ 1.65* <sup>\$#</sup>
IV	2 g/Kg TC B.Wt +30 mg /Kg CPF B.Wt	5.33 $\pm$ 0.49* <sup>#</sup>
V	4 g/Kg TC B.Wt +30 mg /Kg CPF B.Wt	3.57 $\pm$ 0.48 <sup>\$</sup>
VI	4 g /Kg TC B.Wt	2.49 $\pm$ 0.1 <sup>\$</sup>

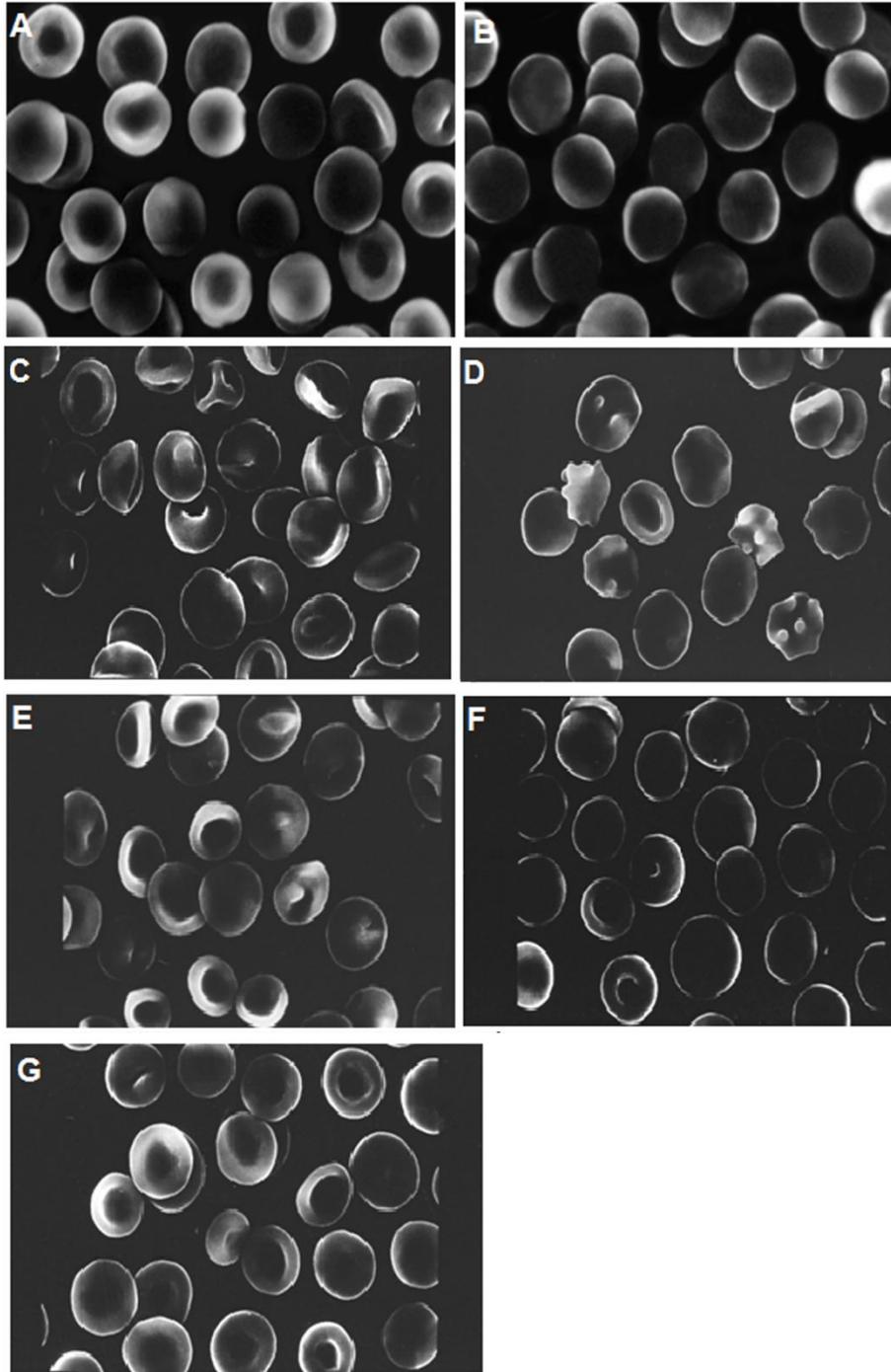
Values are mean  $\pm$  S.D. of 6 animals in each group.  $p \leq 0.05$  was considered significant.

\*Significantly different from control group (\*  $p \leq 0.05$ ).

<sup>\$</sup>Significantly different from 30 mg CPF/Kg B. Wt. group (<sup>\$</sup>  $p \leq 0.05$ ).

<sup>#</sup> Significantly different from 4 g TC/Kg B.Wt group (<sup>#</sup>  $p \leq 0.05$ ).

**Fig.1** Scanning Electron Micrograph of erythrocytes (Bar scale = 10  $\mu$ m) in 4 g /Kg TC group (A), Control group (B), 30 mg /Kg CPF group (C), (D), 1 g/Kg TC +30 mg /Kg CPF group (E), 2.0 g/Kg TC + 30 mg /Kg CPF group (F) , 4g/Kg TC +30 mg /Kg CPF group (G)



**Table.3** The effect of in vivo administration of CPF, various doses of TC + CPF and TC alone for a period of 28 days daily on LDH, Acid Phosphatase, Na<sup>+</sup>/K<sup>+</sup> ATPase and Acetylcholine Esterase activity in the liver of male Wistar rats

Group	Treatment	LDH activity (nmol pyruvate liberated/min/mg protein)	Acid Phosphatase (nmoles/min/mg protein)	Na <sup>+</sup> /K <sup>+</sup> ATPase (nmol of Pi/min/mg protein)	AChE (nmol/ min/mg protein)
I	Control	7.31 ± 1.18	11.85 ± 0.82	66.02 ± 4.1	26.93 ± 0.58
II	30 mg /Kg CPF B.Wt	1.14 ± 0.01* <sup>#</sup>	6.29 ± 0.16* <sup>#</sup>	26.33 ± 1.34* <sup>#</sup>	6.96 ± 1.01* <sup>#</sup>
III	1 g/Kg TC B.Wt +30 mg /Kg CPF B.Wt	3.91 ± 0.06* <sup>§#</sup>	6.83 ± 0.25* <sup>#</sup>	41.36 ± 1.80* <sup>§#</sup>	11.49 ± 0.18* <sup>§#</sup>
IV	2 g/Kg TC B.Wt +30 mg /Kg CPF B.Wt	4.87 ± 0.13* <sup>§#</sup>	8.33 ± 0.31* <sup>§#</sup>	51.96 ± 0.73* <sup>§#</sup>	14.13 ± 0.36* <sup>§#</sup>
V	4 g/Kg TC B.Wt +30 mg /Kg CPF B.Wt	6.53 ± 0.33 <sup>§</sup>	11.67 ± 0.33 <sup>§#</sup>	62.00 ± 1.51* <sup>§#</sup>	16.72 ± 1.08* <sup>§#</sup>
VI	4 g /Kg TC B.Wt	5.79 ± 0.14* <sup>§</sup>	13.01 ± 0.39* <sup>§</sup>	71.59 ± 1.82* <sup>§</sup>	18.34 ± 0.38* <sup>§</sup>

Values are mean ± S.D. of 6 animals in each group. p≤0.05 was considered significant.

\* Significantly different from control group (\* p≤0.05).

§ Significantly different from 30 mg CPF/Kg B.Wt. group (§ p≤0.05).

# Significantly different from 4 g TC/Kg B.Wt group (# p≤0.05).

Several earlier studies have suggested abnormalities in erythrocyte shape following OP exposure (Singh and Srivastava, 2010). Distortions of normal discocytes to different pathological forms were observed after CPF exposure. Most of the erythrocytes became spherocytes and some prominent changes such as appearance of irregular margins, central and peripheral protuberances, distorted shape were observed after CPF treatment for 28 days. A scanning electron micrograph of erythrocytes of CPF + TC at high dose (Fig. 1G) shows improved erythrocyte topography as compared with CPF treated group.

Studies on the morphological feature of cellular elements have great importance for assessing their functional state, vitality and kinetics. Observed alterations in the shape of normal RBC's might be due to changes in

lipid composition of the membrane (Kumar, 1993).

It can be concluded from the present studies that CPF induced toxic effects on liver and erythrocytes in terms of antioxidant, biochemical and morphological alterations. The mechanism appears to be mediated through increased oxidative stress and compromised antioxidant ability of the cell, which led to alterations in membrane composition and function, ultimately resulting in altered morphology. Treatment with TC resulted in amelioration in CPF induced antioxidant, biochemical and morphological changes, suggesting that TC supplementation to individuals exposed to CPF as well as other OP pesticides would be beneficial. Although TC is having therapeutic potential for treatment of CPF like pesticides involving oxidative stress

mediated neuronal dysfunctions, but the precise mechanisms of its protective action remains to be explored further.

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**How to cite this article:**

Kanika Aggarwal and Devinder Singh. 2016. The Role of *Tinospora cordifolia* in Extenuating the Toxic Effects of CPF on Hepatic Modifications along with Electron Microscope Observations in Red Blood Cells. *Int.J.Curr.Microbiol.App.Sci*. 5(10): 952-967.  
doi: <http://dx.doi.org/10.20546/ijcmas.2016.510.102>